**2018-Current**

Department Chair for the AMG West Hospitalist group

-2023: Transfer Project-Kaizen project: Collaborating with Hospitalist at Christ on better transferring process for our Patients

-2023: Shifts Staffing Standards Optimization Team

-Scheduling staff/shift monitoring: created an Excel program to keep track of shifts and hospital counts for each Hospitalist

**2014-Current**

Hospitalist with Advocate Aurora Medical Group

Rush-Copley

Committee Involvements: Medical Information Committee (2014-2020), Medical Executive Member (2019-2020), Internal Medicine Committee, COVID Team (2020-2022)

Amita Health Mercy Medical Center

**2012-2013**

Chief of Internal Medicine

Organized schedules, Lectures, Problem solving, Executive Meetings

**2011-2013**

Cardiac Rehab

Monitored post CABG patients during Physical Therapy

**2010-2014**

Internal Medicine Resident

Ran Code Blues and Rapid Responses

Procedural exposure: Central Lines (with/without Ultrasound guidance), A-Lines, Dialysis Catheters, Intubations

**Education**

St. John Medical Center: Internal Medicine Residency Program 2014

Finishing Date: January 31, 2014

Off Cycle: 2 Pregnancies

Des Moines University-Doctorate of Osteopathic Medicine, 2010

University of Iowa- Bachelors of Science, Honors in Chemistry, December 2005

**2010-2006**

Clubs

Student Osteopathic Internal Medicine Association (SOIMA)

President 2007/2008

1st year liaison 2006/2007

Attended the ACF conference in Iowa City

International Medicine Club

Diwali—preformed a classical Indian dance

Student Osteopathic Surgery Association (SOSA)

American College of Osteopathic Family Physicians (ACOFP)

Student Osteopathic Medical Association (SOMA)

**2008-2009**

Volunteer

High School Physicals

**2007-2008**

Position of Leadership

Internal Medicine Club President

Organized Case studies

Physician Dinner Night: “Breaking Bread with Physicians”

Attended morning Case Presentations at Methodist Hospital for Internal Medicine

Attended ACP meeting held at Methodist Hospital

Presented a presentation on the activities and goals of the club

Community OMM night

Shadowing Opportunities

Dr. Irish from Methodist Hospital in Des Moines

Suited up for surgery

Assisted in an appendectomy/1st assist

Attended rounds and clinic duty

Teaching Assistant Positions

Osteopathic Manipulation TA

Help direct 1st year students on how to perform the proper techniques of OMM

Physical Diagnosis TA

Volunteer

Community OMM Night

High School Physicals

Des Moines University Applicants Interviewer

La Clinca

Chronic Care Program

**2006-2007**

Volunteer

Aurora Medical Center (WI)-ER

Aurora Medical Center-Surgical Desk

Des Moines University tour guide

CAP program

Educated high school children about diabetes and did organ demos

Senior Health Fair/Community OMM Night

OMM/ diabetes display

Lighthouse program

Talked with pregnant and teen mothers about self-image

Chronic Care

Spent a year with a chronically ill cancer patient

**Miscellaneous**

Hobbies: Cake Decorating, Reading