Chitom Pearl Azubike

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# Objective

My goal is to offer evidence-based care with efficiency and integrity.

# Summary

A prudent and caring Board-Certified Psychiatric nurse practitioner with over twelve years as a registered nurses (RN) in providing compassionate care. Proficient in patient’s assessment evaluations and diagnostics, with recommendations from professors during field experience. Dedicated and efficient in screening and interviewing patients, and in providing high quality, individualized care to meet patient’s needs. A team player and has worked with several multidisciplinary teams in providing care to those with mental health needs. Seasoned with routine care and emergency response. Has the ability to use EMR.

# Skills

* Excellent communication and listening skills.
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* Self-motivated
* Collaboration of care and Teamwork
* Critical thinking and ability to assess health issues.
* Cultural awareness and maintaining professional relationships.
* Patient health Education and critical thinking abilities
* Leadership and management
* Psychiatric and Mental health management

# Nursing Experience

**NL Mental Health Care PLLC**

**Psychiatric Nurse Practitioner Jan. 2023 - Present**

* Provide psychiatric evaluation. and medication management services
* Ability to diagnose mental health, substance abuse and emotional disorders.
* Collaborates closely with treatment team to provide quality care.
* Able to maintain client confidentiality and trust.
* Provides necessary health education.
* Monitor patients’ medications, assess for effectiveness and side-effects.
* Ability to use Telehealth Services.
* Consult with physician as indicated in Collaborative Practice Agreement.

**University of Texas - Harris County Psychiatric center, Houston, Texas**

**Registered Nurse-Behavioral Health Jun. 2013 - Present**

* Provided comprehensive nursing care to patients with mental health disorders.
* Conducted initial assessments, developed care plans, and monitored treatment progress.
* Administered medications and ensured compliance with treatment plans.
* Collaborated with psychiatrists, therapists, and social workers to create holistic care plans.
* Facilitated group therapy sessions and provided one-on-one counseling.
* Assisted in crisis intervention and managed challenging patient behaviors.

**Bellaire Behavioral Hospital, Houston, Texas**

**Registered Nurse-Behavioral Health Apr. 2010 – Dec. 2018**

* Coordinated and supervised the care of patients in a psychiatric unit.
* Conducted risk assessments and implemented safety protocols.
* Participated in treatment team meetings and contributed to care plan development.
* Educated patients and their families on mental health conditions and treatment options.
* Documented patient progress and maintained accurate medical records.
* Mentored and trained junior nursing staff in psychiatric nursing practices.

**St. Joseph Hospital, Houston, Texas**

**Registered Nurse, Adult Acute Care Sep. 2009 – Apr. 2010**

* Assess and monitor adult patients with acute medical conditions, including cardiovascular, respiratory, and neurological disorders.
* Administer medications, initiate and manage IV therapies, and maintain accurate medication records.
* Collaborate with interdisciplinary teams to develop and implement comprehensive care plans.
* Perform patient education on treatment plans, medication management, and self-care.
* Respond promptly to changes in patient status, utilizing critical thinking and clinical expertise.
* Document patient assessments, interventions, and outcomes in electronic health records (EHR).
* Participate in code blue and rapid response teams, ensuring immediate and appropriate interventions during emergencies.
* Promote infection control measures and maintain a safe and sterile environment.

**Texas Department of Criminal Justice, Ransey 2 (String Fellow Unit)**

**Correction Officer Jun. 2006-Jun. 2008**

* Maintain security within the facility, ensuring the safety of inmates, staff, and visitors.
* Conduct regular cell inspections, searches, and contraband detection to prevent illicit activities.
* Monitor inmate behavior, intervene in conflicts, and use de-escalation techniques when necessary.
* Enforce facility rules and regulations, ensuring compliance among inmates.
* Assist in emergency response and crisis management situations, following established protocols.
* Prepare detailed incident reports and maintain accurate records of inmate activities.

# Education

Master of Science in Nursing - Walden University, Minneapolis, MN **Feb. 2022**

University of Texas Medical Branch, Galveston BS, Nursing Major **Jul. 2009**

**Ho**uston Community College, Houston, Texas. Associate degree in arts  **Apr. 2004**

# Licensure and Certifications

Registered Nurse, Texas Board of Nursing **Oct. 2009-May 2025**

Certified Psychiatric Nurse Practitioner, Texas Board of Nursing **May 2023-May 2025**

Registered Nurse, Washington Board of Nursing **Aug. 2023-May 2024**

BLS certified, American Heart Association **Oct. 2023-Oct. 2025**