**Mary Wachai, RN BSN, MSN, NP-AGACNP-BC**

**1309 NE Ernest Way, Lees’ Summit MO 64086**

**Cell #. 816 838 7352, Home #. 816 695 2417, Email-mnwachai@yahoo.com**

**Objective**

A dedicated and committed Certified Nurse Practitioner with Adult- Gerontology Acute Care NP Certification ready to join your practice to provide patients with top quality holistic care. Previously worked as a critical care registered nurse with a range of healthcare exposure in critical care, CCU, Critical step down, Telemetry, Med-surgical and acute rehabilitation. Prior to working in the hospital, I managed and directed post-acute care in rehabilitation as well as working with elderly in long term care, Alzheimer’s, and dementia unit. I’m a self-motivated professional with a commitment to providing patients with professional, compassionate, and quality nursing care, I’m a flexible, quick learner who adapts easily to new situations and enjoys challenges and learning new skills. Highly consider me a team player, works well with others.

**Professional Goals: -**

Include continuing to develop new skills in providing evidence-based medicine and masters in acute care and geriatrics as I continue to build knowledge and skills to further meet the needs of patient population as well as correctly assess, diagnose, and treat diseases. I also plan to excel in innovative technology application in health care, interact and share with team members, colleagues and develop real solutions to actual problems and help the ones in need and make others better as I better myself. I also plan on advancing my education by obtaining my Doctor of Nursing Practice (DNP) degree and one day to own my own practice.

**Professional Experienc**e

-St Joseph Medical Center - Registered Nurse - November 2015 to Current

Blue River Skilled and Rehab Centre -2007 through May 2015.

**Education**

Master of Science in Nursing (MSN) - March 2019- January 2022

* Walden University, Minneapolis, MN
* G.P.A -3.89

Bachelor of Science in Nursing. July 2013- July 2015

* Mid-America Nazarene University, Olathe, Kansas.
* GPA 3.89

Associate in applied science in Nursing- July 2010

* Penn Valley Community College, Kansas City, MO.
* GPA 3.79

Licensed Practical Nurse (LPN)- 2007

* Penn Valley Community college, Kansas City, MO.

**Licensures**

Certified Nurse Practitioner, Missouri,2022

Registered Nurse license, Missouri, 2010

Licensed Practical nurse, Missouri, 2007

Certified Nursing assistant, 2004

**Certification**

Adult Gerontology Acute Care Nurse Practitioner- ANCC- June 2022

ACLS- April 2023 to April 2025

NIH STROKE- July 2024

BLS- April 2023 to April 2025

PALS – October 2023 to October 2024

**Nurse Practitioner Clinical Rotation Experience**

**St Joseph Medical Centre: September** 2020- October 2020

 Nurse practitioner student practicum- worked with inpatient and acute rehab patients.

* Completed 180 clinical hours and managed 180 adult patients from the age of 13 years.
* Worked independently under the supervision of the provider in establishing different plans of care and treatments to acute ill patients.
	+ Admitting patients from the emergency room as well as direct admit patients.
* Assessing, documenting, and completing history and physical assessment
* Writing and implementing orders such as medication, labs, and diagnostics procedure, consults and other treatment.
* Daily rounding on inpatient rehab patients, updating plan of care and writing progress notes.
* Discharging patients
* Completing consultations and establishing treatments plans.

**North Kansas City Hospital**- NP Student Practicum-March,2021- July,2021

Worked in an in- patient rehab with NP Preceptor completing 180 clinical hours.

* Rounding on inpatient rehab patient
* Assessing, documenting, and completing comprehensive history and physical assessment as well as progress notes
* Admission and discharge of the patients.
* Collaborating with other health care disciplines like staff nursing PT/OT/Consultations and hospitalist in planning discharge care.
* Ordering and interpretating labs and diagnostic tests, implementing treatment.
* Managing patients’ medications.
* Educating patients and families on disease processes and prevention.
* Integrated health promotion, disease prevention, health and wellness education to patients and families as well as care takers.

**St Luke’s Cardiology and Cardiothoracic and Transplants Units**- Np Practicum: August 2021- November 2021

Precepted with a NP and completed 180 clinical hours.

* Daily rounding on the patients in the cardiac are unit and, ICU CV unit, as well as patient with vascular diseases.
* Completing consultations
* Admitting patient, assessing, completing history and physical, diagnosing and establishing treatments
* Preparing and educating patients for pre and post procedures.
* Ordering treatment and completing procedures like removal of chest tubes and other drains
* Rounding on patients after procedures
* Interpretations of labs and diagnostic results and implementing treatment plan
* Collaborate with other physicians and consultation in the plan of patient care.

**North Kansas City Hospital**- September,2021 to November 2021

 Precepted with hospitalist Doctor- Completed 180 clinical hours.

* Admission of patients from the ED
* Completing comprehensive health and physical history
* Diagnosing and establishing assessment and plan of care
* Implementing treatment by ordering medications, labs and diagnostic procedures, consultation.
* Ordering, Interpretation and discussing results of labs and diagnostic procedures with patients.
* Rounding on patients in the hospital based on patient needs and responding to emergencies like code blues.

**-St. Joseph Medical Centre, 1000 Carondelet Drive, Kansas City, MO 64114**

Dec 2015 to -Present:

**November 2018 to current**

Working in ICU

* Assisting with basic cardiac life support, advanced cardiac life support and other condition stabilizing interventions.
* Supported patient’s family and offer any needed assistance.
* Direct patients care, administration of medications, managing and titration of medication including running iv drips such as vasopressors. sedations, insulin drips and life-saving cardiac medications
* collaborates with physicians to create a plan of care for each patient,
* Counsel patients and family members before, during and after treatment. Assisting with preparing patients for procedures like open hearts, cardiac catheterization, AAR repair, pulling out sheaths and monitoring patients after procedures.
* Serve as charge nurse and preceptor.
* Assisting with running codes in our unit and other departments if needed.
* Assisting with admission and discharge processes.
* Working with trach and vent patients.
* TPN and other infusions like blood transfusions

**July 2017 to November,2018- St. Joseph hospital working as a float RN in ED, ICU, Medical-Surgical floors, and CCU**.

* Direct patients care, administration of medications, running iv drips,
* collaborates with physicians to create a plan of care for each patient,
* Serve as charge nurse and preceptor.
* Assisting with running codes in our unit and other departments if needed.
* Assisting with admission and discharge processes.
* Working with trach and vent patients.
* Working with orthopedic patients before and after procedures and surgeries.

**December 2015 to July 2017-** Worked at St Joseph Cardiac Care Unit

* Admitting patients with cardiac related problems from ED.
* Managing and titrations of drips such as Cardizem, heparin.
* Counsel patients and family members before, during and after treatment. Assisting with preparing patients for procedures like open hearts (CABG), cardiac catheterization, AAR repair, pulling out sheaths and monitoring patients after procedures.
* Managing chest tubes and other drains post procedures like prevana vacs.

**Blue River Skilled and Rehabilitation Center, 10425 Chestnut Ave, Kansas City, MO.64137.**

* Direct patient care, admission and discharges, wound care, tracheostomy care, medications, and intravenous administrations
* Collaboration with doctors and other professional discipline for patient care plans
* Supervisor, patient teaching and in house in services.

**References**

**Professional.**

1. Javaider Stigall -ICU/CCU manager, St Joseph Med Ctr. 816 943 2490.
2. Julie Reif -RN Unit, 9134069167
3. Michael -Supervisor Blue River rehab, 8166866334
4. Saida Alaarab- preceptor- 913-275-9811
5. Julie Jennings- preceptor- 620-290-2219
6. Dr. Nasser- preceptor 510-754-5516
7. Diane Backhaus-preceptor -816-289-8562

**Personal.**

1. Moses Ngotho, -816 695 2417.
2. Nancy Wambugu, - 816 660 1698.
3. Jackline Maina-8163724988

I would like to take this moment to thank you in advance for the opportunity and consideration for this position. Looking forward to hearing from you.

**Sincerely,**

**Mary Wachai.**