



# JASMINE MITCHUM

MSN,CNM,FNP

## PROFILE

Jasmine grew up in Nashville, Tn and attended the University of Tennessee Knoxville where she studied Nursing. After college, she joined the U.S. Army National Guard and until this day continues to serve her country as a Second Lieutenant in the US Army Reserve. Since college, she has also worked as a Labor and Delivery nurse and continued to work PRN while obtaining her Master's degree from Vanderbilt University. She found her passion for Women's health at an early age while watching the Baby Story on TLC. Her passion has since matured as she enjoys assisting mothers through one of the most important days of their lives and helping to advocate for the experience they desire as a Certified Nurse Midwife. Outside of school, work, and the military, Jasmine enjoys traveling, playing with her dog, Chanel, and spending time with family and friends.

## CONTACT

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## COMMUNITY INVOLVEMENT

Delta Sigma Theta Sorority, Inc.  
ACNM Midwives of Color  
Black Student Nurses Organization  
Dr. Betty Shabazz Delta Academy  
Delta GEMS  
Local Community Health Fairs

## EDUCATION

<b>Vanderbilt University</b> Focus in Midwifery & Family Nurse Practitioner Masters of Science in Nursing 3.5/4.0	<b>Aug 2017-May 2020</b>
<b>The University of Tennessee Knoxville</b> Bachelors of Science in Nursing 3.4/4.0 Research Presentation: "The Experience of Incarcerated Pregnant Women"	<b>Aug 2011- May 2015</b>

## MILITARY ACHIEVEMENT

<b>U.S. Army National Guard</b> <i>E-4 Specialist</i> MOS: 42A	<b>Dec 2015-Sep 2017</b>
<b>U.S. Army ROTC Program</b> <i>Cadet</i> Branch: Nurse Corps Reserve	<b>Sep 2017- Dec 2019</b>
<b>U.S. Army Reserve</b> <i>O-2 1st Lieutenant</i> AOC: 66H	<b>Dec 2019-Present</b>

## WORK EXPERIENCE

<b>OB Hospitalist Group: Fort Fierce, FL</b> <i>Certified Nurse Midwife</i> -Lawnwood Regional Medical Center • Intrapartum care and management of high risk patients. • First Assist C-sections	<b>Jan 2022-Present</b>
<b>Florida Community Health Centers, Inc: Port St. Lucie, FL</b> <i>Certified Nurse Midwife</i> -St. Lucie Medical Center • Proficiency in well woman gynecology, contraception, and treatment plans. • New Obstetrical work up, risk assessment and routine antenatal care • Co- manage with MFM high risk obstetrical conditions • Assist newborns earthside and manage intrapartum/postpartum care	<b>Jul 2020-Present</b>
<b>Vanderbilt University Medical Center: Nashville, TN</b> <i>Registered Nurse- NST Clinic</i> • Managed the NST schedule and consulted providers on nonreactive strips • Responded to patient messages and provider inboxes	<b>Mar 2020-Jul 2020</b>
<b>TriStar Horizon Medical Center: Dickson, TN</b> <i>Registered Nurse-LDRP</i> • Provide couplet care during PP period • Assist mothers with breastfeeding • Monitor PP bleeding and signs of PPD • Assess newborns vitals & care	<b>Feb 2018- May 2019</b>
<b>Tennova Healthcare: Clarksville, TN</b> <i>Registered Nurse- Labor &amp; Delivery</i> • Circulated in the OR and recovered C-section patients • Managed 1-2 labor patients by giving them holistic individualized care	<b>Jul 2016-Aug 2017</b>

## LICENSES/CERTIFICATIONS

- Certified Nurse Midwife- CNM06143
- Neonatal Resuscitation Program-5/2024
- Advanced Practice Nurse – APRN 11007171
- Basic Life Support- 6/2024

## MIDWIFERY EXPERIENCE- Professional Experience

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### Full Scope

#### *Florida Community Health Centers, Inc – Port St. Lucie, FL*

Grace Women's Healthcare is a FQHC practice that serves St. Lucie County and surrounding areas. Provide full scope OB/GYN care. See between 20-30 patients/day in clinic. Assess need for, order, obtain, and interpret appropriate lab tests. Deliver between 1-3 vaginal births/ 24hr shift. Co-manage high risk patients with MD. VBACs. First assist on C-sections. **Over 100 deliveries and counting.**

### Per Diem

#### *OB Hospitalist Group – Fort Pierce, FL*

OBHG is a hospitalist group that serves over 33 states. Provides 24-hour in-house hospital care including intrapartum and triage care. Manage high risk laboring patients alongside in-house OBGYN. Deliver between 1-4 vaginal births/ 24hr shift. Manage GDM, Gestational Hypertension and other pregnancy complications. VBACs. Twin Deliveries. First assist on C-sections. **Over 25 deliveries and counting.**

## MIDWIFERY EXPERIENCE-Clinical Rotations

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### Gynecology

#### *West End Women's Health Center - Nashville, TN*

West End Women's Health Clinic is a Vanderbilt Nurse-Midwifery practice located in Nashville, TN. Gynecologic care was provided to women which included preconception care, pelvic exams, birth control management, management of dysmenorrhea and other gynecological related issues.

### Primary Care

#### *Tennessee Healthcare Partners — Smyrna, TN*

Tennessee Healthcare Partners is an urban Primary Care office that serves the city of Smyrna, TN and surrounding areas. I experienced caring for a large population of military veterans, retirees, and people of the working class. I managed the care for those with acute and chronic illnesses in men, women, and the elderly. Some examples of the types of care I managed included (but was not limited to): Phentermine for those in the weight loss program, Type I and II Diabetes Mellitus, chronic hypertension, incision and drainage of abscesses, Asthma, COPD, rhinovirus, and influenza.

### Antepartum and Gynecology

#### *West End Women's Health Center & Vanderbilt Nurse-Midwives & Primary Care for Women at Melrose -Nashville, TN*

The Vanderbilt School of Nursing Faculty Practice Nurse-Midwives & Primary Care practitioners have 2 locations they serve in the Nashville, TN area. I traveled between the two locations providing gynecologic care to women from menarche to postmenopausal including Pap testing, speculum/pelvic exams, preconception care, birth control management and STD testing. I provided antepartum and postpartum care through new OB, return OB, and 6-week postpartum visits where I was able to provide a plethora of patient education. In this rotation I honed the following skills: NSTs, IUD insertions, Leopold maneuvers, fundal assessments, fetal doppler, membrane sweeps, and evaluating pregnancy related complications.

### Full Scope (Primary Focus: Intrapartum)

#### *Landstuhl Regional Medical Center — Landstuhl, Germany*

Landstuhl Regional Medical Center (LRMC) serves active duty military members as well as their spouses and their dependents. They also serve patients within the Europe and Africa regions through a Storknest program for women who live in remote areas who do not have obstetrical care available to them. At this site I became more familiar with navigating the military health care system and providing care to women whose lives included the extra emotional and physical stressors that the military and living out of the country can bring. The population I cared for ranged from young, healthy pregnancies to high risk pregnancies, postpartum complications, and co-managing multiple gestational pregnancies. I also gained experience in the role of the Midwife as the Surgical First Assistant during cesarean sections. My experiences at LRMC mostly included providing labor support, management of labor inductions, performing vaginal deliveries, postpartum rounding on women who have experience vaginal births, hydrotherapy, breastfeeding counseling and assisting, and performing newborn assessments. **23 total vaginal deliveries.**

## **Integration (Full Scope)**

### ***Regional One Health Medical Center — Memphis, TN***

Regional One Health Medical Center is a teaching hospital in a busy, urban setting and has a level III NICU onsite. There I will be working with Nurse-midwives to provide full-scope Midwifery care to women with various backgrounds and will fully function in the role of a Certified Nurse-Midwife under the supervision of CNMs. I will be working with a high volume of minority populations, teenagers, and women who are involved in substance abuse. I will be providing intrapartum care at the hospital, as well as antepartum and gynecological care in the clinic. **23 total vaginal deliveries.**

## **Additional Direct Patient Care**

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### **Blanchfield Army Medical Center — Fort Campbell, KY**

**160 Clinical Hours**

Blanchfield Army Medical Center (BACH)'s Women's Health Center serves active duty military members as well as their spouses and their dependents. I completed my Nurse Summer Training Program (NSTP) as a part of my commission in Army ROTC. I worked alongside the nurses on the Labor & Delivery Unit and shadowed providers in the Women's Health clinic. This experience helped prepare me for my antepartum and intrapartum midwifery rotation and allowed me to gain more women's health experience.