# Sophie F. Jackson

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#### **PROFESSIONAL SUMMARY**

Warm, compassionate midwifery graduate dedicated to promoting positive, accessible sexual and reproductive healthcare experiences. Committed to supporting evidence-based, individualized physiological birth in all birth spaces and bringing the midwifery model to the primary care needs of women across the lifespan.

# **EDUCATION**

Master of Nursing

# **Emory University | Nell Hodgson Woodruff School of Nursing**

Atlanta, GA

Master of Science in Nursing, Nurse Midwifery Specialty

December 2023

University of Massachusetts Amherst | Commonwealth Honors College

August 2022 Amherst, MA

Bachelor of Science in Psychology, Neuroscience Track, Summa Cum Laude

December 2020

#### **LICENSES**

Registered Nurse (RN) | Georgia Secretary of State & eNLC: RN315147

Expiration: January 2025

Certified Nurse Midwife (CNM) | American Midwifery Certification Board

Expiration: December 2029

#### **CLINICAL EXPERIENCE**

Atlanta Birth Center Summer, Fall 2023

MSN – Nurse Midwifery Rotation, Full Scope (150 hours)

- Provided holistic, comprehensive care across the antepartum and postpartum period with educational emphasis on nutrition, mental health, and birth preparation.
- Counseled on individualized healthcare needs, preferences and optimal wellness during annual, family planning, and general gynecological visits.

# Northside Hospital – Atlanta

Summer, Fall 2023

MSN – Nurse Midwifery Rotation, Full Scope (430 hours)

- Oversaw 50+ active labors and inductions in a high volume hospital, and managed 35+ vaginal births in the hospitalist role.
- Established effective, person-centered care plans and swift rapport in a high risk urban population involving complications such as preeclampsia, gestational diabetes, cholestasis, amniotic fluid disorders, growth abnormalities, postpartum hemorrhage, and cord avulsion.

## **OB/GYN of North Atlanta**

Spring, Fall 2023

MSN – Nurse Midwifery Rotation, Antepartum (160 hours)

- Provided collaborative prenatal and gynecological care in medically complex cases including multiple pregnancy, growth disorders, metabolic, and autoimmune conditions.
- Performed well-person procedures including papanicolaou smear, STI testing, IUD removal, and bio-identical hormonal pellet therapy placement for patients across the lifecycle.

#### Northside Hospital - Forsyth

Fall 2022

MSN – Extended Role Transition, Labor & Delivery (60 hours)

• Co-managed 2-3 laboring patients per shift on a 12-bed L&D unit as an RN, collaborating with midwives and physicians in inductions, antepartum care plan execution, and vaginal deliveries.

#### Northside Hospital - Cherokee

Summer 2022

MN – Transition to Nursing Practice, Labor & Delivery (132 hours)

• Assisted RN delivery of high-quality care on 13-bed L&D unit with 1-3 laboring patients per shift, serving a rural, underserved population.

# **PROFESSIONAL EXPERIENCE**

## Women's Health Registered Nurse

Atlanta, GA

Atlanta Comprehensive Wellness Clinic

May 2023 - Present

- Deliver trauma-informed pre-operative and post-operative care, counseling, and support during early first trimester surgical and medical abortions.
- Employ strong assessment and critical thinking skills in the safe management of care plan execution and acute clinical circumstances.

#### **Program Coordinator**

Decatur, GA

Emory Decatur Labor Support Volunteers (EDLSV)

October 2021 - July 2023

- Collaborated with the interdisciplinary team to support positive physiological birth experiences through non-pharmacological comfort measures and patient advocacy.
- Directed labor support training development, scheduling, and correspondence with volunteers from numerous universities and members of the Atlanta community.

# **Independent Care Provider**

Amherst, MA

April 2020 – April 2021

Personal Care Assistant

**Research Assistant** 

Provided support and physical assistance in performing activities of daily living.
Ensured consistent personal comfort by fostering a compassionate client relationship.

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Amherst, MA May 2017 – May 2020

Moorman Behavioral Neuroscience Lab

- Conducted an independent honors thesis involving intracranial surgical technique.
- Compiled comprehensive records of procedural data and trained new research assistants.

## **CERTIFICATIONS & TRAININGS**

JADA Training, Organon Acquired: November 2023 Neonatal Resuscitation Program, American Academy of Pediatrics Acquired: June 2023 Basic Life Support (BLS) Provider, American Heart Association Expiration: April 2023 Intermittent Fetal Monitoring Course Certification, AWOHNN Acquired: March 2023 Nexplanon Training, Organon Acquired: December 2022 Paragard Training Certification, VirtaMed Acquired: December 2022 Advanced Lactation & Breastfeeding Management Course, Emory University Completed: December 2022 Birth Doula Workshop, Warm Welcome Birth Services Completed: February 2020

# **SKILLS**

- Contraceptive counseling
- Reproductive health counseling
- Menopause education
- Antenatal & postnatal care
- Birth plan development
- Breastfeeding support

• Cerner EHR: Proficient

• MEDITECH EHR: Proficient

• Microsoft Suite: Proficient

#### REFERENCES

#### Nikki Robinson, CNM, MSN

Hospitalist Nurse Midwife at Northside Atlanta Hospital

Phone: (423) 231-3824 Email: j.nicole007@gmail.com **Wendy Gibbons**, CNM, MSN, DNP

Certified Nurse Midwife at OBGYN of North Atlanta, Sr. Midwifery Instructor

Phone: (404) 435-6357 Email: wgibbon@emory.edu **Kate Woeber,** CNM, MSN

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