

# AHMED MOHAMED AHMED

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## INTERNAL MEDICINE HOSPITALIST

ACUTE CARE MANAGEMENT | PATIENT ADVOCACY | COLLABORATIVE DIVERSITY

Driven and accomplished internal medicine physician with a stellar record in medical practice and patient care. Committed to providing compassionate, evidence-based services, leveraging valuable experience in diverse clinical settings, from esteemed academic institutions to underserved communities. Demonstrated exceptional clinical skills, leadership abilities, and a passion for continuous learning and commitment to patient well-being remains unwavering. With extensive expertise, thrived in dynamic healthcare environments, collaborating effectively with multidisciplinary teams. My dedication to excellence drives me to contribute significantly to medical research and publications, advancing the field. Aspire to make a lasting impact on the healthcare community while fostering a compassionate and holistic approach to medicine.

### Core Competencies:

Internal Medicine | Infectious Diseases | Patient Care | Emergency Response | Procedure Skills | Diagnostic Interpretation  
Treatment Planning | Scholarly Activities | Medical Relief Missions | Clinical Education | Quality Improvement | Group Facilitation  
NGO Management | Research Methodology | Arabic Translation | Cultural Competence

## KEY HIGHLIGHTS

- Equipped with extensive medical knowledge and experience, including internal medicine and infectious disease specialization. Proficient in patient history-taking, physical examinations, and formulating treatment plans according to guidelines.
- Demonstrated strong leadership abilities in managing emergent and urgent situations discreetly and effectively, led medical teams during critical medical emergencies, such as Code Blue and Rapid Response situations.
- Adept at analyzing diagnostic tests and images, utilizing problem-solving skills to assess complex medical cases, and making informed decisions regarding patient care.
- Fluent in English, both spoken and written, enabling seamless communication with patients and colleagues. Additionally, bilingual proficiency in Arabic facilitates effective communication with Arabic-speaking patients and multicultural environments.
- An active member of prestigious medical associations, including the American College of Physicians, the Infectious Disease Society of America (IDSA), and the Sudanese American Medical Association (SAMA), showcasing my commitment to professional growth and networking within the medical community.
- Engaged in extensive volunteer work, providing medical aid to underserved areas and disaster-stricken communities. I am also experienced in coordinating medical relief missions and facilitating focused group discussions for qualitative research.

## PROFESSIONAL EXPERIENCES

### INTERNAL MEDICINE RESIDENCY, COLUMBIA UNIVERSITY | AUGUST 2021 – PRESENT HARLEM HOSPITAL CENTER - MANHATTAN, NY

- Contributed to patient care by conducting comprehensive patient history-taking and performing thorough physical examinations, guaranteeing accurate and comprehensive assessment of each individual's condition.
- Utilized strong clinical judgment and expertise to order essential labs, imaging studies, and procedures, facilitating prompt and accurate diagnoses and treatment plans for patients.
- Developed effective treatment plans in adherence to established guidelines, leveraging extensive medical knowledge and experience, thus securing optimal patient outcomes and continuity of care.
- Engaged in collaborative case discussions with senior residents and attending physicians, actively contributing to the exchange of ideas, enhancing diagnostic accuracy, and refining treatment strategies.
- Demonstrated proficiency in navigating electronic medical records, reviewing patients' charts, and editing clinical notes, ensuring accurate documentation and facilitating seamless continuity of care within a dynamic healthcare environment.

### POSTDOCTORAL FELLOW | JULY 2019 - JUNE 2021 EAST TENNESSEE STATE UNIVERSITY - JOHNSON CITY, TN

- Spearheaded the evaluation and management of patients with diverse and complex infectious diseases, encompassing both immunocompetent and immunocompromised individuals, across inpatient and outpatient settings.
- Demonstrated expertise and dedication by actively participating in various scholarly activities, including presenting and contributing to journal clubs, clinical case conferences, and research seminars, fostering a vibrant academic environment.
- Played a pivotal role in medical education by assisting in the teaching and instruction of medical students and internal medicine residents, collaborating closely with esteemed professors to enhance the learning experience.
- Effectively bridged clinical practice with academic pursuits, showcasing a commitment to advancing knowledge and patient care through research-driven contributions and interdisciplinary collaborations.

### INTERNAL MEDICINE RESIDENCY (PRELIMINARY YEAR) | JULY 2016 - JUNE 2017 BEAUMONT HOSPITAL- DEARBORN

- Demonstrated excellence in patient care through meticulous patient history-taking and comprehensive physical examinations during the internship year.

- Showcased a commitment to evidence-based medicine by formulating treatment plans in adherence to established guidelines, optimizing patient outcomes, and promoting continuity of care.
- Actively engaged in a dynamic learning environment, collaborating with senior residents and attending physicians to present and discuss cases, contributing to valuable insights and refining clinical expertise.

**CLINICAL EXTERNSHIP | AUGUST 2015 - APRIL 2016**  
**HEART AND VASCULAR INSTITUTE**

- Engaged in a highly enriching clinical externship at the prestigious Heart and Vascular Institute, specializing in cardiology, where I actively contributed to patient care by conducting comprehensive patient history-taking and performing meticulous physical examinations.
- Collaborated closely with attending physicians, actively participating in case presentations and discussions, leveraging the opportunity to enhance my clinical knowledge and refine diagnostic skills in the dynamic field of cardiology.
- Demonstrated proficiency in navigating the "Care cloud" electronic medical record system, reviewing patient charts, including images and various investigations, and ensuring accurate and comprehensive patient notes, contributing to seamless continuity of care within a technologically advanced healthcare environment.
- Sought continuous learning and professional growth by attending lectures and tutorials, augmenting my knowledge base in the intricacies of cardiology, and staying abreast of the latest advancements and best practices in the field.

**VOLUNTEER MARCH 2015 - JULY 2015**  
**UNIVERSITY OF MEDICAL SCIENCES AND TECHNOLOGY - SINNAR, DOWEIM AND SHUTEEB SUDAN**

- Volunteered as a doctor in impactful medical convoys, conducted 2-3 times a year, dedicated to serving underserved communities in Sinnar, Doweim, and Shuteeb, Sudan.
- Played a vital role in a diverse team of medical professionals and students, orchestrating free short-term clinics at the heart of each village, ensuring essential medical care reached those in need.
- Demonstrated dedication to community healthcare by engaging students from various disciplines, including medical laboratory sciences, pharmacy, and dentistry, fostering interdisciplinary collaboration and holistic patient care.
- Contributed invaluable medical expertise and compassion during the volunteer period, leaving a lasting impact on the lives of those in underserved areas, and upholding the spirit of service and humanitarianism.

**MEDICAL OFFICER/INTERNAL MEDICINE | JULY 2010-APRIL 2014**  
**ACADEMY CHARITY TEACHING HOSPITAL (ACTH) - KHARTOUM, SUDAN**

- Gathered comprehensive medical histories and conducted physical examinations, ensuring accurate patient assessments as a Medical Officer/Internal Medicine at the esteemed Academy Charity Teaching Hospital (ACTH) in Khartoum, Sudan.
- Participated in bedside rounds alongside cardiologists and cardiology fellows, contributing to the multidisciplinary approach in patient care, and enriching my knowledge in the field of cardiology.
- Demonstrated clinical acumen by admitting patients and promptly ordering basic diagnostic tests, facilitating timely and accurate diagnoses to inform appropriate treatment plans.
- Analyzed diagnostic tests and images, guiding precise decision-making and administering appropriate medications.
- Provided vital patient education, offering valuable advice on diet and effective disease prevention measures, empowering patients to take charge of their health and well-being.

**FACILITATOR | MARCH 2013 - APRIL 2014**  
**FOCUSED GROUP DISCUSSIONS**

- Facilitated multiple focused group discussions, skillfully guiding interviews with study participants to delve into their ideas and experiences, thus collecting valuable qualitative research data.
- Demonstrated adeptness in moderating group discussions, fostering an engaging and open environment for participants to share insights, and contributing to the successful acquisition of qualitative **research** data.
- Played a pivotal role in data collection by conducting in-depth interviews with participants, ensuring comprehensive exploration of topics, and capturing diverse perspectives for research analysis.
- Leveraged strong communication and interpersonal skills to elicit meaningful responses from study participants, enhancing the richness and depth of qualitative data gathered during the research process.

**VOLUNTEER DOCTOR | JANUARY 2012 - MARCH 2014**  
**SADAGAAT GROUP, SUDAN**

- Facilitated multiple focused group discussions, skillfully guiding interviews with study participants to delve into their ideas and experiences, thus collecting valuable qualitative research data.
- Demonstrated adeptness in moderating group discussions, fostering an engaging and open environment for participants to share insights, and contributing to the successful acquisition of qualitative research data.
- Played a pivotal role in data collection by conducting in-depth interviews with participants, ensuring comprehensive exploration of topics, and capturing diverse perspectives for research analysis.
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**VOLUNTEERED PHYSICIAN | SEPTEMBER 2010 - JULY 2013**  
**UNIVERSITY OF MEDICAL SCIENCES AND TECHNOLOGY**

- Volunteered as a physician in medical expeditions, providing full-scale healthcare to rural villages in Sudan alongside doctors,

- Played a pivotal role in coordinating and delivering comprehensive healthcare, leaving a lasting impact on the lives of those in need during 2 to 3 expeditions each year.

**EXAMINATIONS (OSCES) COORDINATOR | SEPTEMBER 2009 - JULY 2013**  
**UNIVERSITY OF MEDICAL SCIENCES AND TECHNOLOGY - KHARTOUM SUDAN, CLINICAL**

- Coordinated Objective Structured Clinical Examinations (OSCEs) for 4th and 5th-year medical students at the University of Medical Sciences and Technology, Khartoum, Sudan, ensuring a seamless and well-organized examination process over two consecutive academic years.
- Played a key role in preparing and assigning examination station information, meticulously managing time, and the flow of students to optimize efficiency and maintain a smooth examination experience.
- Demonstrated exceptional attention to detail by checking the availability of instruments and necessary resources, guaranteeing the successful execution of OSCEs and contributing to the student's academic growth and success.

**INTERNSHIP | JUNE 2009 - MAY 2010**  
**ACADEMY CHARITY TEACHING HOSPITAL (ACTH), KHARTOUM, SUDAN**

- Engaged in a comprehensive internship at Academy Charity Teaching Hospital (ACTH) in Khartoum, Sudan, gaining experience across diverse practice settings, including inpatient, outpatient, and emergency care.
- Collaborated closely with attending hospitalists and fellows, actively participating in patient rounds, thus contributing to collaborative and interdisciplinary patient care.
- Pursued continuous learning by attending lectures, tutorials, and morning reports, bolstering medical knowledge and staying abreast of the latest advancements in the medical field.

**INPATIENT/OUTPATIENT DOCTOR MARCH 2010 - MAY 2010**  
**ACADEMY CHARITY TEACHING HOSPITAL, ACTH**

- Provided exemplary medical care in inpatient, outpatient, and emergency settings at Academy Charity Teaching Hospital.
- Established strong patient connections through open communication and diverse idea-sharing.
- Educated patients on diet and disease prevention while actively pursuing professional development.

**RESEARCHES AND PUBLICATIONS**

- *Peer Reviewed Journal Articles/Abstracts*
  - Lanier, C.G., Lewis, Stacey.A., Patel, Paras., Mohamed Ahmed, Ahmed. An unusual case of COVID-19 presenting as acute psychosis. case report. 2020, Aug; submitted(submitted): submitted. Cited in PubMed; PMID: submitted. Pub Status: Published.
  - Mohamed Ahmed, A.M., Patel, P., Sadiq-Ali, S., Lewis, P.O. Staphylococcus pseudintermedius as an Emerging Coagulase-positive Infection in Humans. case report. 2020, Aug; 00(10.1097/IPC.00000000): 00-00. Pub Status: Published.
  - Sherret, J., Gajjar, B., Ibrahim, L., Mohamed Ahmed, A.. Dolosigranulum pigrum: Predicting Severity of Infection. case report. 2020, Aug; 12(8): e9770. Cited in PubMed; PMID: 10.7759/cureus.9770. Pub Status: Published.

**EDUCATION**

**In service**

GPA: 68%, 81 percentile for PGYI)

**Diploma Management of Non-Governmental Organization**

University of Medical Sciences and Technology (Umst), Khartoum, Sudan

**DBRM | Diploma Biostatistics and Research Methodology**

University of Medical Sciences and Technology (Umst), Khartoum, Sudan

**MBBS | Bachelor of Medicine, Bachelor of Surgery**

University of Medical Sciences and Technology (Umst), Khartoum, Sudan

**CERTIFICATIONS**

**ECFMG Certification**

**Sudan Medical Council Permanent Registration**

Certification of full registration in Sudan Medical Council- Khartoum, Sudan

Certificate of internship – Khartoum, Sudan

**PROFESSIONAL AFFILIATIONS**

**AMERICAN COLLEGE OF PHYSICIANS (SINCE 2016)**

**INFECTIOUS DISEASE SOCIETY OF AMERICA (IDSA), 2021**

**SUDANESE AMERICAN MEDICAL ASSOCIATION (SAMA), 2018**

**INTERESTS**

I take great pleasure in engaging in soccer games and avidly following the English Premier League. Equally, I hold the time spent with my family and friends in high regard, cherishing the moments we share.