**Objective**

Seeking a position as an Advanced Practice Registered Nurse, PMHNP, in your facility where I can utilize my practitioner training and education, as well as my interpersonal skills to provide the highest level of care.

**Qualifications Summary**

* Excellent interpersonal/communication skills; highly motivated, compassionate and committed
* Exceptional problem-solving ability and ability to remain professional during critical situations
* Enthusiastic, meticulous and assiduous with the ability to quickly adapt to change
* Other languages spoken: Yoruba
* Proficient in Microsoft Office (Word, Excel, Access and PowerPoint) & SPSS

**Education**

**University of Texas Health Science Center at Houston (Texas Medical Center), TX**

MSN, PMHNP, 2018

**University of Texas Medical Branch School of Nursing**, Galveston, TX Bachelor of Science in Nursing Degree, April, 2014

**Hawaii Pacific University**, Honolulu, HI Master’s in Business Administration (MBA) *with concentration in* ***management,*** May, 2006

**Herbert H. Lehman College (City University of New York)**, Bronx, NY

Bachelor of Arts in Economics***,***January, 2002 & Bachelor of Arts in Biology,January, 2002

**Professional Experience**

**Harris County Psychiatric Center, 06/18 – 07/18**

**Memorial Park Psychiatry, 02/18 – 03/18**

**Behavioral Health Center, 09/18 – 11/18**

*Psychiatric Mental Health Nurse Practitioner*

* Provides patient assessment, diagnosis and treatment plans in accordance with statutes, regulations and protocols regulating the profession
* Collaborates with the staff psychiatrist, the nursing staff and technical personnel, as well as the counselors at Harris County Psychiatric Center and various nursing homes
* Provides psychiatric health services, education, counseling and emotional support
* Refers patients for inpatient care, in collaboration with the staff psychiatrist, as necessary
* Issues medication prescriptions in accordance with treatment guidelines
* Orders laboratory tests, interprets and explains the test results to patients and family members
* Provides patient education regarding medications, risks versus benefits and outcome expectations
* Communicates with patients and family members and engages in follow-up as necessary
* Educates and refers for primary medical care services as indicated, in accordance with statues, regulations and protocols regulating the profession
* Performs similar or related duties as assigned or required.

**HCA - Health Trust, 03/19 – Present**

**Cornerstone Health Specialty Hospital, 07/17 – 06/19**

*Telemetry/IMCU/Medical-Surgical. Nurse, RN, BSN*

* Direct and indirect nursing care of all patients ranging in age from 18 years to geriatric
* Care for patients experiencing complex conditions, general medical-surgical conditions
* Provide care for patients with rehabilitation and/or wound care needs
* Provide overall direction and supervision of all patient care during throughout shift.
* Demonstrate the knowledge and skills to carry out the nursing process when providing patient care
* Satisfy the established standards of the nursing practice
* Supervise and delegate patient care tasks to LVN/LPN or CNA and other patient care team members
* Promote collaborative teamwork with physicians and personnel of other departments
* Take into consideration, as appropriate, the patients’ age in the performance of any task
* Perform other duties of a registered nurse - as assigned, including but not limited to, trach, colostomy, urostomy, catheter, and PEG care, as well as blood transfusion and management of pressure ulcers.

**St. Joseph Medical Center**

**03/18 – 06/18**

*Telemetry/Orthopedic/Medical-Surgical. Nurse, RN, BSN*

* Documented patient health histories and performed physical exams and diagnostic tests
* Provided total care to patients on telemetry/cardiac monitors; reported abnormal rhythms to physicians
* Adeptly managed critical situations; made prompt decisions by utilizing sound clinical judgments
* Developed special patient rapport required to care for chronically/critically ill patients through effective communication skills
* Counseled and educated patients regarding medications, procedures and treatments/care plans
* Provided preoperative, inter-operative and post-operative instructions to patients and loved ones
* Maintained patient's physical and psychosocial health while ensuring effectiveness of care
* Consistently exceeded call of duty by volunteering to work additional shifts when asked to do so
* Initiated interpersonal good relationships with co-workers, patients and family members
* Ensured and promoted a safe working environment, by providing the highest quality care
* Provided patient care to a wide variety of patients from OR, PACU, ER, and ICU
* Collaborated with physicians and various care team members in order to render optimal care
* Served as a mentor, coach and team builder to licensed and unlicensed staff members
* Performed assessments, IV therapy, complex wound care, and monitored various drainage devices, etc.

**Clear Lake Regional Medical Center**

**01/16-06/16**

*Medical-Surgical/Oncology/Telemetry Nurse, RN, BSN*

* Documented patient health histories and performed physical exams and diagnostic tests
* Provided health promotion, counseling and education to patients and family members
* Administered medications, wound care, and numerous other personalized interventions to patients
* Interpreted patient information and made critical decisions about necessary actions
* Coordinated patient care, in collaboration with a wide array of healthcare professionals
* Directed and supervised patient care delivered by other healthcare personnel, including LVNs, nurse aides/nurse technicians, and administrative assistants
* Provided extensive patient education in support of improved practice and patient outcomes
* Treated medical emergencies, such as heart attacks, strokes, car accidents, stabbings, and gunshot wounds, in addition to caring for post-operative patients
* Performed a wide variety of patient care while utilizing sound clinical nursing judgments.

**West Oaks Psychiatric Hospital**

***01/15– 08/15***
*Psych Registered Nurse RN, BSN*

* Assisted with the development of treatment plans to provide care and support for patients with mental disabilities
* Collaborated with physicians, social workers and therapists to care for individual patients
* Assessed patient problems and discussed most therapeutic way to deliver care
* Built relationships with patients while encouraging trust; responded to distressed patients in a non-threatening manner while attempting to understand the source of the problem
* Provided EVB individual therapy such as cognitive behavioral therapy for depression and anxiety
* Provided support to family members of patients by educating them on mental health issues.

**Memorial Hermann Orthopedic & Spine Hospital (Formerly Houston Orthopedic & Spine Hospital)**

***02/15 – 11/15***

**Houston Methodist Hospital, Texas Medical Center**

***07/14 – 02/15***
*Orthopedic/Medical-Surgical/Telemetry. Nurse, RN, BSN*

* Performed focused assessments in critical situations; administered medications as ordered
* Conducted patient exams and generated patient care plans; including comprehensive assessments, interventions, nursing diagnoses, and evaluations of outcomes
* Cared for patients with a variety of diagnoses including CHF, cancer, asthma, COPD, angina, MI, liver and kidney failures, trauma, heart failure, and MVA
* Created care plans post-surgery; monitored surgical sites, and reported potential adverse reactions
* Ensured patients were hemodynamically stable by implementing fall prevention techniques
* Provided emotional & physical support to patients; repositioned patients, among other duties
* Provided extensive instructions on fall and infection prevention, with conditions such as joint replacement, OA, bone fractures, including administering vaccinations to clients
* Provided instructions on adopting healthy life styles; educated patients on a variety of health topics such as DM, wound care, hypertension, diet modifications, medication compliance, smoking cessation, exercise, personal hygiene, disease awareness and various levels of prevention
* Educated patients on effective utilization of non-pharmacological pain management modality and body mechanics while assisting with ADLs
* Assisted physicians with the casting of fractured limbs in ER.

**Christus St. Catherine Hospital *12/10-01/11***

*Rehabilitative Assistant/Volunteer*

* Assisted nurses, occupational and physical therapists in ambulating patients
* Assisted in providing emotional, intellectual, and psychological support to patients
* Observed and assisted rehabilitation coordinator in developing treatment plans for patients
* Assisted in treatment plans, such as pain relief using massage, heat and cold modality
* Performed rehabilitative exercises, such as SLR, resisted knee flexion, and ankle pumps
* Trained patients on fall prevention; assisted with donning and doffing of prostheses/braces
* Assisted with gait training, including use of adaptive devices; namely crutches, cane, & walkers.

**Certifications**

Certified PMHNP - BC ANCC

ACLS, BLS, & Crisis Prevention Intervention (CPI)

**Organizational Experience/Awards**

Redeemed Christian Church of God, Christ Chapel – Youth Minister, 2011 – Present

Recipient, John P. McGovern Foundation Scholarship, UTHSC at Houston (TX Med. Center), 2016

Recipient, Farr & Annie Schmiedeberg Scholarships, Univ. of TX – Med. Branch, Galveston, 2013 & 2014

Recipient, USDOJ, Federal Bureau of Investigation/Marketing and Recruitment Program Award (12/04)

Founder, African Students Association, 01/99; Intercollegiate Athlete/Soccer Player – 1997/1998.