# Shashank Bhattarai, MD

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## Objective:

Dedicated Internal Medicine Resident with more than 2 years of experience providing patient care, diagnosing and treating a wide range of medical conditions, and collaborating effectively with healthcare teams. Seeking an opportunity to contribute my expertise and commitment to excellence in an Internal Medicine Hospitalist role.

#### **Education:**

- Doctor of Medicine (MD) [Guthrie Robert Packer Hospital], [1 Guthrie Square, Sayre, PA, 18840] [ 3<sup>rd</sup> Year]
- Bachelor of Medicine, Bachelor of Surgery (MBBS) [BPKIHS, Dharan, Nepal],
  [2017]

### Medical School Award:

Scholarship for medical education sponsored by the government of Nepal

## Professional Experience:

- Proficient in EPIC Electronic Medical Record
- Practice evidence-based medicine
- Involvement with various health system improvement projects, including Patient safety project, QI Projects

### Work Experience:

Suvekchya International Hospital, Kathmandu, Nepal (2017-2019)

Bardagoriya Hospital, Kailali, Nepal (2020)

Resident Physician at Guthrie Robert Packer Hospital

- Collaborate with interdisciplinary healthcare teams to develop and implement healthcare plans.
- Regular participation in daily interdisciplinary team meetings, patient safety conferences, and length-of-stay meetings.
- Ran multiple rapid responses and code blues during inpatient rotation.
- Certified in Central and Arterial Line.
- Communicated with patient's primary care physician to identify patients' needs and complete transition of care upon admission and discharge to and from the general medical floor.
- Assisted in teaching and supervising medical students and junior residents.
- Participated in regular medical coding and billing sessions throughout the residency.

## Volunteer experience:

- Skin cancer screening community outreach clinic at Guthrie Robert Packer Hospital
- Community outreach clinic to improve awareness regarding hypertension and smoking cessation at local farmer's market in Sayre, Pennsylvania.

### QI Projects:

- Improving colorectal cancer screening rate in internal medicine resident's clinic.
- Intervention to improve Blood pressure control compliance in Internal medicine resident's clinic.
- Improving social Determinant of health screening through Epic.

#### Research and Presentation:

- Cross sectional study: Comparison of Nutritional Status in Chronic Kidney Disease Patient under Hemodialysis vs Non-dialysis
- Case report: Covid -19 induced colitis.
- Case report: Low-dose statin therapy induced rhabdomyolysis in liver cirrhosis.
- Case report: Pantoprazole induced Lupus
- Case report: Oral androgenic supplement RAD 140 induced acute Liver injury
- Case report: Hepatic hydrothorax with minimal ascites in a patient with metastatic breast cancer
- Case report: Recurrent secondary spontaneous pneumothorax in a patient with systemic sclerosis
- Case report: Hereditary hemochromatosis leading to metastatic hepatocellular carcinoma in 27 years young male
- Case report: Apixaban failure in patient with antiphospholipid syndrome leading to acute ischemic stroke.

#### Hobbies:

Swimming, playing soccer, cooking