**SHANAE MASON, PA-S**

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**EDUCATION**

**Mercer University** May 2022

Master of Medical Science in Physician Assistant Studies (GPA 3.9)

Dean’s Excellence Award 2022- awarded to students within the College of Health Professions who have demonstrated excellence in scholastic accomplishments, professional leadership and commitment to community service.

Master’s Project: Juvenile Idiopathic Arthritis: Assessing the Role of Biologic Immune Modulators

**Winthrop University.**  May 2015

Bachelor of Science in Human Nutrition (GPA 3.9)

Honors: *Cum Laude;* Tau Sigma Honor Society

Dean’s List

Peer Mentor

College Reading and Learning Association (CRLA) Certified Level 1 Tutor

**CLINICAL ROTATION**

**Rheumatology**

Piedmont Physicians Rheumatology at Atlanta, Atlanta GA February-March 2021

* Assisted and administered joint injections and aspirations
* Reviewed and interpreted diagnostic test results: x-rays and laboratory studies

**Behavioral Medicine**

Young Minds Psychiatry, Dunwoody GA March-April 2021

* Managed pediatric and adult mental health disorders.
* Evaluated patients with suicidal thoughts and recommended inpatient referral vs outpatient management
* Administered psychological assessment tools
* Performed medication assessment and recommended adjustment
* Assessed children in the subacute outpatient program

**Pediatrics**

Mountainside Pediatrics, Jasper GA April-May 2021

* Performed newborn physical exams in the hospital nursery and outpatient clinic
* Assessed growth and development at child well visits
* Administered vaccinations
* Administered appropriate well-child screening tools
* Performed sports physicals
* Assessed and managed complaints at sick visits
* Inserted urinary catheters for urine sample
* Provided anticipatory guidance for children and family members

**Orthopedic Surgery**

Peachtree Orthopedics, Atlanta GA May-June 2021

* Assisted in surgery, primarily joint replacements, arthroscopies, and tendon repair procedures.
* Administered joint injections and aspirations
* Completed preoperative counseling and evaluations
* Removed sutures and staples postoperatively
* Reviewed and interpreted diagnostic laboratory and imaging: x-rays and MRIs

**Inpatient Internal Medicine**

Pulmonary and Sleep Specialists of Northeast Georgia, Dacula GA July-August 2021

* Managed ventilator settings for patients intubated in the ICU and recommended adjustments
* Managed patient admitted for pulmonary concerns and complications
* Managed patients with COVID-19 with moderate to severe pulmonary complications and pneumonia.
* Interpreted pulmonary function test findings
* Assessed patients in the outpatient clinic with an array of pulmonary issues including asthma, COPD, lung cancer, interstitial lung disease and OSA.
* Assisted in the placement of arterial and central lines

**General Surgery**

Evans Memorial Hospital, Claxton GA September-October 2021

* Completed preoperative and postoperative evaluations
* First assisted in surgeries including cholecystectomies, open abdomen, and laparoscopic resections,
* Performed suture and staple removal

**Emergency Medicine**

Piedmont Fayette Hospital, Fayetteville GA October-November 2021

* Ordered laboratory, x-rays, CT, ultrasounds, and electrocardiograms and interpreted results
* Performed wound and laceration closures
* Performed speculum and rectal exams
* Inserted urethral catheters
* Observed and participated in the management of coding patients.

**Women’s Health**

Kent Miller Gynecology, Gainesville GA November-December 2021

* Performed pelvic exams
* Performed pap smears vaginal and urine cultures and interpreted results

**Family Medicine**

WellStar Family Medicine and Internal Medicine, Acworth GA January- February 2022

* Ordered laboratory and imaging and reviewed and interpreted results
* Managed appropriate health prevention screening interventions
* Performed screening tests including pelvic and breast exams

**Pediatric Urgent Care**

Peachtree Pediatric Urgent Care, Suwanee GA February-March 2022

* Evaluated and managed a variety of complaints
* Performed x-rays
* Administered and interpreted the results of point of care tests including influenza, strep, COVID-19 and HSV
* Assisted with the repair of minor lacerations

**Pediatric Medicine**

Memorial Pediatrics, Bainsbridge GA March-April 2022

* Evaluated and managed health checks and sick visits
* Evaluated newborns in the nursery
* Assisted and performed newborn circumcisions
* Evaluated infants admitted to the hospital

**EMPLOYMENT HISTORY**

**Clinical Dietitian**

Grady Memorial Hospital August 2017- December 2019

* Performed medical nutrition therapy, covering mainly the Neuro-ICU and other critical care areas
* Managed enteral and parenteral nutrition support
* Attended daily unit rounds, providing individualized nutrition recommendations as a part of the care team
* Provided outpatient MNT education at the outpatient behavioral health clinic and outpatient primary care clinics
* Program Coordinator for the Food and Vegetable prescription program through Wholesome Wave, Georgia
* Developed quality improvement projects including the stroke continuing education proficiency for the nutrition department

**Clinical Dietitian and Diabetes Educator**

Beaufort Memorial Hospital (2016-2017)

* Performed MNT to critical care and general surgery patients, developing and management of nutrition support prescriptions
* Conducted and applied nutrition focused physical findings in diagnosing malnutrition
* Supervised dietetic interns
* Performed inpatient diabetes education and provided recommendations to care team about insulin management and patient education.
* Provided outpatient medication nutrition therapy and diabetes management education including dietary counseling, insulin and injectable administration training and blood glucose self-management.
* Participated in daily multi-discipline patient rounds, policy development, member of multiple committees for hospital quality improvement.
* Completed pediatric obesity education and developed group education curriculum for childhood obesity program
* Provided ongoing, in-depth diabetes self-management education

**OTHER CLINICAL EXPERIENCE**

**Dietetic Internship** August 2015-May 2016

Winthrop University Dietetic Internship Certificate

* + - * Clinical hands-on experience with several disease states, particularly in diabetes, cardiovascular disease, critical care and trauma and renal disease, MNT, and nutrition education.
      * Outpatient education and diabetes, obesity, and cardiovascular disease MNT
      * Observed food service management in both the hospital and school nutrition settings
      * Renal medical nutrition therapy in a dialysis clinic.

**Pediatric Endocrinology (Shadowing)** December 2020

Van Meter Pediatric Endocrinology

**VOLUNTEER EXPERIENCE**

**COVID-19 Vaccination Clinics** March 2021

Mercedes Benz Stadium and CORE

Vaccination administration

**Hashtag Lunch Bag Atlanta** December 2020

Packed snack bags for school aged children

**Children’s Attention Home- Rock Hill, S.C**. 2014-2015

After school tutoring

**Camp Adam Fisher**  June 2014

Largest Summer Camp in the Southeast for Children with T1DM

Nutrition Volunteer

Planned meals and snacks

Carbohydrate counting for insulin administration

Checked blood sugar and corrected hypoglycemia

Insulin administration

**LICENSURE AND CERTIFICATION**

* Basic Life Support (BLS) Certified
* Advanced Cardiovascular Life Support (ACLS) Certified
* Registered Dietitian (Commission on Dietetic Registration)
* Licensed Dietitian (Georgia Board of Examiners of Licensed Dietitians)

**PROFESSIONAL ORGANIZATION**

* American Academy of PAs (AAPA)-Member
* AAPA Student Board Committee Advocacy Committee Member
* Georgia Academy of Pas (GAPA)- Member