

KAREN A. ZARRELLI, MS, CRNP

4409 Camley Way
Burtonsville MD 20866
240-393-1861
kazarrelli@gmail.com

EDUCATION

Post Master's of Science Certificate
University of Maryland
Baltimore, Maryland
December 2009

Major: Adult and Gerontological Nurse Practitioner
Master of Science
University of Maryland
Baltimore, Maryland
January 1990
Major: Medical-Surgical Clinical Nurse Specialization
Minor: Education

Bachelor of Science
University of Maryland
Baltimore, Maryland
May 1985
Major: Nursing

PROFESSIONAL EXPERIENCE

12/2021 to 7/2022 DayaMed
Reno, Nevada

Nurse Practitioner

Responsibilities:

- Remotely monitor patient's for medication adherence
- Analyze and evaluate clinical monitoring
- Provide evaluation and treatment services to patients

6/2021 to Present Cerebral
San Francisco, California
MD and VA

Prescriber

Responsibilities:

- Remotely medically treat clients experiencing depression, anxiety, insomnia, adhd, and bipolar 2

9/2019 to 5/2021 Optum
Columbia, Maryland

Clinical Services Manager

Responsibilities:

- Interviews prospective staff and assures effective orientation and development for clinical staff

- Participated in committees/activities- Health and Wellness Committee, On-site Health Coach Implementation, Bring Your Child to Work, Back to School Supply Program, Global Fitness Challenge, Meals on Wheels
- Involved/provided documentation for employees on a Performance Plan
- Reviewed member charts in the Maryland and Pennsylvania market and made coding recommendations; followed up on Lost Health Care Chronicles; provided Coding updates to staff
- Opened a new building- Villa Rosa
- Precepted Nurse Practitioner students
- Performed Nurse Practitioner Manager responsibilities during manager's leave.

Nurse Practitioner (6/2011-present)

Responsibilities:

- Worked in collaboration with the member's primary care physician to provide preventive services
- Established medical diagnoses for both chronic and common acute problems
- Established a plan of care with short-term and long term goals
- Ordered and interpreted diagnostic tests, prescribed medications, made specialists referrals, provided basic supportive care
- Acted as a resource to members, families, and staff, and assisted with the transition between health care facilities

Holy Cross Hospital, Silver Spring, Maryland (12/2005-6/2011)

Staff Registered Nurse-Medical-Surgical Unit

- Assessed, planned, implemented and evaluated care provided to medical-surgical patients
- Acted as Charge Nurse
- Acted as Preceptor to nursing students, new nursing graduates and experienced nurses
- Acted as Nurse Validator to validate Registered Nurse nursing skills during competency skills fair and on unit
- Attended hospital grand rounds and neuroscience case presentations

- *Medical-Surgical certified

Potomac Home Support (PHS) - A Subsidiary of Potomac Health Care,
(2/1991-9/2001)
Home Health Aide Manager/Director

Rockville, Maryland

Responsibilities:

- Planned, directed and managed 24 hour operation of home care services
- Developed, revised and implemented company policies and procedures
- Planned and implemented marketing activities
- Oversaw implementation of Home Health Aide supervisory functions
- Interviewed, hired and oriented Home Health Aides
- Conducted administrative job performance evaluations
- Planned and implemented in-services provided through contractual arrangements
- Administered and monitored operational budget and performance
- Planned, developed, implemented and monitored Quality Improvement activities
- Participated in company board meetings

Potomac Home Health Care, Rockville, Maryland
HHA Supervisor

Responsibilities included:

- Interviewed, hired and oriented Home Health Aides to home care services
- Supervised and evaluated Home Health Aides
- Scheduled Home Health Aides to cases
- Planned and conducted Home Health Aide in-services and staff meetings; ensured Home Health Aides met yearly in-service requirements
- Maintained employee records
- Managed Home Health Aide contracts with other agencies

- Planned and implemented job fairs to recruit Home Health Aides
- Taught beginner and recertification CPR classes
- Assisted with the implementation of Potomac Home Support

CERTIFICATIONS

Adult Nurse Practitioner
Gerontological Nurse Practitioner

ORGANIZATIONS

Nurse Practitioner Association of Maryland (NPAM)
Gerontological Advanced Practice Nurses Association (GAPNA)
American Association of Nurse Practitioners (AANP)
The Society for Post-Acute and Long-Term Medicine (AMDA)
Sigma Theta Tau International Honor Society of Nursing

References available upon request