**Kelsey A. Jantz** (616) - 901- 8564 **●** kelsey.jantz.24@gmail.com

linkedin.com/Kelsey Jantz 2861 Coppergrove Dr NE, Grand Rapids, MI 49525

**Career Objective**

A registered nurse that is seeking to engage in opportunities, within the community I serve and my co-workers, that advance my medical skills while building meaningful relationships so as to provide patients better comprehensive care, empathetic support, and attend to other personal needs during time of sickness.

**Professional Experience**

**Thrive Center for Health- 2021-present**

**Infusion Nurse**

* Obtained vitals, medical history, and psychiatric evaluation questionnaires
* Mixed and administered IV ketamine treatments to patients for pain and psychiatric conditions.
* Ordered supplies, organized the office space, made patient calls to check how the patients were doing, educated the patients on the use of Ketamine for their condition in which they are seeking care for.
* Called and triaged pre-sedative patients for Innovative Anesthesia Services and educated about upcoming procedure in which my boss would be administered sedatives for.

**Aya Healthcare- Travel Nursing October 2021- Present**

**Emergency Room Nurse**

* Obtained contracts at Saint Mary’s in Grand Rapids, MI from November 2021-June 2022 and Sparrow Hospital in Lansing, MI June 2022-March 2023.
* Have had the opportunity to work with level 1 traumas, gunshot victims, pediatrics, overdose victims, psychiatric patients of all ages. During these contracts, I obtained vitals, IVs starts, catheter starts, wound care, medication administrations, EKG capturing, triaging and assigning acuity, and doing quick assessments before placing in a room to allow the time for a full head to toe assessment.

**Spectrum Health, Grand Rapids, MI – March 2020 – June 2022**

**Emergency Room Nurse (Helen DeVos Children’s Hospital, Spectrum Health Downtown, Spectrum Health Blodgett)**

* Worked in a level 1 trauma center, level 2 pediatric trauma center, and a level 2 geriatric trauma center. Obtained skills in starting IV, accessing ports, caring for critically ill patients, managing patient loads of 6-8 patients at a time, EKGs capturing, wound care, and performing CPR. Started high risk medications, administered medications, blood products, managed patients that were intubated and sedated. Gained skills in interacting with different specialties and physicians in order to best care for the patients I was attending to. Gained the ability to work with ages newborn to adult. Pediatric soft skills obtained in explaining procedures to a level of the pediatric patient’s understanding, learned how to distract and interact with the patient during procedures (i.e. IV starts, sutures) to make it less traumatic for the patient.

**Munson Medical Center, Traverse City, MI - Summers 2014, 2015, 2016, 2017, 2018**

**Nurse Assistant PACU**

* Obtained vitals, applied statlock foley’s, removed IVs, performed CPR, applied pressure to vascular patients, retrieved blood from blood bank, put on ted hose, assisted with bedpans and urinals, performed bedding change, cleaned bays and stretchers, assisted nurse with gathering supplies and re-stocked supplies, called respiratory therapy and physicians, checked in patients returning from Operating Room, assisted patients with clothing change, bathroom, and comfort measures, managed patient belongings, organized patient information and answered phone calls in unit.

**Spring Arbor University, Jackson MI 2020-Present**

**Student Nurse (MSN)**

* Clinical Rotation – Family Practice - McLaren Macomb- Macomb, MI February 2022
* Family practice rotation: obtained chief complaint and medication use, performed assessment, critically considered patient’s assessment and history to determine medications and need for medication refill or any laboratory and imaging studies needed based, learned how to bill for office codes, learned ICD-10 codes.
* Clinical Rotation – Specialty - Saint Mary’s Emergency scheduled July-January 2022
* Clinical Rotation – Family Practice - Mercy Health Physicians North, LLC, Ohio scheduled September 2022

**Lake Superior State University Clinical Rotations, Sault Ste Marie, MI - 2016 - 2019**

**Student Nurse (BSN)**

* Clinical Rotation- Mental Health Nursing- Sault Ste Marie, MI
	+ Clinical Sites: Kinross Correctional Facility, War Memorial Behavioral Health Center, Teaching Family Homes Newberry, and Great Lakes Recovery Men’s and Women’s houses in Sault Ste Marie
	+ Drew blood, passed medications, gave TB tests, complete drug tests, administered medication for diabetics, gave Hepatitis A vaccinations, assisted with the set up for sutures for the physicians, assisted in treating a water burn
* Clinical Rotation- Community Health Nursing- Sault Ste Marie, MI
	+ Home health nursing: packed wound, helped teach how to use an IV pump for continuous medication administration, hospice admissions, hospice well checks, vital signs, dressing changes, lab draws
* Clinical Rotation – Adult Medical Surge II - War Memorial Hospital, Sault Ste Marie, MI
	+ Started IVs, accessed picc lines, administered medications, obtained vitals, observed stress and pulmonary tests, assisted with application of bipap on sedated patient, observed phlebotomy procedures for ferritin removal, assisted with activities of daily living (ADLs). Rotations included: Emergency Room – sutures and abscess drain, Hemodialysis, and Post-Operative Surgery.
* Clinical Rotation – Pediatrics and Obstetrics - Sault Area Hospital, CANADA; War Memorial Hospital, Sault Women’s Health Center, Sault Pediatrics, Early Head Start and Head Start, Sault Ste Marie, MI
	+ Participated in C-section and dental surgery, administered first aid antibiotics to infants, performed infant assessments and post-op care for mothers, assisted in bathing infant, applied internal fetal monitors, assisted with ultrasound and doppler, assisted with pap smear and administration of IUD, performed ADHD and autism testing. During NICU experience, performed infant vitals, feeding, changing, and assisted new mothers with breast feeding. Also participated in a day of clean needle exchange.
* Clinical Rotation – Adult Medical Surge I - Mackinac Straits Hospital, St Ignace, MI
	+ Performed Pre-op, Post-op, and Intra-op care, administered medication, obtained vitals, assisted with physical therapy, collaborated with physicians, assisted with ADLs. During Emergency Room rotation, inserted indwelling catheters.
* Clinical Rotation – Long Term Care - Medilodge, Sault Ste Marie, MI
	+ Obtained vitals, performed end of life care, passed medications, gave flu shots, fed patients, assisted with ADLs.

**American Eagle Outfitters, Kentwood, MI - seasonal 2014 - 2016**

**Clothing Associate**

* Provided customer service, assisted with sizing, helped with online purchasing, executed floor sets and stocking, filled online merchandise orders and prepared shipping paperwork, worked cash register, signed people up for credit cards and reward system, stopped thefts.

**Spoonlickers, Grand Rapids, MI - 2011 - 2013**

**Team Member**

* Provided customer service, performed store setup, prepared food toppings, cleaned, maintained stock, washed dishes, performed store open/close process.

**Sport Camp Volunteer - Forest Hills Eastern High School - summers 2009 - 2012**

**Instructional Coach** – Coached youth in Basketball, Soccer, and Volleyball athletics (K – 8th).

**Childcare Provider - summers and part-time 2005 - 2011**

**Child Care** – Ensured health and safety, provided nutrition, entertainment, and transportation.

**Additional Certifications and Skills**

* Registered Nurse
* BLS
* ACLS
* PALS
* ENPC
* TNCC
* Practiced in Phlebotomy, in EKG, and in Ultrasound
* Nursing Labs – completed all basic checkoffs (e.g. catheter, med pass, IV starts, chest tube suction, NG tube insertion, tracheotomy care, simulations, vitals)
* Nutritional Classes - General Nutrition, Sports Nutrition, Early Childhood Nutrition
* Proficient in Microsoft Office
* Adaptive to environment, new skills, and quick learner
* Personable, organized, thorough, and timely

**Education**

**Spring Arbor University**

Masters in Nursing with a focus in Family Nurse Practitioner - November 2020 -present

Expected Graduation May 2023 (MSN)

**Lake Superior State University**

Bachelor of Science of Nursing, Sault Ste Marie, MI - December 2019 (BSN)

Member Lake State Student Nurses Association (LSSNA)

**Grand Rapids Community College**

Undergraduate General Education and Pre-requisites, Grand Rapids, MI - 2014 - 2016

**Forest Hills Eastern High School**

Ada, MI - High School Graduate 2013