JENNIFER L. VALERIO MSN, FNP NP-C

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**Work History**

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| 2021- Current2021-2022 04/2015 to 06/2021 | Advanced Practice Registered NurseJupiter Medical Center Urgent Care– Jupiter, Florida* Telehealth frequently throughout the day
* Accurately and efficiently performs specimen collections and testing as defined by laboratory policy and procedure manuals
* Performs EKG, spirometer, hearing screening
* Covid screening and covid treatment
* Preform the best practice to deliver patient care to patients and their families.
* Performs procedures such as dot exams, suturing, ID, vaccines, covid, flu, strep swabs, and immunization.
* Prescribed medications via printed prescription or phone
* Performs emergency procedures that may present themselves at the urgent care

Advanced Practice Registered NurseMDNOW Urgent care – West Palm beach, Florida* Telehealth frequently throughout the day
* Accurately and efficiently performs specimen collections and testing as defined by laboratory policy and procedure manuals
* Providing emergency procedures and stabilizing patients
* Providing covid testing and treatment

Assistant Nurse Manager Critical Care, Emergency Room Labor and Delivery St Mary’s Medical Center – West Palm Beach, Florida * Managing multiple units, operating room, and running a 5-bed emergency room triage in a high-risk critical unit
* In charge of trauma alerts and receiving patients from EMS (Emergency Medical Services)
* Running code blues and responding to codes throughout the hospital .
* Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
* Responding to obstetric trauma alerts and accepting all fire rescue patients that arrive on unit.
* Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols to optimize performance and safety.
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| 01/2014 to 04/2015 | Paramedic St Mary’s Medical Center – West Palm Beach, Florida * Triaged injuries by communicating with patients, bystanders and family members, and identified appropriate medical facility for transport.
* Assessed patient condition through physical and verbal exams and by collecting information.
* Responding to codes throughout the hospital
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| 01/2013 to 01/2015 | Telemetry Paramedic Martin North – Stuart, Florida * Tracked findings of procedures such as EKGs using manual and automated recording devices.
* Monitored and documented heart rhythms according to physicians' orders.
* Administered fluid replacement via IV, IO and IM to replace fluid volumes and correct electrolyte imbalances.
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| 01/2010 to 01/2015 | Paramedic Lawn wood Regional Medical Center & Heart Institute – Fort Pierce, Florida * Executed emergency diagnostic procedures to treat patients, including stomach suction, airway management and heart monitoring.
* Adapted treatment plans quickly and effectively based on changing patient conditions and reactions.
* Performed intubations to secure airway in patients under respiratory and cardiac arrest.
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| 02/2005 to 01/2012 | Sales Associate RETAIL SALES ASSOCIATES – Bealls Department Store – Port Saint Lucie, FL * Improved operational efficiencies while managing customers’ requests, store inventory, transactions, new purchase orders and pricing needs.
* Assisted customers with prompt and polite support in-person and via telephone.
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**Education**

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| 08/2020 | Master of Science: Family Practice Nurse Practitioner Chamberlain University - Downers Grove, ILFamily Nurse Practitioner Specialty Track* Graduated with Honors
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| 12/2018 | Bachelor of Science: Nursing Chamberlain University - Downers Grove, IL |

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| 01/2009 | Certification: Paramedic Indian River State College - Fort Pierce, Florida  |

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| 12/2008 | Certification: Emergency Medical Technology Indian River State College - Fort Pierce, Florida  |

**Accomplishments**

* National Association of School Nurses Aug 2020 – Current American Nurses Association Jan 2020 – Current American Academy of Nurse Practitioner Certification Boards..
* Jupiter medical center urgent best voted department of the Year 2022

**Certifications**

* Basic Life Support, [American Heart Association] - 2022
* Advanced Cardiac Life Support, [American Heart Association] - 2022
* Pediatric Advanced Life Support, [American Heart Association] - 2022
* Neonatal Resuscitation Program, [American Academy of Pediatrics] -2023
* DOT Certification
* Mulitstate APRN-FNP Tx, CO
* Compact License Registered Nurse
* Dea license

**Clinical Rotations**

**Family Practice/Primary Care** *NP Family Practice & Midwifery Care*

* Performed IUD insertions, such as Nexplanon
* Performed patient care exams and reported off to the nurse practitioner on their status

**Internal Medicine** *Palmetto Park Medical Associates*

* Achieved writing prescriptions
* Worked with drug preps with prescribing medications to patients
* Assessed in drawling blood work, and 12 lead machines for EKGs

**Pediatrics** Palmetto Park Medical Associates

* Assessed with yearly physicals
* Performed vaccines

**Obstetrics and Gynecology Care** *OB/GYN Specialist of the Palm Beaches*

* Assisted Nurse Practitioner in gynecology procedures (Paps, IUDS implants and removals, cervical exams).
* Assisted physicians in colposcopies, and unexpected deliveries.

**Family Practice/ Urgent care and Primary Care** *Community Health Center*

* Performed new admission intake and physical exams for the providers.
* Achieved experience by reading x-rays, and ultrasounds
* Worked with patients who were uninsured and had chronic diseased

**Dermatology** *Palmetto Park Medical Associates*

* Assisted with punch biopsies
* Skin exams and malignant skin lesions

**Professional Memberships**

National Association of School Nurses

American Nurses Association

American Academy of Nurse Practitioner Certification Boards