# JOSE A. MENDIETA

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**EDUCATION** 

**Master of Science in Nursing (MSN)** Expected Graduation: 12/2023

Barry University, Miami Shores, FL

Concentration: Acute Care Nurse Practitioner

**Bachelor of Science in Nursing (BSN)**Graduated: May 2020

Barry University, Miami Shores, FL

Major: NURSING - Accelerated Option

Critical Care Registered Nurse (CCRN) Obtained: July 2021

Expires: 06/30/2024

Bachelor of Science Graduated: May 2009

Lewis University, Romeoville, IL

Major: **Finance**Minor: **Economics** 

Certificates: Personal Financial Planning, Entrepreneurship

# **CLINICAL EXPERIENCE**

## **APRN Student - Critical Care**

June 2022 – December 2023

# Cardiovascular/Surgical/Medical Intensive Care Unit

Memorial Regional Hospital, Hollywood, FL (Level 1 Trauma center)

- Completed Intensive Care Unit consultations and admissions from Emergency Department and other floors.
- Wrote History and Physical note and progress notes on ICU patients.
- Assessed, diagnosed, and ordered treatments for ICU patients.
- Utilized evidence-based practice to order and interpret diagnostic tests relative to patient conditions and needs.
- Worked collaboratively with staff including doctors, nurses, respiratory therapists, and other members of the interdisciplinary team daily.
- Performed radial and femoral arterial line, internal jugular and femoral central line insertions.
- Executed endotracheal intubation, with choice of laryngoscope, intubation medication, and ventilator settings.
- All clinical procedures were supervised by precepting APRN or MD.

#### **WORK EXPERIENCE**

Registered Nurse - Critical Care (contract assignment) November 2023 - Present

**Lung Transplant Intensive Care Unit** Jackson Memorial Hospital, Aventura, FL

**Registered Nurse – Critical Care (contract assignment)** July 2023 – November 2023

Cardiovascular/Medical/Surgical Intensive Care Unit HCA Aventura Hospital, Aventura, FL

**Registered Nurse – Critical Care (contract assignment)** March 2023 – June 2023

**Respiratory Intensive Care Unit** 

Broward Health Medical Center, Ft. Lauderdale, FL

Neuro/Surgical/Medical Intensive Care Unit

**Registered Nurse – Critical Care (travel assignment)**November 2022 – February 2023

Flagler Hospital, St. Augustine, FL

Proficient with: ventilator supported patients, CRRT equipment, ventriculostomies, intracranial pressure
monitoring through EVD, FLOTRAC, thrombolytic therapy, arterial lines, stroke alert protocols, drains, chest tube
management, wound vacuum, stroke patients, vasoactive drugs sedatives and paralytics administration and

titration, and dysrhythmia interpretation and intervention.

- Perform management of invasive lines, tracheostomies, and ventilators
- Cared for critically ill patients across all ICU units, neuro, medical and surgical ICU.

# Registered Nurse – Critical Care (travel assignment) Surgical Intensive Care Unit

September 2022

Abbott Northwest Hospital, Minneapolis, MN

# Registered Nurse - Critical Care (travel assignment) Neuro/Surgical Intensive Care Unit

January 2022 – July 2022

Neuro/Surgical Intensive Care Unit Norton Brownsboro Hospital, Louisville, KY

Maintain protocols for DNV certified Comprehensive Stroke Center

- Provide specialized care for patients suffering from hemorrhagic/ischemic stroke, brain tumors, brain injuries, and seizure disorders.
- Manage patient post mechanical thrombectomy and TPA administration.
- Proficient with: ventilator supported patients, CRRT equipment, ventriculostomies, intracranial pressure
  monitoring through EVD, FLOTRAC, thrombolytic therapy, arterial lines, stroke alert protocols, drains, chest tube
  management, wound vacuum, stroke patients, vasoactive drugs sedatives and paralytics administration and
  titration, and dysrhythmia interpretation and intervention.
- Perform management of invasive lines, tracheostomies, and ventilators
- Provide effective stroke education to patient and family members according to policy

# Registered Nurse - Specialty

January 2021 – January 2022

Neuro/Trauma/Surgical Intensive Care Unit

Memorial Regional Hospital, Hollywood, FL

- Provide patient care for patients pre and post operatively from surgical procedures.
- Monitor vital signs and notify attending physicians of changes
- Assist with emergent situation and bedside procedures (bedside tracheostomy, bronchoscopy, chest tube insertion, arterial line insertion, central line insertion intubation)
- Proficient with: ventilator supported patients, CRRT equipment, ventriculostomies, intracranial pressure
  monitoring, FLOTRAC, thrombolytic therapy, arterial lines, stroke alert protocols, drains, chest tube management,
  wound vacuum, stroke patients, vasoactive drugs sedatives and paralytics administration and titration, and
  dysrhythmia interpretation and intervention.
- Develop and maintain professional relationships with members of health care team, patient, and patient's family.
- Prioritize patient care assignments based on conditions to achieve optimal outcome.

# Registered Nurse - Specialty Cardiovascular Care Unit

June 2020 - January 2021

Memorial Regional Hospital, Hollywood, FL

- Certified to care for patients with Swan-Ganz catheters, left ventricular assisting device (LVAD), post op heart transplants, post op Coronary Artery Bypass Grafting (CABG), and other heart valve replacements (MVR, TAVR). Including pre op and post op care. Chest tube management, arterial line and central line management and set up.
- Plan, implement, and evaluate patient care based on patient assessment to optimize outcomes and maximize available resources.
- Monitor, document, and communicate patient conditions as appropriate.
- Collaborate across disciplines to coordinate patient care, including disposition, referral and spiritual/psychosocial support needs.
- Evaluate learning needs of patients and/or family and provide patient/family education appropriate to age, culture, condition, and circumstances.

# **Relationship Banker**

May 2010- June 2016

JP Morgan Chase Bank, Chicago, IL

- Worked in branch-based role to acquire, retain, and deepen customer relationships.
- Developed advanced marketing, presentation, and verbal skills during client presentations.
- Ranked #1 in the district in mortgage applications and top branch producers.

### **CERTIFICATIONS & LANGUAGES**

- Registered Nurse. License number RN9536257 CLEAR/ACTIVE
- Certified Medical Interpreter (Spanish) Memorial Healthcare System. September 2020
- Advanced Cardiac Life Support (ACLS). American Heart Association Expires 09/2024
- BASIC LIFE SUPPORT (BLS) from American Heart Association Expires 01/2025
- National Institutes of Health Stroke Scale (NIHSS) certified 2023
- Essentials of Critical Care Orientation (ECCO), AACN. October 2020
- Lean Yellow Belt-Process Improvement, Lean Thinking, and Six-Sigma. March 2021

# **EXTRACURRICULAR ACTIVITIES**

- Recipient. Clinical Excellence Award, Nursing program, Barry University, May 2020
- SIGMA THETA TAU International Honor Society of Nursing, Lambda Chi Chapter, Barry University, Member, 2020
- Eagle Scout, Troop 26, Aurora, IL, October 2004