**2018-Current**

Department Chair for the AMG West Hospitalist group

-2023: Transfer Project-Kaizen project: Collaborating with Hospitalist at Christ on better transferring process for our Patients

-2023: Shifts Staffing Standards Optimization Team

-Scheduling staff/shift monitoring: created an Excel program to keep track of shifts and hospital counts for each Hospitalist

**2014-Current**

Hospitalist with Advocate Aurora Medical Group

 Rush-Copley

Committee Involvements: Medical Information Committee (2014-2020), Medical Executive Member (2019-2020), Internal Medicine Committee, COVID Team (2020-2022)

 Amita Health Mercy Medical Center

**2012-2013**

Chief of Internal Medicine

 Organized schedules, Lectures, Problem solving, Executive Meetings

**2011-2013**

Cardiac Rehab

 Monitored post CABG patients during Physical Therapy

**2010-2014**

Internal Medicine Resident

 Ran Code Blues and Rapid Responses

Procedural exposure: Central Lines (with/without Ultrasound guidance), A-Lines, Dialysis Catheters, Intubations

**Education**

St. John Medical Center: Internal Medicine Residency Program 2014

 Finishing Date: January 31, 2014

 Off Cycle: 2 Pregnancies

Des Moines University-Doctorate of Osteopathic Medicine, 2010

University of Iowa- Bachelors of Science, Honors in Chemistry, December 2005

**2010-2006**

Clubs

 Student Osteopathic Internal Medicine Association (SOIMA)

 President 2007/2008

 1st year liaison 2006/2007

 Attended the ACF conference in Iowa City

 International Medicine Club

 Diwali—preformed a classical Indian dance

 Student Osteopathic Surgery Association (SOSA)

 American College of Osteopathic Family Physicians (ACOFP)

Student Osteopathic Medical Association (SOMA)

**2008-2009**

Volunteer

 High School Physicals

**2007-2008**

Position of Leadership

Internal Medicine Club President

 Organized Case studies

 Physician Dinner Night: “Breaking Bread with Physicians”

 Attended morning Case Presentations at Methodist Hospital for Internal Medicine

 Attended ACP meeting held at Methodist Hospital

 Presented a presentation on the activities and goals of the club

 Community OMM night

Shadowing Opportunities

 Dr. Irish from Methodist Hospital in Des Moines

 Suited up for surgery

 Assisted in an appendectomy/1st assist

 Attended rounds and clinic duty

Teaching Assistant Positions

 Osteopathic Manipulation TA

 Help direct 1st year students on how to perform the proper techniques of OMM

 Physical Diagnosis TA

Volunteer

 Community OMM Night

 High School Physicals

 Des Moines University Applicants Interviewer

 La Clinca

Chronic Care Program

**2006-2007**

Volunteer

 Aurora Medical Center (WI)-ER

 Aurora Medical Center-Surgical Desk

 Des Moines University tour guide

 CAP program

 Educated high school children about diabetes and did organ demos

 Senior Health Fair/Community OMM Night

 OMM/ diabetes display

 Lighthouse program

 Talked with pregnant and teen mothers about self-image

Chronic Care

 Spent a year with a chronically ill cancer patient

**Miscellaneous**

Hobbies: Cake Decorating, Reading