##### Maria Luisa Stoute, NP-C

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#### Target: Nurse Practitioner

***Committed to supporting the delivery of the highest-quality care.***

* Board Certified Family Nurse Practitioner with knowledge in the assessment and treatment of **multi-generational** population with a broad range of medical issues including outpatient care of Spine and Orthopedic patients, pain management, fluoroscopic injections and rehab. Case management, Orthopedic and Palliative care/hospice experience treating chronic and minor issues on the adult population.
* Eager and enthusiastic learner with a passion for wellness who continually finds opportunities for professional development and growth and volunteers to gain more experience.
* Able to perform comprehensive and problem focused histories and physical examinations, interpret laboratory and diagnostic tests for spine patients.
* Strong communicator able to build rapport with patients and families from all backgrounds; bilingual in **English/Spanish**.
* **Highly observant** when it comes to patient analysis and evaluation. Excellent communication skills.

Education

**Master of Science in Nursing, Family Nurse Practitioner;** University of North Carolina Wilmington; 2014

**Bachelor of Science in Nursing;** University of North Carolina Wilmington, 2011

**Associate Degree in Nursing;** Southeastern Community College, 1996

**Bachelor of Science in Business Administration, Major: Finance;** University of Florida, 1992

**Urgent Care** CEU certification by Master Clinicians; Online course 2021.

Professional Certifications

American Association of Nurse Practitioners (AANP)

Professional Experience

**MEDICAL MINISTRIES INTERNATIONAL, 2014 and 2015**

**Volunteer Circulating Nurse/First Assistant/Second Assistant In Surgery, Dominican Republic**

**INTERNATIONAL MEDICAL ASSISTANCE,** 2008

**Volunteer Post-op Orthopedic Nurse, Mexico**

* Served as First Assist and Second Assist to plastic, orthopedics, and general surgeon during surgeries.

**ATLANTIC NEUROSURGICAL AND SPINE CENTER,** Wilmington, NC 2015 to present.

**NP-C**

* Performed comprehensive and problem-focused histories and physical examinations inpatient and outpatient.
* Interpreted laboratory and diagnostic tests and correlated subjective and objective data. **Knowledgeable of Eclinical, EPIC, Experity, and Nextgen EMR.**
* Formulated a differential diagnosis and established a working diagnosis.
* Performed comprehensive and problem-focused histories and physical examinations. Interprets laboratory and diagnostic test. Interpreted and correlates subjective and objective data. Formulated a differential diagnosis and established a working diagnosis.
* Developed a treatment plan for neurosurgical conditions including PT, ESI, TFESI, nerve blocks, facets and diagnostic injections. Reviewed x-rays, MRIs and CT scans of hospitalized patients and office patients with the attending neurosurgeon

LIBERTY HOSPICE AND PALLIATIVE CARE (PRN), Wilmington, NC 2018 to present.

**NP-C**

* Providing palliative care for patients’ outpatient/facility-based setting. Conducting a patient / family evaluation and educating them on our palliative care services. Facilitating highly effective conversations regarding goals of care with patients, families, interdisciplinary team members, and other providers. Performing highly effective pain and symptom management treatment and care plan recommendation with Medical Director, families, and other providers to enhance patients’ quality of life. Educating facility staff on our palliative care program, treating and providing intervention for minor and chronic illnesses. Ongoing collaboration with the PCP and Medical Director regarding palliative care for the patients in our census. Knowledgeable of Point Click program.

**YOUR HOME ADVANTAGE/HUMANA THIRD PARTY,** Wilmington, NC 2016 to 2021

**NP-C**

* Conduct home assessmentson health plan members.
* Identify diagnoses to be used in care management and active medical management.
* Formulate a list of current and past medical conditions using clinical knowledge, judgment and current findings
* Identify urgent and emergent situations for proper intervention.
* Educate members on health promotion conditions and promotion
* Compliance with all HIPAA regulations and maintain security of protected health information.

**CAROLINA QUICK CARE (PRN),** Wilmington NC 2023 until present

**WILMINGTON HEALTH ASSOCIATES (PRN),** Wilmington NC 2023 until present

NP-C

* Adheres to established policies and procedures, objectives, quality assurance program, safety, environmental and infection control standards.
* Observes and communicates changes in the patient’s condition to the provider on duty.
* Adheres to guidelines and requirements of laboratory and clinical accreditation policies. Perform CLIA waived labs based on manufactures instructions.
* Maintains clean and sanitized front and back-office rooms.
* Must adhere to protocol all protocols as ordered by Chief Medical Officer
* Set up procedures as trained when ordered by provider; Must abide by all HIPAA and OSHA guidelines.

**NEW HANOVER REGIONAL MEDICAL CENTER,** Wilmington, NC, 2010- 2015

**RN Case Manager**

Knowledge of many surgical interventions through review of appropriate medical documentation for compliance.

* Assist with preoperative teaching classes at New Hanover orthopedic campus for total knee and hip replacement.
* Perform utilization review, discharge planning for the emergency department (ED and post-operative patients.
* Ensure appropriate orders and documentation for surgical admission, durable medical equipment, and other expenses utilizing knowledge of criteria. Play an instrumental role in supporting patients with authorizing procedures, treatments, and medications via expertise in protocols.
* Appointed to serve on the Education and Research Committee to formulate avenues for continuing education and updates.

**SOUTHERN REHABILITATION NETWORK, INC.,** Wilmington, NC**,** 2003-2010

**CORVEL CORPORATION,** Wilmington, NC**,** 2002-2003

**CONCENTRA MANAGED CARE, INC.** Wilmington, NC, 1999-2002

**Case Manager/Rehabilitation Nurse**

* Supervised care for surgical and non-surgical outpatient orthopedic and spine patients, performed assessment and recommended treatment for Worker’s Compensation patients with hands, back, and joint injuries as well as those who require long term pain management, pain management interventions and physical therapy approach.
* Acted as patient liaison for the bilingual case management unit, managed independent medical evaluations, physical therapy, and transportation services. Managed expense initiatives through careful control of acquisition of durable goods and delivery.

**COLUMBUS COUNTY HOSPITAL,** Whiteville, NC**,** 1997-1999

**Staff RN, Acute Care Unit/Orthopedic Unit**

* Provided inpatient care of postoperative orthopedic surgeries, including knee, hip, and shoulder.
* Served as Charge Nurse for a 45-bed orthopedic/medical-surgical unit; conducted physical assessments, coordinated the plan of care, planned discharge, and performed nursing procedures.

Community Leadership

* **Volunteer Bilingual RN,** Tileston Clinic/Cape Fear Clinic, 2007-2013.
* **Health Care Advocate,** Advocacy Day, North Carolina General Assembly, 2014.
* **Health Care Advocate,** Authored letter published in the *American Journal of Nursing,* 2009.