

Stephanie Clovinson, MSN, NP-C

NURSE PRACTITIONER



EDUCATION

Masters In Nursing
University of South Florida
2018

Bachelors In Nursing
Bethune-Cookman University
2013

Associates of Arts
Brevard Community College
2011

LICENSURE & CERTIFICATIONS

Advanced Registered
Nurse Practitioner
Florida, NC, & VA

ACLS
Advanced Cardiac Life
Support
5/2021

BLS
Basic Life Support
5/2021

PALS
Pediatric Advanced Life
Support
5/2021

PROFESSIONAL PROFILE

- Board Certified Nurse Practitioner with over 10 years of experience in the healthcare industry.
- Patient care education with clinical management experience.
- Expertise in interpreting and appropriately diagnosing various health conditions to provide tailored treatment plans for patients
- Committed to providing culturally competent care to patients of all age groups and demographics

EXPERIENCE

Director of Medical Services Active Lifestyle Medical VA, 2/2020-present

- Direct supervision to chiropractors, coaches, and various medical staff
- Manage care of all medical patients seen in the office
- Order and administer human tissue products for regenerative medical purposes
- Order appropriate diagnostic and DME for orthopedic/spine patients
- Administer ultrasound-guided trigger point and joint injections
- Administer occipital and sphenopalatine ganglion nerve root blocks

Nurse Practitioner Ideal Image Asheville, NC 7/2019-2/2020

- Consulted with patients and carrying out various treatments which include Botox/ Dysport, laser hair removal, tattoo removal (PicoSure), Dermal/Lip Fillers (Allergan), Coolsculpting, Ultherapy, BBL, etc.
- Provided discharge care and post treatment advice.
- Ensured effective running and development of the clinic.
- Maintained and updated patient records and provided administrative assistance.
- Identified cross selling opportunities and promoted products.

Nurse Practitioner Florida Orthopaedic Institute Tampa, FL 5/2018-7/2019

- Obtain health histories and perform neurological assessments
- Identify spinal disorders on MRI, CT scan, and x-rays
- Initiated and conducted weekly FORTEO classes
- Assess and manage pre and post-operative surgical patients including hospital rounds
- Conduct referrals to other specialists or interdisciplinary team members
- Aid as first assistant in operating room under direction of surgeon
- Supported physicians with follow up visits, and triaged patients who may be procedural candidates for interventional pain and spine surgery

PROFESSIONAL MEMBERSHIPS

American Association of Nurse Practitioners
Since 2017

Sigma Nu Theta,
Incorporation
National Honor Society of Nursing
Since 2014

AREAS OF EXPERTISE

- Suturing
- Splinting
- Spinal Disorders
- Wound Closure
- Epic, Cerner, & Meditrax, Office Ally EMR systems
- Joint Injections
- Trigger Point Injections
- Migraine Management

- Prescribed, managed, and adjusted pain medication regimens, including Opioid and adjuvant therapies in accordance with sound working knowledge of legislation and pharmacology

Registered Nurse Advent Health Tampa, FL 1/2013-5/2018

- Acute patient care in medical surgical, Ortho, ER, PCU, ICU, and PACU
- Acted as charge nurse on rotating basis; supervising 5-6 RN's & up to 15 patients
- Provided comprehensive medical and emotional support to critically ill patients with various diagnoses
- Explain medical procedures, treatments, disease processes to patients. Ensure 2 way communications with physicians regarding patients' status. Interpret test results

Patient Care Tech Florida Hospital Palm Coast, FL 3/2009-4/2013

- Performs other duties such as errands, relieving other units, bringing stretchers and assisting other members of the health team, as directed
- Performs EKG and applies cardiac leads
- Performs venous phlebotomy
- Performs control testing and records urine dipstick results per unit policy
- Assists with removal and security of patient personal items as indicated on pre-op checklist

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NURSE PRACTITIONER



Reston, VA

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PROFESSIONAL REFERENCES

Stacy Williamson
Nurse Practitioner
Advent Health Tampa, Florida
813-507-8700

Charles Proconiar
Nurse Practitioner
Florida Orthopaedic Institute Tampa, FL
813-598-8189

John Small
Medical Doctor
Florida Orthopaedic Institute Tampa, FL
813-978-9700

Ryan Prioleu
Speech Language Pathologist
Reston Hospital
305-801-8178

Janie Paige
Clinical Supervisor/Operating Room Manager
Advent Health
813-558-8080

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Family Nurse Practitioner
Patel Medical
407-267-4490

Dr. Debarun Borthakur
Chiropractor
Active Lifestyle Medical
703-444-4141