Licensed Clinical Psychologist - (CO PSY.3758, WA PY60060442, AZ PSY.005092, NM PSY1578)

EDUCATION

2003 – 2007 UNIVERSITY OF DENVER

DENVER, CO

Doctor of Psychology, August 2007

- Accredited by the American Psychological Association (APA)
- Degree requirements fulfilled 2007, degree issued 8/2008
- Degree program: Clinical Psychology

2003 - 2005 UNIVERSITY OF DENVER

DENVER, CO

Master of Arts. March 2006

- Accredited by the American Psychological Association (APA)
- Focus Area: Health Psychology

1998 - 2001 University of Southern Colorado

PUEBLO, CO

Bachelor of Science, June 2001

- Major: Computer Information Systems
- Minor: Business

OVERVIEW OF DIVERSITY RELATED EXPERIENCE

2003 - 2007

 Clinical experience with a range of diverse clients; including co-leader for female-to-male (FTM) therapy group, facilitator of pre-doctoral intern multicultural seminar.

2003 - 2005

Outreach and new practicum site collaboration and development for Denver Indian Family Resource
 Center and Denver Indian Health and Family Services

2005 - 2006

- Elected as president of multicultural committee, University of Denver
- Participant University of Denver roundtable diversity discussion

2004 - 2006

- Co-facilitator multicultural process group which included faculty and students
- Invited guest presenter on several diversity related topics
- Initiated the foundation and structure of several independent study courses that incorporated therapy to underserved populations, graduate students of color, race, gender, and masculinity

2003 - 2006

Co-facilitator of Safe Zone workshops for incoming college students across campus. Safe Zone
workshops are designed to radically reduce prejudice and discrimination on the basis of sexual
orientation, gender identity, and gender expression on campus and create a safe and affirming
campus environment.

Diversity projects and outreach, including program development for needs assessment for multicultural training within community organizations and facilitating workshops for underserved high school students focusing on class and privilege issues.

TECHNICAL SKILLS

AHLTA ELECTRONIC MEDICAL RECORD SYSTEM, CPRS ELECTRONIC MEDICAL RECORDS SYSTEM, MS-WINDOWS ALL VERSIONS, SHAREPOINT, GIT, GITHUB, MS-OFFICE SUITE: WORD, EXCEL, ACCESS, POWERPOINT, UNIX, MS-PROJECT, SQL, ORACLE, ADOBE: PHOTOSHOP, ACROBAT, READER, FILE MAKER PRO, SPSS, MAC OS-X, TITANIUM, BLACKBOARD, CANVAS

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CLINICAL EXPERIENCE

11/2012-PRESENT DIRECTOR/PSYCHOLOGIST

OPEN ROAD PSYCHOLOGY, LLC

SANTA FE, NM / DENVER, CO

- Adjunct professor with the University of Denver
- Clinical supervision for doctoral graduate students in psychology enrolled with the Graduate School of Professional Psychology
- Facilitate yearlong seminar for doctoral graduate students in clinical psychology. Seminar focused on clinical supervision, establishing basic counseling skills with two client case load
- Clinical supervision for doctoral graduate students in psychology with administration, scoring, and neuropsychological report writing for TBI forensic population (battery: unstructured clinical interview, Rey 15-item memory test, Trail-making parts A & B, and ANAM Core Battery)
- Expert witness testimony and evaluation of emotional damage deriving from personal injury, sexual
 or racial harassment using objective psychological assessment tools (e.g., MMPI-2, MCMI-III, SIMS,
 TSI-2)
- Provide individual therapy with adults and adolescents via traditional face to face and HIPPA compliant telehealth methods; Preferred provider for major insurance panels
- Treatment of depression, generalized anxiety, marital discord, cultural adjustment issues, career concerns, etc.
- Strength's based, behavioral approach to psychological distress with the focus on creating psychological flexibility
- Provide consultation for other providers surrounding multicultural/cross-cultural issues

04/2014-08/2016

DENVER PUBLIC SCHOOLS

DENVER, CO

CLINICAL CONSULTANT - DISTRICT

- Provide clinical consultation to school psychologists, social workers, SPED team, district administrative personnel, and other stakeholders regarding clinical presentation of K-12 students
- Lead the district with developing social emotional training that is clinically focused
- Provide occasional 1:1 psychotherapeutic services for K-12 students
- Lead training initiatives for district staff and building based school psychologists and social workers that focus on mindfulness-based practices for students and teachers and trauma informed care

5/2012-11/2012

DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER

SALT LAKE CITY, UT

Clinical Psychologist – Critical Time Intervention (CTI) Program

- CTI empirically supported, time-limited model designed to prevent homelessness and other adverse outcomes in people with severe and persistent mental illness
- Provide consultation to social work peers surrounding crisis situations and differential diagnosis concerns; Provide individual therapy for high risk, severe and persistent mentally ill patients
- Facilitate psychotherapy process groups for patients in the CTI program, focus areas for group include positive coping skills (suicide prevention) and men's issues
- Participate in pre-doctoral training planning and provision of supervision rotation
- Maintain current, efficient, and accurate clinical notes in computerized patient record system (CPRS)
- Participate in team efforts to develop, implement, evaluate, and revise clinical treatment plans for patients
- Assess barriers to treatment adherence and help patient identify solutions to barriers
- Make frequent residential visits to patients in transitional VA housing for individual and group psychotherapy
- Provide patients with psycho-education regarding their mental health condition and treatment regimen
- Evaluate and assess inpatient psychiatric patients for desire and ability to transition to VA transitional housing and associated treatment
- Report outcome measures and research data to grant team

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CLINICAL EXPERIENCE CONT

8/2011-9/2012 WILLIAM BEAUMONT ARMY MEDICAL CENTER

EL PASO, TX

CLINICAL PSYCHOLOGIST - TRAUMATIC BRAIN INJURY CLINIC/DEPARTMENT OF MEDICINE

- Clinical Psychologist/Behavioral Health Consultant (BHC) with Department of Medicine/Traumatic
 Brain Injury Clinic Warrior Care Center
- Client population primarily present with traumatic brain injury (TBI) and Posttraumatic Stress Disorder (PTSD)
- Administer, score, and interpret various personality and mood testing protocol and generate reports based on objective/subjective data
- Provide evidence based individual brief and longer term psychotherapy for enlisted service members
- Provide real time consultation regarding differential diagnoses to TBI physicians, Speech, Physical, and Occupational Therapists
- Utilization of clinical skills to provide crisis intervention support when addressing imminent patient concerns
- Develop and implement strategies to enhance the occurrence of health promoting behaviors and wellness
- Participate in bi-weekly multidisciplinary treatment planning for selected TBI patients with focus on identifying client strengths and reduction of fear/stigma associated with potential interventions
- Application of skilled knowledge in several specialized areas of psychology such as deployment and combat stress, consultation, suicide risk assessment, eProfile evaluation and issuance, and integrated disability evaluation system (IDES) referral for medical board evaluations (MEB)
- Position includes working as part of a multidisciplinary and interdisciplinary clinical team with demonstrated capacity to work effectively with both professional and para-professional level staff from other disciplines
- Facilitate PTSD and anger management psychotherapy and psycho-educational groups
- Consult with Commanders and other staff as appropriate
- Maintain accurate and current notes in both the Department of Psychology records and patient medical records (AHLTA system) of all patients seen
- Network with other providers and deliver clinical services to patients via Telehealth and Technology (T2)

1/2010-7/2011

JOHN HUSTED, LLC

DENVER, CO

BEHAVIORAL HEALTH CONSULTANT / UTILIZATION REVIEW

- Perform outpatient utilization review to establish / determine appropriate level of care via telework
- Formulate treatment plans with medical team that meet patient needs with best practice guidance
- Provide individual therapy with adults and adolescents whose psychological presentation is the primary concern as well as for patients whose psychological disturbance is secondary to or adversely affecting the management of a primary medical concern
- Provide individual and group therapy using various modalities as clinically indicated to include brief problem-focused psychotherapy, behavioral/cognitive-behavioral therapy, supportive therapy, and clientcentered therapy
- Collaborate with other members of the Pain Management multidisciplinary team to evaluate and treat
 patients with pain concerns (e.g., chronic pain conditions, headache, migraine, abdominal pain, etc.)
 and/or comorbid medical and psychiatric conditions, with a focus on treating both chronic and acute pain
- Provide consultation services for inpatient medical teams to evaluate psychosocial factors influencing patients' pain and/or to assist patients in developing effective coping strategies
- Lead classes/group sessions to teach the client population about pain and common coping strategies, such as mindfulness

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CLINICAL EXPERIENCE CONT

2007-2009

University of Washington

SEATTLE, WA

SENIOR STAFF PSYCHOLOGIST

- Provide individual, group, couples, and career counseling
- Interdisciplinary team approach for treatment, diagnosis, assessment and management plans
- Crisis consultation provided for faculty and staff
- Provision of supervision for practicum students
- Facilitate Multicultural seminar for pre-doctoral interns
- Outreach programming and consultation with campus organizations/departments
- Serve as liaison to Office of Minority Affairs and Diversity (OMAD), Native American Student groups, as well as other minority organizations on campus

2006-2007

University of Oregon

EUGENE, OR

PRE-DOCTORAL PSYCHOLOGY INTERN

- 2000-hour, APA accredited psychology internship
- Clients are undergraduate and graduate, U.S. and international students, including Native American, Latino, Euro-American, lesbian/gay/transgender/bisexual, Asian-American, African-American, multiethnic students
- Presenting issues range from developmental concerns to severe pathology
- Provision of supervision to 2nd year doctoral student's in counseling psychology
- Intake interviews and crisis walk-in/phone coverage
- Brief and extended individual therapy, couples therapy, co-facilitation of group therapy
 Personal Issues Group: Weekly process group for students who are experiencing difficulty with communication, anxiety, and other presenting personal issues.
- Facilitation of weekly process lab for doctorate students in Counseling Diverse Populations counseling psychology course
- DSM-IV diagnosis and treatment planning, intake and termination reports
- Weekly clinical team meetings psychology staff, interns, practicum interns, and staff psychiatrists
- Integrated psychological assessments and interpretive reports
- Outreach programming and consultation with campus organizations/departments
- Serve as liaison to Multicultural Center, and the Native American Student Union.
- Weekly training seminars in multicultural issues, assessment, provision of supervision, eating disorders, case presentation, and trauma.

CLINICAL SUPERVISION EXPERIENCE

2007 - 2009

UNIVERSITY OF WASHINGTON

SEATTLE, WA

SUPERVISION PRACTICUM STUDENTS

- Professional development of student therapists; provided support for improvement of clinical skills while providing knowledgeable client care to university clients
- Strength based approach that encouraged the development of new skills, while considering the impact of power, privilege, and other multicultural factors when working with clients
- Provided support for clinician growth by holding a warm, supportive space for exploration of growth edges and honing of current skills

2006 - 2007

University of Oregon

EUGENE, OR

SUPERVISION OF 2ND YEAR PRACTICUM STUDENTS

- Training in intermediate and advanced supervisory skills, including interventions to promote client welfare, facilitation of professional development of therapists-in-training, and receiving/giving constructive feedback
- Provided direct supervision and training to doctoral students, including crisis backup and end of quarter evaluations

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2005 – 2006 UNIVERSITY OF DENVER

SUPERVISION OF PRACTICUM STUDENTS

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DENVER, CO

- Provided supervision for Master level counseling students, including performance evaluations of trainees in cooperation with senior supervisor
- Training in current supervision theory, research and practices within a cultural context; training in basic supervision strategies and risk-management procedures

2005 - 2006

BOULDER COUNTY MENTAL HEALTH CENTER

LONGMONT, CO

PEER CONSULTATION

- Provided consultation to student counselors at all levels of training within agency
- Assisted in development of monthly clinical training meetings for all counselors

OUTREACH EXPERIENCE

2006 UNIVERSITY OF OREGON

EUGENE. OR

ONE (One Native Education) Day

 Designed and coordinated interactive "icebreaker" multicultural exercises and led discussion highlighting resilience, potential, and strength of Native youth.

2006 University of Oregon

EUGENE, OR

Office of Multicultural Academic Support (OMAS)

 Designed and coordinated interactive "icebreaker" multicultural exercises and led discussion highlighting resilience, potential, and strength of Native youth

2006 PROFESSIONAL PSYCHOLOGY CENTER

DENVER, CO

Transgender Sensitivity for Clinicians

 Seminar provided for clinical psychology students on considerations when working with Transgendered clients

2005 BOULDER COUNTY MENTAL HEALTH

BOULDER, CO

Working with Lesbian, Gay, Bisexual Clients

 Seminar provided for professional staff on current research findings, challenging labels and stereotypes, creating safe environments, and utilizing group therapy.

2005

ADAMS CITY HIGH SCHOOL

COMMERCE CITY, CO

Workshop on Class & Privilege

 Experiential workshop designed to support social justice event for local high school students, including sensitization and increased awareness about issues around class and privilege, and individual/collective responsibility of students

TEACHING EXPERIENCE

2015-present

University of Denver

DENVER, CO

Graduate School of Professional Psychology

Adjunct Professor

- Facilitate year long clinical seminar for first year doctoral students
- Establish clinical interviewing and ethical foundations
- Create syllabus for year long course
- Blackboard system used routinely for student grading, teaching, and distributing class materials
- Weekly grading and student feedback

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2013 UNIVERSITY OF DENVER DENVER, CO

International Disaster Masters Degree Psychology Program Adjunct Professor

- Instruct Psychotherapeutic Models of Intervention courses
- Facilitate learning of the six major schools of thought for psychology theory and practice
- Create syllabus for ten week survey course
- Blackboard system used routinely for student grading, teaching, and distributing class materials
- Weekly grading and student feedback

2006 UNIVERSITY OF OREGON EUGENE, OR

Counseling Diverse Populations Co-Instructor

 Assist students in exploring similarities and differences among individuals from various cultures, religions, sexual orientations, economic class, and geographical locations.

2006 UNIVERSITY OF OREGON EUGENE, OR

Life Skills

The purpose of this course is to enable students to enhance wellness through effective stress management and to promote the development of positive self-esteem. Goals of the course are to help students identify stressors, identity sources that inhibit the enhancement of self-esteem, promote the strengthening of self-esteem, and increase assertiveness and effective communication.

2005 University of Denver Denver, CO

Career and Life Planning

- Explored formative experiences, lifestyle preferences, personal characteristics, values, abilities, and interests as they relate to choosing an academic major and future career.
- Provided group interpretations of the Strong Interest Inventory and the Myers-Briggs Type Indicator as part of the course.

OTHER
PROFESSIONAL
EXPERIENCE

2002 – 2003 ARAPAHOE/DOUGLAS WORKS!

LITTLETON, CO

WORKFORCE SPECIALIST I

- WIA (Workforce Investment Act) case management for at risk youth (50 client case load)
- Located job placement opportunities for youth in surrounding community, liaison between youth and site supervisors
- Mentor for low income, at risk minority population; advise and provide guidance regarding education, interests, and abilities to overcome barriers
- Develop and maintain working knowledge of assessment tools and procedures.
- Arrange for supportive services as available and necessary

2000 – 2002 BEHAVIORAL INTERVENTIONS BROOMFIELD, CO

CASE MANAGER/PROBATION OFFICER

- Liaison for reporting authorities and therapists
- Daily monitoring of DOC clients
- Client scheduling/case management/employment counseling for DOC clients
- Trained in antabuse, breathalyzer, and urinalysis monitoring/testing
- Responsible for facilitation of the Level I Driving With Care (DWC) Alcohol Education and Anger Management state mandated groups
- Set up and maintain color schedule for client monitoring

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