Marie-Helene Owens

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**Summary**

Motivated and compassionate Neonatal Nurse Practitioner student with years of foundation as a nurse in the NICU who is ready to take the next career step upon upcoming graduation. Seeking entry-level opportunities to gain experience in new role and continue development of skills and knowledge at a supportive and low-turnover organization.

**Skills**

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| * Multilingual (French, Spanish) * Effective Communication * Thorough Documentation * Quality Improvement * Positive Family Relationships | * Family Education * Experienced Preceptor * Patient-Centered Care * Care Coordination * Proactive & preventative Care |

**Experience**

Registered Clinical Nurse, NICU IV, Children's National Hospital, January 2023-Current

Washington, DC

Providing safe, timely, appropriate, and efficient evidence-based care to vulnerable neonates ranging in gestational ages from 23 weeks to post dates, and neonates of varying acuity from feeder growers to infants requiring whole body cooling, intubation, and surgery. Advocating for individual patients and families. Supporting, guiding, including, and educating parents and families during this stressful time. Collaborating and communicating with members of the interdisciplinary team to ensure the patients are getting the appropriate level of care while working towards mutually desired goals and outcomes.

Registered Clinical Nurse, NICU III, Holy Cross Hospital Silver Spring, July 2017-Current

Silver Spring, MD

Providing safe, timely, appropriate, and efficient evidence-based care to vulnerable neonates ranging in gestational ages from 23 weeks to post dates, and neonates of varying acuity from feeder growers to infants requiring whole body cooling and intubation. Preparing infants for transfer when require surgery and escalation of care. Advocating for individual patients and families. Supporting, guiding, including, and educating parents and families during this stressful time. Collaborating and communicating with members of the interdisciplinary team to ensure the patients are getting the appropriate level of care while working towards mutually desired goals and outcomes. Serving as a validator for unit competencies, and as a preceptor and mentor to new staff. Engaging in unit initiatives and QI projects to improve patient outcomes.

Registered Clinical Nurse, NICU III, George Washington University Hospital, August 2020-December 2022

Washington, DC

Providing safe, timely, appropriate, and efficient evidence-based care to vulnerable neonates ranging in gestational ages from 23 weeks to post dates, and neonates of varying acuity from feeder growers to infants requiring intubation. Preparing infants for transfer who require whole-body cooling, surgery, or escalation of care. Attending deliveries and assisting with resuscitation. Serving as charge nurse and newborn admission nurse as needed.

Clinical Instructor, Montgomery College School of Nursing, January 2022-December 2022

Takoma Park, MD

Supervising and facilitating meaningful learning experiences at assigned clinical sites at inpatient adult step-down units, via simulation or virtual learning for a group of nursing students completing their Associate's degree in Nursing. Collaborating with full-time faculty to ensure clinical experiences are supporting lecture content and program goals and outcomes. Providing actionable feedback on weekly evaluations to guide progress and growth.

**Education and Training**

Doctorate of Neonatal Nursing Practice

University of Maryland School of Nursing, Baltimore, MD Expected in May 2024

**Neonatal Nurse Practitioner Student Clinical Experience**

Developing skills in neonatal resuscitation, delivery attendance, patient presentation, assessment, diagnosis, management, order entry, documentation, patient procedures, interdisciplinary collaboration, communication, and family education.

* Clinical Experiences
  + High Risk Perinatal Center – Mercy Medical Center
  + Lactation Specialist – Upper Chesapeake Health System
  + NICU Follow Up Clinic – University of Maryland Medical System
  + Level III-IV NICUs (775 total NICU Clinical Hours)
    - 40 hours - Frederick Health Hospital
    - 105 hours - St. Josephs Medical Center
    - 135 hours - Winchester Medical Center
    - 90 hours - University of Maryland Medical Center
    - 180 hours - MedStar Washington Hospital Center
    - 225 hours(in progress) – Johns Hopkins Hospital

**Doctoral Nursing Practice Quality Improvement Project**

Preventative Bundle Implementation to Education Unplanned Extubations in the NICU

Masters Degree of Nursing Education

Western Governors University, Salt Lake City, UT June 2020

Bachelors Degree

Nursing, University of Maryland University College, Adelphi, MD June 2018

Associate Degree of Nursing

Montgomery College, Takoma Park MD December 2015