***Education***

**Lincoln Memorial University | Harrogate, TN | December 2021**

Master of Science in Nursing, MSN, Family Nurse Practitioner

**East Tennessee State University** | **Johnson City, TN** | **December 2016**

Bachelor of Science in Nursing

Accreditation: Commission on Collegiate Nursing Education

**University of Georgia** | **Athens, GA** | **December 2000**

Bachelor of Business Administration (Risk Management and Insurance)

***LICENSES/CERTIFICATIONS***

**Licensed Nurse Practitioner, Virginia |** April 2023; License Number: 0024183835 | Tennessee license in process

**Board Certified, AANP |** January 2022-2027; Certification No.: F01220594

**NPI** | # 1538815741

**RN** | April 2023; License Number 0001270096

**Medical Aesthetics Training, NLI** | June 2020: Completed advanced, hands on training in injectable neuromodulators and dermal fillers

**BLS** | March 2023

**CCRN**| Obtained May 2018

**Alsius Catheter Training** | October 2019

**EKOS Training** | March 2019

**IABP Training** | March 2017

**LVAD Training** | September 2019

***HEALTH CARE EXPERIENCE***

**November 2020 – Present Ballad Hospice House**

 **Staff Nurse (PRN)**

***Outline***

Care for respite, residential, and GIP hospice patients on the in-patient unit at Ballad Hospice House.

**Key Responsibilities**

* Care for terminal patients during transitional and active dying phases
* Care for terminal patients that come to the hospice house for 5 days of respite care
* Administer end of life medications such as morphine, dilaudid, robinul through either peripheral IV, subcutaneous IV, or port-a-catheter.
* Provide wound care per orders
* Insert IV’s and Foley catheters
* Perform physical assessments, including vital sign monitoring
* Pronounce patients at time of death and perform post-mortem care

**January 2021 – April 2021 Family Practice Clinical (Young/Middle Adult)**

**BHMA Family Medicine Bristol**

***Outline***

Clinical with Sallie Lively, FNP, where I saw patients in the family practice setting for management of chronic illness, acute illness, yearly physical exams, employment physicals, routine lab visits, pain management, Medicare and Medicaid annual visits.

**May 2021 – July 2021** **Women’s Health Clinical**

 **Bristol Gynecology and Obstetrics**

 **Abingdon OBGYN**

***Outline***

Clinical with Dr. Harris at Bristol Gynecology and Obstetrics and with Samantha Palmer, FNP at Abingdon OBGYN. Saw patients ranging in age from teens through older adult. Examined and performed pap smears, pelvic exams, breast exams, uterine biopsies, prenatal, perinatal, and post-partum visits, and surgical pre and post-op visits.

**May 2021 – July 2021** **Pediatric Clinical**

 **JMH & BHMA Family Medicine Bristol**

***Outline***

Clinical with Dr. Barton, neonatologist at Johnston Memorial Hospital in the labor and delivery unit. Present in OR for care of newborns immediately following a cesarean section. Performed daily wellness checks and physical exams on newborns until their discharge from hospital or transfer to another facility.

Clinical with Amanda Combs, FNP at BHMA Family Medicine where I saw patients ranging in age from 4 to 17 years old for routine physicals, sports physical exams, acute illnesses, and management of chronic illness.

**August 2021 – November 2021** **Family Practice Clinical (Older Adult)**

 **BHMA Family Medicine**

***Outline***

Clinical with Amanda Combs, FNP seeing older adult patients in the family practice setting. Management of acute and chronic illness, long-term medication management, routine lab visits, pain management, annual Medicare visits.

**December 2016 - April 2020 Holston Valley Medical Center**

 **Staff Nurse – Cardiac ICU**

***Outline***

Delivery of post-operative care for CABG and vascular patients, as well as post-cardiac arrest and MI patients on an 8 bed ICU, 11 bed step-down unit, and a 4-bed critical care unit

**Key Responsibilities**

* Manage critically ill patients post CABG, valve replacement, TAVR, and vascular surgeries; post-cardiac arrest and pacemaker placement care, and care after stent placement, angioplasty, and ablations.
* Monitoring patients on IABP and LVAD, monitoring patients with EKOS catheters
* Managing central line catheters, arterial catheters, Swan-Ganz catheters, and Foley catheters
* Dispensing medications, both oral and IV, and close monitoring of patients on vasoactive drips, nitroglycerin drips, heparin drips, and pain pumps.
* Wound care including patients on wound vacs, and monitoring and changing dressings per hospital and wound care guidelines.
* Conduct physical assessments on each patient Q30min, Q1hr, and then Q4hr post-op
* Caring for patients that are on ventilators.
* Working with cardiac rehab and dialysis nurses, PT, OT, and speech therapy to coordinate the highest level of care for each patient.
* Educating patients on new medications, lifestyle changes, physical activity limitations, and care management post-procedure.
* Assessing for heart murmurs, arrhythmias, and applying the appropriate interventions of defibrillation and/or CPR when necessary.
* Provide patients and family members with emotional support and alternative forms of care when needed during hospital stay or for recovery outside of the hospital.