

SAKINA DARAB, APRN

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REGISTERED NURSE

Dedicated and compassionate Registered Nurse (RN) with proven ability to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service. Professional member of the American Nurses Association with demonstrated success in newborn care. Team oriented, well-organized and forward thinking in managing patient needs.

STRENGTHS INCLUDE

Strong Communication | Leadership | Technology Proficiency | Teamwork | Newborn Care | Patient-Centered

PROFESSIONAL EXPERIENCE

VITALITY HOME HEALTH, FAIRFAX, VA

DIRECTOR OF NURSING

NOVEMBER 2021 - PRESENT

- Initiate preventative procedures for patients' care, while maintaining confidentiality, to ensure patient safety and security
- Provide initial in-home assessments and develop plans of care for patients and prepare written instructions for care provided by aides
- Manage Home Attendants to ensure patients' level of care is being rendered according to the plan of care; observe and report changes in patients' conditions, and coordinate additional services for patients as needed

SNUGGLEBUDS, LLC, VIENNA, VA

OWNER AND NEWBORN CARE SPECIALIST

JULY 2018 - AUG 2020

- Provided compassionate support, comfort and guidance to new mothers on safe and healthy sleeping, feeding, and soothing habits.
- Monitored newborns through their stages of growth and used skillful judgement for necessary decision making.
- Collaborated with Certified Sleep Training Specialists to troubleshoot sleep issues and changes.
- Implemented patient and family-centered care approach to coach and encourage overwhelmed parents.
- Assisted and educated mothers with lactation utilizing therapeutic communication and empathy to build trust with mothers.

DR. DAVID ZIMMER, VIENNA, VA

MEDICAL ASSISTANT

JUNE 2016 - JAN 2017

- Responsible for physician to patient voicemails ensuring patients were called back and each voicemail is dictated and recorded in the chart.
- Organized patient charts including physician notes per visit, patient history, insurance, and pharmacy documentation.
- Verified patient prescription refills for accuracy based on patient's current plan of treatment.

VIRGINIA HOSPITAL CENTER, ARLINGTON, VA

MEDICAL SCRIBE

OCT 2014 - MAR 2015

- Documented patients' history of present illness, past medical and surgical history, family and social medical history, review of systems, physical exam, medications and allergies dictated by the physician.
- Followed up with physicians to ensure patient charts with lab results and diagnostic tests were complete.
- Documented and organized discharge or admittance through hospitalist.

EDUCATION

MASTER OF SCIENCE, FAMILY NURSE PRACTITIONER - Washington, DC

August 2022

George Washington University

BACHELOR OF SCIENCE, NURSING - Washington, DC

2020

George Washington University

GPA: 3.57

ASSOCIATES OF SCIENCE, NURSING - Annandale, VA

May 2018

Northern Virginia Community College

December

LICENSES AND CERTIFICATES

- AANP FNP certified, Certification # F01230365 expires Jan 2028
- Basic Life Support (CPR and AED) 2023 expires Aug
- Registered Nurse in the State of Virginia, License #0001283289 expires Feb 2024

CLINICAL ROTATIONS

PEDIATRICS, 120 hours

Horizon Pediatrics Inc., Nicole Smith, MD, Silver Spring, MD

FAMILY/INTERNAL MEDICINE, 720 hours

Total Health Medical Center, Shabnam Sachdeva, M.D., Fairfax, VA

OBGYN, 160 hours

Fair Oaks Women's Center, Dr. Sadhna Nicky Singh OBGYN, Fairfax, VA

MEMBERSHIPS

- American Nurses Association (ANA)
- American Association of Nurse Practitioners (AANP)