BECKY ELDER, CRNP, MN, RN

Curriculum Vitae

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**Professional Profile**

* Enthusiastic and compassionate family nurse practitioner with strong academic training and many years of experience
* Exceptional clinical skills with a commitment to providing a holistic approach to treatment
* Firm commitment to follow evidence-based guidelines to ensure the highest quality care
* Broad range of clinical experience including women’s health, occupational, travel medicine, and family medicine

**Professional Licensure and Certification**

Board Certified Family Nurse Practitioner, American Academy of Nurse Practitioners

(AANP):  F1199202 – Current

Advanced Registered Nurse Practitioner License (ARNP), Idaho:  NP-459A – Current

Licensed Professional Registered Nurse (RN), Idaho:  N-29146 - Current

Idaho State Board of Pharmacy Controlled Substance Certificate: CS8489 - Current

Drug Enforcement Administration (DEA) Controlled Substances II-VI

Registration Certificate – Current

Completed Colposcopy Mentorship Program, ASCCP 2019 Certified

Completed Label Update Training for Nexplanon, 2019, Original certification 2014

**Academic and Professional Preparation**

Washington State University/Whitworth College

Masters of Nursing, Family Nurse Practitioner Program, with Honors

Spokane, Washington

Montana State University

Bachelor of Science in Nursing, Cum Laude

Bozeman, Montana

**Professional Nurse Practitioner Experience**

Saint Alphonsus OBGYN Mulvaney Clinic December 2022-Present

Family Nurse Practitioner

Boise, Idaho

* Evaluation, diagnosis, treatment, and management of gynecology concerns for women

across their lifespan

* Providing preventative education and wellness exams for women of all ages
* Colposcopy certified (ASCCP 2019) & Fellow of the International Society for the study of Women’s Sexual Health (ISSWSH) 2021

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**Professional Nurse Practitioner Experience (continued)**

Planned Parenthood of the Great Northwest March 2022- December 2022

Family Nurse Practitioner

Boise & Meridian, Idaho

* Evaluation, diagnosis, treatment, and management of reproductive health concerns for men and women as well as sexual health concerns
* Evaluation and management of Gender Affirming Health Care and common gynecologic conditions
* Providing preventative education and wellness exams to males and females, empowering patients with the knowledge to make improvements to their overall health

St. Luke’s Health System; The Woman’s Clinic

Family Nurse Practitioner April 2014 to July 2021

Boise/Meridian, Idaho

* Provided all aspects of gynecology care to women across their lifespan and became colposcopy certified in 2019 (ASCCP), Endometrial and vulvar biopsy proficient
* Evaluation and management of common vulvar dermatology conditions, menopause, mental wellness, hyperlipidemia, hypertension, and thyroid disease
* Appointed Affiliate Faculty for Precepting Nurse Practitioner Students, Idaho State University College of Nursing

St. Luke’s Health System; Occupational Health and Travel Medicine

Family Nurse Practitioner November 2010 to April 2014

Boise, Idaho

* Provided pre-travel counseling including immunizations and prescriptions for pediatrics and adults traveling internationally
* Diagnosis and treatment of musculoskeletal injuries experienced on the job
* NP consultant at DIRECTV regarding common health concerns, ADA, and FMLA for their employees

**Professional Activities**

**Local**

* Member, Nurse Practitioners of Idaho (NPI), 2010 – Present
* Preceptor, Advanced Practice Nurse Practitioner Students, 2010-2021, Idaho State University, Gonzaga University & other University programs
* Conference Chair, Nurse Practitioner Leadership Conference, Boise, ID, February 26-27th, 2016
* Scholarship Committee Chair, Nurse Practitioners of Idaho, 2012-2016; member 2010-2018
* Member, Nurse Leaders of Idaho, 2013

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**Professional Activities**

**National**

* Member, Nurse Practitioners in Women’s Health (NPWH) 2021-Present
* Member, International Society for the Study of Women’s Sexual Health (ISSWSH), 2018-Present
* Member, International Society for the Study of Vulvovaginal Disease (ISSVD), North American Chapter, 2018-Present
* Member, The North American Menopause Society (NAMS), 2017-2021
* Member, American Society for Colposcopy & Cervical Pathology (ASCCP) 2017-2021
* Member, National Association for Medical Assistance to Travelers, 2010-2014
* Member, American Academy of Nurse Practitioners (AANP), 2010–Present

**Professional Presentations**

* Advocating for global access to vaccines with the Idaho congressional delegation and their staff for the Shot at Life Campaign 2015-Current, Biannually
* Shot at Life Presentation to Nurse Practitioners of Idaho, Fall Conference 2019, Advocating for vaccines for children around the globe under the age of 5
* “Tar Wars” Tobacco Prevention Education, Riverside Elementary 5th graders 2010-2017
* Professional Career presentation regarding choosing to be a Nurse Practitioner as a career, and specifics about medical mission experience in Guatemala; Riverside Elementary, 2011
* Migraine Update, Boise State University Health Services colleagues, 2010

**Health-Related Community Activities**

* Shot At Life Champion Leader for the State of Idaho, 2017-Present
* Service-Learning Trip, Shot at Life Team with United Nations Foundation, Entebbe, Uganda August 2018
* Volunteer Family Nurse Practitioner, Hearts in Motion Medical Mission, Zacapa, Guatemala, 2019, 2018, 2015, 2014, 2011
* Volunteer Family Nurse Practitioner, Hearts In Motion Medical Mission, Iquitos, Peru; April 2013
* Volunteer Chair for Riverside Elementary Helping Hands Committee, raising money and collecting food donations for local needy families, 2012
* Volunteer Chair for Riverside Elementary Community Cares Committee, raising money for a local non-profit; Organization Assisting The Homeless Student (OATHS), 2011
* Volunteer Family Nurse Practitioner, Hearts In Motion Medical Mission, Colon, Panama; September 2011
* Volunteer, Idaho Food Bank, 2010, 2014-2018

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**Honors and Awards**

* Exemplary Professional Practice-APRN, St. Luke’s Health System, 2018
* Scholarship Recipient, Benjamin H. Josephson Fund, Volunteer Medical Mission, 2013
* Scholarship Recipient, One Nurse At A Time, Volunteer Medical Mission, 2011

**Publications**

* Elder, B. M. (April 2019). Shot at Life, Member Spotlight, AANP News
* Elder, B. M. (March 2012).  Go, Explore, Give Back: Volunteer On A Medical Mission. Nurse Practitioners of Idaho Newsletter.
* Elder, B. M. (September/October 2011).  Hearts In Motion in Guatemala.  Nurse Practitioner World News, 16(9/10): 8-10.
* Elder, B. M. (March 2011).  Hearts In Motion In Guatemala:  A tale of my first medical mission, Nurse Practitioners of Idaho Newsletter 2(1): 4,7,10.

**Continuing Education**

**2023**

* Screening, Assessment, and Treatment Initiation of Substance Use Disorder, April 25, 2023, 1.0 contact hour
* Treatment of Tobacco Use Disorder in Primary Care, American Academy of Addiction Psychiatry, April 18, 2023, 1.0 contact hours
* Treating Pregnancy People for Opioid Use Disorder: Clinic challenges, American Academy of Addiction Psychiatry, April 17, 2023 1.25 contact hours
* Modules 1-4: Substance Use Disorders, American Association of Nurse Practitioners (AANP) April 16 & 17 , 2023, 2 contact hours
* Addiction Medicine Training Module, Center for Disease Control and Prevention (CDC) April 15, 2023, AMA PRA Category 1 credit
* Boise-2023 Spring Symposium, Conducting and Utilizing Risk Assessments to Improve Patience Care, April 12, 2023, 1 contact hour
* Boise-2023 Spring Symposium, Navigating Decisions in GERD management, April 11, 2023, 1 contact hour

**2022**

* Syphilis Update, American Nurses Credentialing Center (ANCC), June 16, 2022, 1.0 contact hour
* Early Pregnancy Care, American Nurses Credentialing Center (ANCC), June 9, 2022, 1.5 contact hours
* Pre-Exposure Prophylaxis Care, American Nurses Credentialing Center (ANCC), June 9, 2022, 0.25 contact hours

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**Continuing Education**

**2022 Continued**

* Preceptor Training course, American Nurses Credentialing Center (ANCC), June 9, 2022, 0.5 contact hours
* Screening, Brief Intervention, and Referral to Treatment (SBIRT) Course and Medication Practices, American Nurses Credentialing Center (ANCC), April 4, 2022, 2.5 contact hours
* Working with Intrauterine Contraception, and Complications and Challenges of IUC Placement and Removal, April 2, 2022, Accreditation Council for Continuing Medical Education, 3.75 contact hours
* Clinical Breast Exam Technique, Documentation & Exam, April 2, 2022, 0.25 contact hours
* Working with Transgender and Nonbinary Adults, American Nurses Credentialing Center (ANCC), March 30, 2022, 2.75 contact hours
* An Introduction to Gender Affirming Hormone Therapy for Transgender and Gender-Nonbinary Patients, The Nurse Practitioner, March 12, 2022, 2.5 contact hours
* Shot At Life Champion Summit, February 24, 2022, 8 contact hours
* Fellow, International Society for the Study of Women’s Sexual Health (ISSWSH), February 2022

**2021**

* International Society for the Study of Women’s Sexual Health (ISSWSH)Fall course, October 2021, 19 hours CME
* International Society for the Study of Women’s Sexual Health (ISSWSH) 2021 Annual Meeting, March 2021, 19 hours CME

**2020**

* Idaho State University College of Nursing Preceptor, 148 hours, Fall 2020
* University of Cincinnati Preceptor, 63 hours, Summer 2020
* Gonzaga University Master of Science in Nursing Program Preceptor, 60 hours, Spring 2020
* St. Luke’s Your Common Sleep Medicine for the Primary Care Provider Lecture, February 2020, 1.0 Credit
* St. Luke’s Specialty Medicine for the Primary Care Provider Lecture, February 2020, 1.0 credit
* St. Luke’s Grand Rounds, January 2020

**2019**

* International Society for the Study of Vulvovaginal Disease (ISSVD), The American College of Obstetricians and Gynecologist (ACOG) December 2019, 7.5 AMA PRA Category 1.0 Credits
* Idaho WWAMI Preceptor Development Workshop: Educating in the Clinical Environment, October 2019, 4.0 credits
* Shot at Life Leadership Summit, Washington DC, United Nations Foundation, October 2019
* Idaho Immunization Summit, Idaho Immunization Coalition, September 2019, 6.6 contact hours
* 2019 Women’s Sexual Health Course for NP’s, The National Association of Nurse Practitioners in Women’s Health, May 2019, Orlando, Florida, 19.75 contact hours, 3.3 Pharmacology hours
* Idaho Immunization Program, Shot Smarts 2019 Immunization Conference, April 2019, 5.3 contact hours
* Colposcopy Mentorship Program with completed Certification, February 2019, Dr. Kerry Lowder, St. Luke’s The Woman’s Clinic
* Nurse Practitioner of Idaho Conference, October 18-19, 2019, General Medical Care
* Shot at Life Champion Summit, Washington DC, United Nations Foundation, February 2019

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**Continuing Education**

**2019 Continued**

* Nexplanon Updated Training Module Completion, February 2019

**2018**

* ASCCP Lichen Sclerosus and Lichen Simplex Chronicus (On-Demand), October 24, 2018, 1.0 AMA PRA Category 1 Credit
* North American Menopause Society 2018 NAMS Annual Meeting, October 2018, 21 AMA PRA Category 1 Credit; 8.5 Pharmacology credits, San Diego, CA
* Idaho Immunization Summit 2018, October 2018, 5.25 contact hours, Boise, ID
* 3rd Annual Idaho ACNM Affiliate-sponsored Women’s Health Conference, September 2018, 11 contact hours, 3.75 pharmacology hours, Boise, ID
* Shot at Life Champion Summit, Washington DC, United Nations Foundation, February 2018

**2017**

* ASCCP Comprehensive Training and Certification Colposcopy Course, July 26-29, 2017, 21.75 AMA PRA Category 1 credit; San Diego, CA
* ACNM Women’s Health Conference, April 29-30, 2017; 6 contact hours including 4

pharmacology hours, Boise, ID

* Menopause Practice: A Clinician’s Guide, 5th Edition, March 2017, 26.0 AMA PRA Category 1 Credit; 11.5 hours of pharmacotherapeutic education
* St. Luke’s Specialty Medicine for the Primary Care Provider Lecture Series, February 2017, Boise, ID; 2.0 AMA PRA Category 1 Credit
* Shot at Life Champion Summit, Washington DC, United Nations Foundation, February 2017
* 2017 HPV Vaccination Summit, St Luke’s Anderson Center, February 2, 2017, Boise, ID

References Available Upon Request