

Annissa J. Schemmer

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Work Experience

March 2022- Present

Clinical Reviewer, LCSW

Kepro

Remote Work From Home

- Utilize clinical expertise for the review of medical records against appropriate criteria in conjunction with contract requirements, critical thinking and decision-making skills to determine medical appropriateness
- Review and interpret patient records and compare against criteria to determine medical necessity and appropriateness of care; determine if the medical record documentation supports the need for services
- Determine approval or initiate a referral to the physician consultant and process physician consultant decisions ensuring reason for the denial is described in sufficient detail on correspondence
- Abstract review related data/information accurately and timely on appropriate review tool by the appropriate means
- Provide accurate and timely submission of all administrative and review related documents to appropriate parties
- Perform ongoing reassessment of review process to offer opportunities for improvement and/or change

June 2021- March 2022

EAP Counselor

CVS Health- Aetna

Remote Work From Home

- Assess member's immediate clinical needs and utilize appropriate clinical tools to identify and provide services
- Engage members and provide immediate support and assist with coping skills to address ongoing lifestyle management
- Provide telephonic counseling to individuals with a variety of presenting issues including mental, emotional, disorders, conditions, addictions, lifestyle management and worklife concerns
- Assist members with linkage to resources such as mental health programs, substance abuse benefits, community treatment resources to aid in the alleviation of stress
- Interact with internal and external providers as appropriate to discuss clinical questions and concerns
- Provide consultation to supervisors and other account representatives in order to facilitate appropriate EAP response to employees

May 2016-June 2021

Clinical Therapist, LCSW

**Riverside University Health System – Behavioral Health
County of Riverside**

- Worked multiple assignments including at Blythe Behavioral Health Community Clinic, in Desert Hot Springs as part of specialized team working with at-risk elderly clients, in Indio in a community health center setting that integrated physical and behavioral health services, and at the Indio Behavioral Health Community Clinic
- Conduct psychosocial assessments
- Provide individual therapy
- Assist consumers and other concerned individuals in understanding the nature of major psychological illnesses and their psychosocial effects
- Provide case management services to consumers, link consumers to housing and other social service benefits
- Perform 5150 procedure

Education

Our Lady of the Lake University

San Antonio, TX

December 2015

Master of Social Work

University of California, Riverside

Riverside, CA

July 2004

Bachelor of Arts, Political Science