Emily Luplow

720-671-8329 | [emily.luplow@valpo.edu](mailto:emily.luplow@valpo.edu) | Castle Rock, CO

# Education

July 2023 **MS,** Master of Physician Assistant Studies

Valparaiso University, Valparaiso, IN

May 2021 **BS,** Bachelor of Science in Health Science

Valparaiso University, Valparaiso, IN

# Licensure and Certifications

July 2022-Present Advanced Cardiovascular Life Support

July 2022-Present Basic Life Support

# Professional Experience – Shadowing

2019 **David Whatmore, PA-C,** Rocky Mountain Spine Clinic

2020 **Pilar Starman, DVM,** Larkspur Pet Hospital

2021 **Patricia Hagan, M.D.,** Denver Health Neonatal Intensive Care

# Clinical Rotations August 2022 – July 2023

**Pediatrics:** Northshore Health Center, Hammond, IN.

Preceptor: Dr. Isil Halac, MD.

* Performed history and physical examination on pediatric patients from newborn to 17.

**Internal Medicine:** Hoehn Medical Center

Preceptor: Dr. Brent Cutro, DO.

* Ordered and interpreted yearly lab work.
* Rounded on patients in hospital and collaborated with other specialty physicians.

**Family Medicine:** Methodist Physician Group

Preceptor: Dr. Fadi Alzeidan, MD.

* Developed differential diagnoses and treatment plans for all ages of patients.

**Behavioral Medicine:** Mid America Mental Health, Munster, IN.

Preceptor: Carley Austgen, PA-C.

* Gathered history on all ages of patients.
* Developed differential diagnoses and treatment plans.

**Emergency Medicine:** Methodist Hospital, Merrillville, IN & Gary, IN.

Preceptor: Kathryn Avina, PA-C.

* Ordered appropriate radiological and laboratory studies.
* Interpreted studies and implemented appropriate treatment plans.
* Performed procedures including incision and drainage, splinting, suturing, stapling, and pelvic examinations.

**OBGYN/Women’s Health:** Northshore Health Center, Merrillville, IN.

Preceptor: Dr. Maya Dominique, MD.

* Performed numerous pelvic examinations, bimanual examinations, and STD screenings.

**General Surgery:** Premier Surgical Specialists & Community Hospital, Munster, IN.

Preceptor: Dr. M. Nabil Shabeeb, MD.

* Performed different suturing techniques: simple interrupted, continuous, vertical mattress, horizontal mattress, and subcuticular.

**Elective Rotation 1- Dermatology:** Dermio Dermatology, Dyer, IN. Preceptor: Erin Bartels, PA-C.

* Performed procedures such as shave biopsy, punch biopsy, cryotherapy, and suturing.
* Performed history and physical examination on patients with a variety of rashes.

**Elective Rotation 2- Emergency Medicine:** Methodist Hospital, Merrillville, IN & Gary, IN.Preceptor: Kathryn Avina, PA-C.

* Improved on procedures and managing multiple patients at the same time.
* Interpreted electrocardiograms, radiological films, and laboratory studies.
* Educated patients regarding their diagnoses and follow-up precautions.

# Memberships

August 2021-Present American Academy of Physician Assistants

August 2018-Present Valparaiso University Physician Assistant Club

# Leadership and Community Service

March 2018 Volunteer, Mission Trip: Beautiful Gate, Lesotho, Africa

August 2019-March 2020 Volunteer, Café Manna Soup Kitchen: St. Teresa of Avila,

Valparaiso, Indiana

# References

Claudine Ruzga, PA-C

Emergency Medicine Physician Assistant. Methodist Hospital, Merrillville, IN and Gary, IN.

Claudine.ruzga@valpo.edu. (219)-677-5445

Relation: Clinical Assistant Professor at Valparaiso University Physician Assistant Program

Kathryn Avina, PA-C

Emergency Medicine Physician Assistant. Methodist Hospital, Merrillville, IN and Gary, IN.

Kat.avina@vituity.com. (630)-209-6841

Relation: Preceptor for my Emergency Medicine rotation

Brent Cutro, DO

Internal Medicine Doctor. Community Hospital, Munster, IN.

Bt.cutro@gmail.com. (219)-322-3311

Relation: Preceptor for my Internal Medicine rotation