**Thea Nicole Brubaker (Parish)**

**40 Moores Lane South, Newport News, VA 23606 | (757) 690-3101 | Tparish82@gmail.com**

**Psychiatric Nurse Practitioner**

Team-oriented, with a strong track record of establishing solid relationships with clients, co-workers, and local agencies. A professional driven to help others overcome personal obstacles. Psychiatric Nurse Practitioner with extensive focus on preventative care, acute stabilization, and mental health education. Utilizes attentive and empathetic practice to better patient outcomes of all ages. Years of experience with patients from pediatrics to geriatrics have provided an ability to evaluate and prioritize patient concerns. Seeking the opportunity to apply hands-on expertise to diagnostic evaluation and treatment of clients as a psychiatric mental health nurse practitioner. Additional expertise includes long-term personal experience with acute intervention and crisis care, including acute stabilization. Strong desire to apply evidence-based practice to advance psychiatric nursing care, and looks forward to furthering practical knowledge in Community psychiatry.

**Area of Key Strength**

 Patient and family advocacy ⦁ Strong clinical judgment ⦁ Psychiatric Evaluations ⦁ Chronic disease management Critical Thinking ⦁ Team Leadership ⦁ Initiative ⦁ Responsibility ⦁ Improving ⦁ Efficiency ⦁ Attention to Detail ⦁ Time Management ⦁ Medication management in all age groups ⦁ Therapy interventions

**CORE COMPETENCIES**

* Provides psychiatric health services, education, counseling, and emotional support.
* Refers patients for inpatient care, as necessary in collaboration with the staff psychiatrist.
* Issues medication prescriptions by treatment guidelines.
* Orders laboratory tests, interprets and explains the test results to patients.
* Provides patient education regarding medications, risks, benefits, and reasonable expectations.
* Communicates with patients and engages in follow-up as necessary. Strong attention to detail
* Strong knowledge of psychiatric policies and protocol
* Excellent behavioral health knowledge
* Strong clinical skills and knowledge
* Strong psychiatric skills and knowledge
* Excellent attention to detail
* Strong medical skills and knowledge
* Knowledge of professional nursing concepts, principles, and practices
* Ability to prescribe and administer medication to children
* Excellent for working in high-pressure conditions

**PROFESSIONAL EXPERIENCE**

**Psychiatric Nursing supervisor**

**Riverside behavioral health center | 01/2021-present**

* Supervising nurses leads recruitment and recruitment, manages the employee review process, and ensures compliance with state and federal regulations.
* Directing the development and implementation of individualized care plans to include assessment and assessment with nursing diagnoses of a wide range of mental health issues.
* Assessment of medical and mental emergencies
* Responding to code calls and monitoring incidents
* Overseeing the operation of the entire hospital.
* Reviewing patient charts to check medical clearance at the facility.
* Presenting medically examined patients to a psychiatrist for admission to the facility
* Coordinate and navigate through feature-wide admission and leave
* Medically examine patients daily to ensure compliance with facilities protocols

**Forensic Nurse Examiner**

**Riverside Regional Medical center | 09/2019-01/2021**

* Examined assault victims, strangulation victims, molestation, rape, sexual assault, stabbings, shootings, and gathered evidence to the forensic lab.
* Acted as an expert witness for criminal cases
* Acted as an advocate for my staff and all patients and victims presented before me.
* Assisted the patient/victim through the testing process
* Supply available resources to serve as support and reference for the patient the patient/victim

**Trauma RN**

**Riverside Regional Medical center | 03/2019-01/2021**

* Acted as a relief nurse, triaged and screened walk-in patients to assess the severity of the patient's condition and the need for provider intervention.
* Recognized and report abnormal test results, changes in symptoms, and the need for follow-up.
* Monitored or ensured patient monitoring before, during, and after the procedure as established protocols and SOPs.
* Ensured that the competencies of nursing staff are initially assessed, maintained, and documented by hospital and clinic policies and nursing practice standards.

**Trauma RN**

**Norfolk general hospital (Sentara) | 08/2018-03/2019**

* My unit is the Trauma, Neuro, Burn unit. We take care of all trauma patients, neuro patients, and burns. I see everything from strokes, 50% and more significant TBSA burns, and gunshot victims. I have experiences with all types of drains, wound vacs, chest tubes, PICC lines, central lines, SDH, CVA, VP shunts, intensive wound therapy, drug-seeking behaviors, respiratory failures, necrotizing pancreatitis, recognizing changes that can mean a patient is declining, and so much more. I have learned such a vast supply of knowledge here in this unit.

**VOLUNTEERING**

* Rock'N'Roll Marathon, Las Vegas, NV Nov’2017: volunteered as a student nurse in the leading medical tent at the marathon's finish line.
* Mountain View Hospital, Las Vegas, NV Oct’2017: volunteered as a medical professional at the employee diabetes screening.
* A Home 4 Spot, Las Vegas, NV 2014-2016: volunteered as a foster coordinator; helped place hundreds of rescued animals throughout the valley; participated in hundreds of rescues and rehabilitations for animals throughout the valley.

**EDUCATION**

**PMHNP | Walden University| 05-2022**

* Major: Master of Science in Nurse Practitioner

**BSN | Nevada state college school of nursing| 08-2018**

* Major: Bachelor of Science in Nursing

**Associates degree in science | hi-tech institute| 2004**

* Major: Associates degree in science
* Minor: A focus in Medical Compounds

**CERTIFICATE**

* Registered Nurse in the State of Virginia
* FNE-Good Standing
* ENPC-Good through 2022
* TNCC-Good through 2022
* ACLS-Good through 2022
* PALS-Good through 2022
* NIHSS- Good through 2023
* BLS-Good through 2023
* Nevada State Board of Pharmacy-Pharmacy Technician Certification in the State of Nevada
* Chemotherapy and hazardous material mixture certified

**AWARDS & RECOGNITION**

* 10/2019 Employee of the month for the Emergency Department at Riverside Regional Medical Center
* 04/2019, Patient nominated me for the Caring award. I was recognized for going above and beyond a patient in a very critical situation.
* Nov’2017, Sunrise Hospital, Las Vegas, NV: Recognized by the CMO and director of pharmacy for efforts put forth on the tragic night of Oct 1st, 2017.
* Nov’2017, Director of Pharmacy Award; "In Recognition to Your Dedication to Human Lives; Mass Casualty Incident October 1st, 2017
* Employee of the month for numerous hospitals; Summerlin Hospital 2016; Centennial Hospital 2013; Cardinal Health 2011.

**ACCOMPLISHMENT**

There is a saying that I live by, "Be the light in the darkness!" As a pharmacy technician for the 15 years before nursing, my skills have set a baseline for medication understanding and competency. The time I spent at Norfolk General Trauma Unit and Riverside Regional Trauma/ER has shaped me as a nurse and allowed me to experience a wide range of situations. I was in Sunrise Hospital ER on the October 1st shooting in Las Vegas. We had over 350 people come through the ER in a matter of hours. It was the most horrific thing anyone could ever imagine. In that time, I found myself and confirmed who I was supposed to be in life. Healthcare is a fantastic field to be in. I recently began my journey as a Psychiatric Nurse Practitioner to help even more people. In the long term goal, I hope to help those with anxiety, depression, and PTSD.

**REFERENCE**

Available upon request.