

Aleena Resendez, DPM
17449 Kelsey Way
Chino Hills, CA 91709
909-815-4457
Aresendez0314@gmail.com

February 24, 2022

To Whom It May Concern,

I am excited to apply for the Podiatric Physician Position. I will complete my residency program in June 2022. My strong academic and clinical skills, developed in my residency while rotating through the VA Palo Alto, Kaiser San Jose, Stanford University and Sport Orthopedics and Rehabilitation (SOAR), make me a tailor-made candidate. I am confident in diagnosing forefoot and rearfoot pathology, as well as determining whether surgery is appropriate for each patient. My training has provided me with an adequate surgical skillset including ankle fractures, flatfoot reconstruction, as well as forefoot procedures. I have a strong interest in diabetic wound care and preventative techniques, and to that end, have presented topics at SAWC and APMA, including *The Effectiveness of P188 Hydrogel-Surfactant's Use in Diabetic Foot Infections* and the development of *Cross-Disciplinary Index Scoring System* to stratify risk categories for diabetics.

My cv highlights the path to my professional development as a physician with increasing responsibilities and personal achievements. These accomplishments are a direct result of my hard work and dedication. With the knowledge and skill set I have developed throughout my residency training; I will provide the best possible care for my patients. The above attributes make me a strong candidate.

If you have questions, please feel free to reach out. Thank you for your consideration.

Sincerely,

Aleena Resendez, DPM

ALEENA RESENDEZ, DPM

17449 Kelsey Way, Chino Hills | (909) 815-4457 | arendez0314@gmail.com

RESIDENCY

Department of Veterans Affairs Palo Alto Health Care System, Chief Resident **2019-2022**
 Affiliations: Stanford University, Kaiser San Jose, Sports Orthopedic & Rehabilitation
 3-year Surgical Residency, PMSR/RRA-36
 Program Emphasis: Reconstructive Foot & Ankle Surgery, Trauma, Sports Medicine, Wound Care

EDUCATION

Western University of Health Science
Doctor of Podiatric Medicine **2015-2019**

University of California Riverside
Bachelor of Sciences, Biochemistry, cum laude **2010-2014**
 Major Emphasis: Medical Sciences

AWARDS

UCLA David Geffen School of Medicine
34th Annual LMSA West Conference Best Poster Presentation **2018**
Achieving Personalized Metabolic & Functional Care Goals in Adults with Type 2 Diabetes by Utilizing the Diabetes Cross-Disciplinary Index (DXDI) to Improve Self-Management, Treatment Satisfaction & Health Literacy

Western University of Health Science
APMA Educational Foundation Scholarship **2018**
 Awarded based on GPA, scholastic achievement and extra-curricular activities devoted to the profession.

Western University of Health Science
East-West Scholarship **2017**
 Awarded to students who have embodied the WesternU characteristics of being humanistic, diligent & optimistic.

RESEARCH

Podometrics Smartmat Use in the Prevention of Diabetic Foot Ulcers in the Veteran Population **Ongoing**
 Research Project, VA Palo Alto

P188 Hydrogel-Surfactant's Use in Diabetic Foot Ulcers **2021**
 Abstract Poster, SAWC Spring & APMA Scientific Meeting

Achieving Personalized Metabolic & Functional Care Goals in Adults with Type 2 Diabetes by Utilizing the Diabetes Cross-Disciplinary Index (DXDI) to Improve Self-Management, Treatment Satisfaction & Health Literacy **2018**
 Abstract Poster, APMA Scientific Meeting

PROFESSIONAL TRAINING: LECTURES & WORKSHOPS

St. Mary's Podiatric Medicine & Surgery Symposium **4/2021**
 Description: Lecture on various topics including: Flatfoot Reconstruction, Ankle Trauma, Midfoot Charcot & Ankle Arthritis.
 Attendings: Byron Hutchinson DPM, Mark Myerson DPM, Cristian Neagu DPM & Nicholas Todd DPM

Arthrex Arthroscopy Workshop **3/2021**
 Description: Didactic & hands-on skill introduction on instrumentation, surgical techniques & approaches to arthroscopy of the foot & ankle.
 Attendings: Cristian Neagu DPM, Sandeep Patel DPM & Larry Oloff DPM

Parcus/Medline Unite Cadaver Workshop **2/2020**
 Description: Cadaver workshop with exposure to Parcus soft tissue systems & Medline UNITE ankle fracture plating system.
 Attendings: Brian Warne, DPM

Arthrex Ankle Arthroscopy Workshop **11/2019**
 Description: Cadaver workshop with introduction on instrumentation & surgical techniques of the ankle.
 Attendings: Brian Warne, DPM

Polarity Cadaver Workshop **10/2019**

Description: Cadaver workshop with introduction on plastics application for diabetic wound management with Polarity skin-graft harvesting.
 Attendings: Ned Swanson, MD

Total Ankle Cadaver Workshop

7/2019

Description: Cadaver workshop held with Zimmer Biomet Trabecular Metal Total Ankle Replacement instructional course.

Attendings: Brian Warne, DPM

PRESENTATIONS

Topic: Timing to Surgery Considering Ankle Trauma
Bay Area Residency Education Forum

8/2021

Topic: Total Ankle Arthroplasty Survivorship
VA Palo Alto Journal Club Academics

11/2020

Topic: Frieberg's Disease
Stanford Academics

8/2020

Topic: Kite's Method vs. Ponseti
Stanford Academics

8/2020

Topic: Talus Subchondroplasty
Stanford Academics

5/2020

PROFESSIONAL EDUCATION

National Board of Podiatric Medicine

Boards Part I

2017

Boards Part II

2018

Boards Part III

2019

American Board of Foot and Ankle Surgery

Part I Foot Surgery Didactic

Pending

Part I Foot Surgery CBPS

Pass

Part I RRA Surgery Didactic

Pending

Part I RRA Surgery CBPS

Pending

Fluoroscopy License

Pending

ACLS Certification

Expires: 9/2022

California Permanent License: E5838

Expires: 3/31/2023

COMMUNITY SERVICE

Western University of Health Science

Panelist, Diversity, Equality & Inclusion Discussion

4/2021

Western University of Health Science

Teaching Assistant, Summer Preparedness & Readiness Course

7/2016

UC Riverside Women's Rugby Club

Volunteer Coordinator

2013-2014

LANGUAGES

English– Native Language

Spanish– Medical Proficient

PROFESSIONAL AFFILIATIONS

American Podiatric Medical Association

2019 – Present

American College of Foot & Ankle Surgeons

2019 – Present

American College of Foot & Ankle Surgeons, Class Secretary

2016 – 2017

Bruce Lehnert, DPM



Sports, Orthopedic And Rehabilitation Medicine Associates

www.tpmg.com

Mid Peninsula Office

500 Arguello Street, Suite 100

Redwood City, CA 94063-1526

Phone: 650-851-4900 Fax: 650 851-1218

May 3, 2021

RE: Aleena Resendez, DPM

To Whom It May Concern:

It is with great enthusiasm that I support Dr. Aleena Resendez's application for the position at your institution. I have worked with Dr. Resendez during her three-year residency at the VA Palo Alto Healthcare System and in my private practice at Sports Orthopedics and Rehabilitation. Dr. Resendez has always worked as a cohesive team-member and has been consistently committed to her long-term personal and professional goals. Dr. Resendez is efficient in clinic and presents a well thought out plan. She is thorough in her clinical examinations and in reviewing all pertinent imaging and lab work to aid in making accurate clinical diagnoses. She interfaces well with both her students and attendings. Dr. Resendez is constantly up to date with the current literature and is knowledgeable in alternative techniques related to the surgical procedure at hand. She embodies the characteristics of an active learner and dedicated physician.

Dr. Resendez is hard working, organized, and handles any task with ease by prioritizing her responsibilities. These traits make her a reliable candidate for your position. In addition to these qualities, she shows sincere empathy towards her patients. Her ability to communicate with both patients and colleagues is commendable. Dr. Resendez exemplifies and embodies all the qualities that constitute a medical professional.

Simply put, Dr. Resendez is a well-rounded physician and would be a great asset to your team. If you have any questions regarding her application, please call my mobile at (415) 577-2056. Thank you. Sincerely,



Bruce Lehnert, DPM



DEPARTMENT OF VETERANS AFFAIRS

VA PALO ALTO HEALTH CARE SYSTEM
(VAPAHCS)
3801 Miranda Avenue
Palo Alto, CA 94304

April 29, 2021

Re: Aleena Resendez, DPM

To Whom It May Concern:

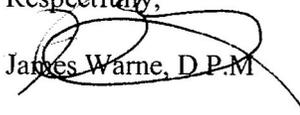
I am writing this letter on behalf of Dr. Aleena Resendez, who has served at the Veterans Affairs in Palo Alto, with skilled professionalism and integrity the past 2 years. She is scheduled to complete her residency training on June 30, 2022. She has demonstrated expertise in the surgical, clinical, and academic aspects of Podiatric Medicine. I am confident she has the knowledge necessary to handle the challenges at any advanced position based on her inpatient management, surgical skills, and leadership during her tenure as chief resident.

Dr. Resendez helped develop strong relationships with the Veteran population here at VA Palo Alto. She has treated patients plagued with a variety of complex lower extremity pathology. Dr. Resendez's competence, compassion and high ethical standards have succeeded in helping these patients successfully cope with their mental health challenges while providing excellent Podiatric Care. As a supervising physician, one of the first things I noticed working with Dr. Resendez was how comfortable she made patients feel. She has excellent bedside manner and is one of those people who has a natural calm about her. She communicates with patients, family members, and co-workers. She understands the importance of advocating for what is ethical.

Dr. Resendez demonstrates excellent skills in evidence-based medicine. She possesses excellent surgical skills and planning. She excels in completing a comprehensive examination making an accurate diagnosis. Dr. Resendez demonstrated excellent skills in establishing a treatment plan and working with staff to ensure proper follow-up care.

Furthermore, Dr. Resendez exudes confidence, a strong work ethic, and a continued desire to improve her skills. I believe that she will be a true asset to any medical institution. Upon completion of her residency, I look forward to working with her in the field of Podiatry. It is with pleasure that I recommend my esteemed colleague, Dr. Aleena Resendez and. I am happy to further discuss her unique qualifications for your institution should you find that necessary. Feel free to contact me at 650-493-5000 x67524 or via email at james.warne@va.gov

Respectfully,


James Warne, D.P.M.

Chief of Podiatric Medicine and Surgery Section

Department of Surgery

VA Palo Alto Health Care System



Aleena Resendez, DPM

The Permanente Medical Group, Inc

Efren Rosas, MD

Physician-in-Chief

Priya Smith

Medical Group Administrator

2/16/22

To Whom It May Concern,

I am writing this letter to give my highest possible recommendation for Dr. Aleena Resendez. I know Aleena through her work with my department as a resident while rotating through the Kaiser San Jose Hospital during the third year of surgical residency training in 2021-2022 (She rotated 3 months with Podiatry and 3 months with Orthopedics). Her duties included a clinic schedule as well as responsibility for all the hospitalized podiatry in-patients, and all surgical cases for the podiatry department. Dr. Resendez will be an asset to any practice. She was loved by our clinicians and staff due to her exceptional work ethic, motivation, and ability to work independently in all the in-patient and out-patient settings. She also demonstrated excellent surgical skills during a variety of foot and ankle cases while rotating in with our 5 podiatric surgeons. In the orthopedic rotation she is trained by our orthopedic trauma surgeons.

If you have any questions, please feel free to contact me.

Sincerely,

Michael A. Graves, DPM

Chief Department of Podiatric Surgery

Kaiser Permanente San Jose

(408) 972-3394