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| Lisa Page, M.A., Psy.D.  Health Psychologist | Lisakpage@outlook.com • (847) 257-2409  [www.linkedin.com/in/drlisapagewellnesspsychologist](http://www.linkedin.com/in/drlisapagewellnesspsychologist)  Chicago, IL |

A top-performing therapist with extensive experience in Cognitive-Behavioral Therapy (CBT) program administration and management. Highly skilled in directing all facets of program lifecycle, from inception to completion, directing cross-functional teams to ensure adherence to overarching strategies, policies, milestones, and objectives.

**Areas of Expertise**

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| * Provider of CBTi for Insomnia & other sleep diagnosis * Weight Management * Plant-Powered Eating | * Managing chronic pain & illness * Substance use recovery. * Autoimmune Disease * Food as Medicine | * Program development and administration * Presenter for Continuing   Education Classes |
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**Licenses & Certifications**

* Certified Human Resource Consultant
* National Board-Certified Counselor
* Substance Abuse Professional (SAP)
* Society of Human Resource Management (Certification pending)

**Professional Experience**

**ACP Consultants, Park Ridge, IL 2017 – Present**

**Consulting Psychologist**

Health Psychologist leading individuals and organizations to enhance their Business Goals

* Deliver consultative guidance to facilitate employee engagement, human resources best practices, organizational development, change management, and fostering positive work culture and environments.
* Administer cognitive-behavioral therapy to individuals for sleep issues, binge eating, depression, anxiety, life transitions, substance use disorders, health, and family and relationship issues.
* Maintain small caseload of Executive Coaching Clients.

**W2 Consulting Corp, Laurel, MD 2021 – 2023**

**Psychological Health Services Subject Matter Expert**

Provided consultative guidance and expertise on behavioral health issues including crisis intervention, suicide prevention, substance use disorders, and health disparities, supporting program development, training, and grant applications.

* Forged partnerships with contracted government organizations to identify needs, develop scope, and present solutions to address objectives.
* Collaborated with the State of Virginia in guiding development of 988 call centers, mobile crisis units, and delivered insights on training programs.
* SAMHSA IDIQ project compiling database for submitting and accessing grant information.

**Private Practice, Chicago, IL 2012 – 2017**

**Therapist**

Conducted comprehensive assessments, delivering treatment planning and therapy for adolescents and adult patients, including those with sleep and eating disorders.

* Coordinated a binge-eating support group to cultivate communication in group settings.
* Facilitated Women’s Empowerment support group.
* Administered training and development initiatives for trainees, ensuring adherence to established organizational requirements, as well as regulations.

**Additional Experience**

Adjunct Professor, Chicago School of Professional Psychology, Chicago, IL

Research Associate, The American Academy of Pediatrics, Elk Grove, IL

Intern, Everett Clinic, Everett, WA

**Regional Coordinator, REACH, EAP/Diamond Healthcare, Richmond, VA**

Therapist (Private Practice), Carriage House Psychological Associates, Roanoke Rapids, NC

Case Manager, Woodside Psychiatric Unit, Halifax Regional Medical Center, Roanoke Rapids, NC

**Leadership & Organizational Development Consultant, United Airlines, Chicago, IL**

**Education**

**Doctor of Psychology, Clinical Psychology**

University of the Rockies, Colorado Springs, CO

**Master of Arts in Counseling and Organizational Psychology**

Alder University, Chicago, IL

**Bachelor of Arts in Public Relations**

Columbia College, Chicago, IL

**Professional Training**

Fellowship in Behavioral Sleep Medicine, University of Pennsylvania, Philadelphia, PA

End of Life Training, The Everett Clinic

Neuropsych Assessment Practicum, ND License $0798, East Carolina University, Greenville, NC

Executive Training in Organizational Development, Center for Effective Organizations, University of Southern California,

Los Angeles, CA

**Honors & Awards**

Psy Chi Honoree

*Full list of publications, presentations, media, and leadership experience available upon request.*