**INGRID W. ROYSTER RN, CCRN-K**

 Tampa, FL 33615

 (813) 476-0083

 ingridroyster@gmail.com

**PROFESSIONAL SUMMARY**

Highly skilled Registered Nurse with an impressive amount of medical knowledge and dedicated nursing experience. Possesses 28 years of extensive nursing experience in the nursing management, critical care, Quality Improvement, progressive care unit settings. Self-motivated and consistently recognized for delivering evidence-based, patient-centered, and quality critical care. Proven leader and serves as a key member of the multidisciplinary healthcare team and is well-known for excellent clinical skills. Proven history of critical thinking, analysis and medical knowledge to deliver superior care in high-pressure environments.

**KEY SKILLS**

* Critical Care Nursing
* Trauma, Cardiovascular, ED, Surgical ICU’s
* Leadership Experience
* Records abstraction
* Coding review and correction
* CMS, Theradoc, Comet & Get With The Guidelines
* Medication Administration
* Preceptor and Educator
* Intuitive Communicator
* Problem Management
* Evidence Based Practice
* Hemodynamic Monitoring
* Telephone follow up & Patient guidance
* Education Development
* Quality Improvement
* Patient safety advocate
* Clinical Documentation Review
* Clinical Documentation Improvement
* EKG Interpretation
* Electronic Medical Record
* Cross-Cultural Communication
* Patient Education and Support

**PROFESSIONAL WORK EXPERIENCES**

Quality Sepsis Program Coordinator

October 2022-Present

HCA FLORIDA Bayonet Point Hospital

* Assumed leadership of Sepsis Program after 6 mo vacancy
* Restructured the program and launched in December 2022
* Improved Comet scores from 50th percentile to 70th percentile in 1st quarter post launch.
* Maintained 68-72nd percentile since March 2023
* Abstract all mortality’s within the facility & present to the mortality committee
* Restructured mortality committee to align with IHI standards
* Lead RCA investigations for deviations of care and identification of opportunities
* Track & trend missed opportunities & initiate PI initiatives
* Developed & maintain GME Quality & sepsis education
* Host monthly Quality Talks lecture for Internal Medicine residents
* Assist with GME PI projects
* Collaborate with multiple disciplines and teams- trauma, surgical, IM, infectious disease, palliative care etc.

Critical Care Manager of Nursing November 2018**–**October 2022

HCA FLORIDA Bayonet Point Hospital

* Trauma Surgical ICU November 2018-December 2019
* Interim Director of Medical ICU February 2019-October 2019
* Cardiac Surgical Unit December 2019-October 2022
* TNCC
* Efficiently contributed to the division clinical analytics team to build new titration orders for the EMAR system that were more functional for both physicians and nurses, as well at ensuring that the order sets met regulatory guidelines.
* Successfully improved patient satisfaction scores from below 50th percentile to 84th percentile or above in CSU.
* Proficiently developed ICU policies such as Block Charting titratable medications, OR to ICU direct transfers, and compassionate care of a dying patient which included palliative care, organ donation, brain death determination, and compassionate wean.
* Effectively initiated hospital-wide education, such as blood administration, Baker Act protocols, home medication verification, charting of IV medication, stroke alerts & pain reassessments.

Critical Care Unit Director February 2017 **–** November 2018

Critical Care Unit Manager February 2016-17

Tampa Community Hospital (Tampa, FL)

* Assisted the nursing staff with establishing immediate and long-term therapeutic goals, setting priorities, and developing a plan of care.
* Responsible for interviewing registered nurses, nurse extern and patient care technicians for employment & guiding applicants through the onboarding process.
* Developed, implemented and monitored annual goals, cascading through supervisors to frontline staff to ensure alignment with institutional goals.

Sepsis and Stroke Coordinator May 2015 **–** February 2016 Tampa Community Hospital (Tampa, FL)

* Proficiently developed and launched a sepsis and stroke program utilizing evidenced based care and national guidelines, and decreased sepsis mortality by <15%.
* Worked closely with the administrative team to collaborate with a Neuro Telemedicine group to deliver rapid bedside assessments for all stroke patients.
* Initiated the Code Sepsis team and was responsible for training every RN in the hospital, as well as developed sepsis expert training in the emergency department and the intensive care unit.
* Efficiently collaborated across disciplines to coordinate patient care, including disposition, referral and ancillary support needs.

Staff/Resource Registered Nurse September 2013 **–** June 2015 Regional Medical Center- Bayonet Point (Hudson, FL)

* Consistently recognized for providing comprehensive patient-centered care to assigned patients, including medication, wound care, orders and immediate treatments.
* Expertly functioned as a Resource Nurse for the department by mentoring new graduates, serving as a preceptor, and assisting the nursing staff with improving their skills and staying current on new technology, policies, and procedures.
* Efficiently served as a member of the Code and Rapid Response Teams and assisted the CCU, medical, surgical and telemetry nurses with identifying potential septic patients using our Sepsis Alert protocol.

Contract Intensive Care Unit Registered Nurse June 2012 **–** September 2013 Parallon Workforce Management Solutions (St. Petersburg, FL)

* Skillfully served as a travel and contract critical care nurse to meet the staffing needs of the hospital and was responsible for comprehensive patient care for adult patients in assigned units.
* Efficiently managed critically ill patients on various intravenous cardiac infusions and safely titrated medications per hospital protocol.
* Effectively collaborated and communicated with the multidisciplinary healthcare team to assist in the care of cardiovascular patients.
* Efficiently planned, implemented, and evaluated patient care based on patient assessment to optimize outcomes and maximize available resources.

Critical Care Registered Nurse August 2010 **–** June 2012 Baycare Health Systems- St. Joseph’s Hospital (Tampa, FL)

Contract Critical Care Registered Nurse June 2006 **–** August 2010 Baycare Health Systems (Clearwater, FL)

Contract Critical Care Registered Nurse January 2004 **–** June 2006 Medical Staffing Network (Tampa, FL)

Cardiovascular Intensive Care Unit Registered Nurse October 2004 **–** January 2006 Memorial Hospital Jacksonville (Jacksonville, FL)

Contract Cardiac Critical Care Registered Nurse July 2004 **–** October 2004 National Health Care (Tampa, FL)

Travel Registered Nurse November 2002 **–** May 2004 Comforce Travel Nurses Unlimited (Clearwater, FL)

Critical Care Registered Nurse April 2002 **–** November 2002 Huntsville Hospital Systems (Huntsville, AL)

Progressive Care Unit Registered Nurse June 1998 **–** April 2002 Huntsville Hospital Systems (Huntsville, AL)

OBGYN Licensed Practical Nurse November 1997 **–** June 1998 Huntsville Hospital Systems (Huntsville, AL)

Family Practice Licensed Practical Nurse July 1997 **–** October 1997 Huntsville Hospital Systems (Huntsville, AL)

Licensed Practical Nurse March 1995 **–** September 1998 PersonaCare of Huntsville (Huntsville, AL)

**EDUCATION**

Cappella University 2019 **–** Present

* BSN/MSN Bridge Bachelor of Science in Nursing Degree.

Calhoun College (Decatur, Alabama) 1995-97

* Associate of Science in Nursing (ASN) Degree.

Drake state college

 (HuntsviLle, Al). 1993-95

* Licensed Practical Nurse Diploma

**AREAS OF EXPERTISE**

* Expert leadership, organizational, interpersonal, and analytical skills.
* Skilled at multi-tasking, prioritizing, and expertise in patient education and support.
* Skilled in the knowledge and application of evidence-based practices and supporting research data to develop patients’ plan of care.
* Experience with Cerner, Meditech, Kronos, and Lawson electronic health records (EHR).

**PROFESSIONAL LICENSURES**

Registered Nurse (Multi-State) State of Florida RN9201174, Expires: 4/2025

**PROFESSIONAL CERTIFICATIONS**

* Critical Care Nursing Certification (CCRN-K), Expires: 8/2025
* Advanced Cardiac Life Support (ACLS), Expires 8/2025.
* Basic Life Support (BLS), Expires 8/2025.
* Trauma Nursing Core Course (TNCC),