

YING LIU MD, CRNP, FNP-C, RN

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EDUCATION

- **Doctor of Medicine**
School of Medicine, Nankai University, Tianjin, China in 2002.
- **Master of Nursing in Family Nurse Practitioner (GPA 3.788)**
Simmons University, Boston, MA in 2017.
- **Associate Degree of Registered Nurse in Pennsylvania (GPA 3.421)**
Community College of Allegheny County, Pittsburgh, PA in 2013.

LICENSE, CERTIFICATIONS & EXAMINATIONS

- **United States Medical License Exams USMLE: Step 1, 2 & 3** in 2014.
- **Educational Commission for Foreign Medical Graduate ECFMG** in 2009
- **Family Nurse Practitioner** by AANP since 2017
- **Certified Registered Nurse Practitioner**, State of PA since 2017
- **Registered Nurse**, State of PA since 2013
- **Certificate of Emergency Nursing** since 2015
- **BLS** for health Care Provider since 2013
- **ACLS and PALS** Certifications since 2013

WORK EXPERIENCES

- **Anchor Family Medicine, (May 2022 – present)**
I practice Family Medicine and taking care of chronic disease, acute illness and routine physicals.
- **Independent Nurse Practitioner, MedExpress Urgent Care (4, 2020 – present)**
I practice independently as an advanced level nurse practitioner. My main urgent care scope of practice includes treating non-life-threatening illnesses, wounds, infections, injuries, sprains, and fractures, with onsite X-rays and Labs in a time-sensitive manner. I

also provide basic wellness and preventative services, sports, school, and work physicals. I am a certified DOT (Dept. of Transportation) medical examiner. During Covid pandemic period, I provide Covid-19 rapid and PCR testing, patient education, and symptoms management. I am also providing Telehealth Medicine online remote visits as adaptive health care.

WORK EXPERIENCES, continued

- **Family Nurse Practitioner**, MediHelp Medical Center (1,2017- 2,2020)
My first 3 years as a Family Nurse Practitioner was at MediHelp Medical Center in Pittsburgh, combining family medicine and urgent care. I collaborated with two Board-certified physicians in emergency medicine, preventive medicine, and family practice. I became fully experienced and independent in daily patient care. I prescribed medications and maintained DEA number for chronic conditions and acute diseases. I diagnosed disease conditions by reading X-rays and EKGs onsite and managing diagnostic results and Lab reports. I also splint and cast the sprains and fractures, suture and staple lacerations and provide acute and chronic wound care. I was superior in patient education and was rewarded with high satisfaction in patient care outcomes.

- **Registered Nurse** at Southwestern Veterans Center (8, 2016-8, 2017)
My main services included recording patient histories, performing various diagnostic tests, administering medications, and developing patient care plans in conjunction with other medical professionals.

- **Registered Nurse**, Hcr Manor Care Skilled Nursing (11, 2013-8, 2016)
I advanced in Nursing Career into the leader as a house supervisor. My scopes of practice included Cardiac and post-op care, trach care, wound care, IV medication infusion, IM medication injection, indwelling catheter care, medication management and administration, and patient teaching. Observing and recording all pertinent information and reporting to the physician.

AWARDS

- **2016 Sigma Theta Thau International Honor Society of Nursing,**

- Simmons University, Boston, MA.
- **2012 Award in Recognition of Outstanding Student**, Community College of Allegheny County, Pittsburgh, PA.
 - **2007-2008 & 2006-2007 Award in Recognition of Academic Achievement** Health & Physical Activity, School of Education, University of Pittsburgh, PA.
 - **2001-2002 Award in Recognition of Academic Achievement** School of Medicine, Nankai University, China.

MEMBERSHIPS

- AAFP: American Academy of Family Physicians
- AANP: American Association of Nurse Practitioner
- PCNP: Pennsylvania Coalition of Nurse Practitioners
- Honor's Society of Nursing Sigma Theta Tau International
- ENA: Emergency Nurses Association
- CMDA: Christian Medical & Dental Associations
- ACSM: American College of Sports Medicine

PUBLICATIONS

- Goss FL, DeBoever H, Brown K, Metz KF, **Liu Y**, Robertson RJ. RPE-based zone of normality for use in evaluating graded exercise test responses in women. *Percept Mot Skills*. 2008 Feb;106(1):251-8.
- Robertson RJ, Goss FL, Aaron DJ, Gairola A, Kowallis RA, **Liu Y**, Randall CR, Tessmer KA, Schnorr TL, Schroeder AE, White B. One repetition maximum prediction models for children using the OMNI RPE Scale. *J Strength Cond Res*. 2008 Jan;22(1):196-201.
- Robertson RJ, Goss FL, Aaron DJ, Tessmer KA, Gairola A, Ghigiarelli JJ, Kowallis RA, Thekkada S, **Liu Y**, Randall CR, Weary KA. Observation of perceived exertion in children using the OMNI pictorial scale. *Med Sci Sports Exerc*. 2006 Jan;38(1):158-66.
- McCrory JL, **Liu Y**, Abt JP, and Lephart SM. Fatigue determination: Torque vs median frequency. (Abstract 0717) *Medicine and Science in Sports and Exercise*. 36(5): S100, 2004.

RESEARCH EXPERIENCES

- **08/2002-08/2006** Graduate Student Assistant in Exercise Physiology, Health & Physical Activity, University of Pittsburgh.
- **05/2003-08/2003** Internship in Neuromuscular Research Laboratory (NMRL), University of Pittsburgh Medical Center.

