**Name:**  **ADEBISI, Taiye (Esther)**

**Residential Address**: 15, Nzok Ugbizi Street,University View Estate, Lagos Business

School, Lagos State.

**Contact no**: 08069644758

**Email address**: [omisolaesthertaiwo@gmail.com](mailto:omisolaeathertaiwo@gmail.com)

**Gender:** Female

**Marital Status:** Married

**Summary**

I am a thoughtful, patient-centered clinical psychologist with eight years of experience in both clinical and non-clinical practice settings. Compassionately committed to working with patient suffering from a broad spectrum of mental health issues. Result oriented with multi-tasking ability and proactive response to emotional intense situations of individual patients, with experience in the application of psychological theoretical approaches in providing psychological evaluations, psychotherapeutic interventions and counseling.

**EDUCATION/ Qualification**

1. **Institution**: University of Ibadan, Nigeria

**Qualification**: Ph.D. in Clinical psychology (in-view) (**June, 2019 - till date)**

**Modules includes**

Fully Research (Quantitative and Intervention studies)

1. **Institution**: Obafemi Awolowo University Ile-Ife, Osun State Nigeria.

**Qualification:**  M.sc Clinical Psychology (**7th May,2014 to 15th Nov.2017)**

**Some of the Modules includes**

* General Psychopathology
* Health Psychology
* Gerontology
* Mental health and ill health in Adult and Childhood
* Neuro-psychopharmacology
* Diagnostic Test and Assessment
* Psychological Treatments and Rehabilitation
* Seminar in Developmental Psychology
* Professional issues in Clinical Psychology

1. **Institution**: Obafemi Awolowo University Ile-Ife, Osun State Nigeria.

**Qualification:** B.Sc. Psychology  **(2007 to 28th March 2011)**

**Some of the modules includes**

* Personality
* Physiological Psychology
* Psychology of Learning and motivation
* Cognitive Psychology
* Child development
* Psychology of Substance abuse
* Adolescents and Adulthood

**ADDITIONAL PROFESSIONAL QUALIFICATIONS**

* Cognitive Behavioural Therapy certificate (CBT)

**Institution**: Academy of Modern Applied Psychology/ Udemy **(16th July 2022)**

* Solution Based Counselling Practitioner certificate (Accredited) **30th, July, 2022**

**Institution**: The Priority Academy Limited / Udemy

* Full Accredited Certified Diploma course in relationship counselling

**Institution**: KEW Training Academy (Udemy) **30th ,July, 2022**

**MEMBERSHIP OF LEARN PROFESSIONAL SOCIETIES**

**Registered member:** Health and care Professional Council (HCPC)

**Full Member*:*** Nigerian Association of Clinical Psychology (NACP) Lagos Nigeria Chapter.

**Full Member*:*** Nigerian Association of Psychology (NAP) Lagos Nigeria Chapter.

**WORK EXPERIENCE**

**Organization:** 360 Psyche. The Smart Way to be better.

United estate, 4 Akpaka Francis, Eti-Osa, Lekki, Lagos  **(10 June, 2022 till date)**

**Position:** Clinical Psychologist

**Responsibilities includes:**

* I do provide psycho-therapeutic interventions for wide range of clients including adolescents and adults with mental health issues such as substance dependency, mood disorder, depressive patients, complex trauma, childhood trauma, relationship issues, anxiety disorder, OCD, Eating disorder, personality disorder, emotional regulation issues and more, both our local and international service users.
* I have provided various therapeutic services such as, but not limited to couple’s therapy, client centered, group therapy, Anger management, Assertive training, CBT, REBT and counseling sessions via virtual meeting and face to face session.
* I do conduct psychological assessments where and when necessary to patients.
* I do make sure patients’ information is well protected, putting into consideration high level of professionalism and confidentiality.
* I Supervised internship students under me.
* I conducted training to organizations on mental health issues and members of professional staffs in and outside of the organization.
* I do help in the assessment of prospective employee for recruitment into the organization.

1. **Organization:** Department of Psychology, Federal Neuro-Psychiatric Hospital, Yaba-Lagos **August ,2022-October ,2022**

**Position:** Clinical Practicum Training

Exposed to the following clinical experiences:

* Observation and use of psychological instrument for assessment
* Lecture presentation
* Consultant ward rounds
* Training on research
* Observation and handling of individual, child and adolescents, group, family psychotherapy.
* Training in professional ethics
* Handling over sessions, ward round and ward reviews.
* Training on use of psychological instruments, clinical interview and report writing

**Organization:** Pinnacle Medical Service Hospital,

27B Olabanji Olajide Street, Marwa bustop, 2nd roundabout, Lagos (**02 June 2020-May 2023)**

**Position**: EAP Psychologist (Employee’s assistance Program) and a Consultant

Psychologist

**Responsibilities:**

* I do provide psycho-therapeutic services to various employees and families of many local and international organizations
* I do psychological evaluation clinical history taking which includes exploring the following; family, personal, psychiatric, developmental, psycho-sexual, educational, occupational, forensic history and premorbid personality, conducting mental state examination which includes assessing the following; behaviour, appearance, thought content, mood and affect, memory, judgment, perception, orientation for time/place and person, speech and insight of clients
* I do provide various therapeutic services and counseling sessions via telephonic, virtual meeting or face to face and also do referral services, where and when necessary for both out and in-patients on area such as, mood disorder, stress related issue, substance dependency syndrome, trauma related issues, eating disorder, anxiety disorder, marital issues, inter-personal relationship related problems, addictions, depression, personality disorder, post-partum depression and many more.
* I do keep confidential records of clients by making sure folders are well handled with high level of professionalism and confidentiality
* I do conduct mental health trainings and seminars for staffs of international organizations
* I do write and send monthly newsletters on mental health issues to different organizations we provide our services to sensitize employees in that area.
* I provide psychological first-aid to patients

1. **Organization:** Drug Abuse Treatment Unit, Bowen Teaching **2015- 2016**.

Hospital, Ogbomosho, Oyo State.

**Position:** Clinical Psychologist (voluntary staff)

**Responsibilities:**

* Provision of necessary psychological assessment and psychosocial support for drug dependent patients
* Consultation for adults and adolescents with psychological related issues within the hospital
* Provision of motivational interview, psycho-education and cognitive behavioral therapy for drug dependent patients in the unit.
* Provision of face to face psycho-therapeutic intervention and psychological first aids where and when necessary to both staffs, and patients in the hospital

1. **Organization:** Drug Abuse Treatment Unit, Bowen Teaching **2016- 2020**.

Hospital, Ogbomosho, Oyo State.

**Position:** Consultant Clinical Psychologist (Contract staff)

**Responsibilities:**

* I conducted clinical observation, history taking and mental state examination for the drug patients in the rehabilitation unit.
* I conducted psychological assessment after two weeks of admission to ascertain client’s readiness to commit to treatment
* I use to develop treatment plans specific for each patient
* I do conduct motivational interviewing in the first two weeks of admission and further do conducts motivational interviewing for those assessed to have low level of motivation after two weeks of admission
* I conducted, assertive training, cognitive behavioural therapy, counseling on relapse prevention and anger management and many more to adolescent with comorbid symptoms of drug dependency
* I do conduct group therapy twice in a week throughout their stay in the rehabilitation unit
* I do make referral services to patients who needs other medical services such as medication
* On discharge, I do further counsel and psycho-educate on treatment compliance
* I do conduct a follow-ups session with other mental health worker on monthly bases for those discharged
* I provided psychotherapeutic services to patient who are referred from other unit in the hospital on account of mental health issues and make recommendations.

1. **Organization:** Mental Health Unit OAUTHC, Ile- Ife, Osun State and

The Mental Health Unit Wesley Guild Hospital, Ilesha, Osun State. **2015-2016**

**Position: Internship**

**Responsibilities:**

* I assessed patients using psychological tools
* I conducted clinical evaluation such as history taking, mental state examinations, make diagnosis and make recommendations.
* I developed treatment plans and made proper documentation,
* I give report of clinical interviews during ward round
* Handled therapy sessions under supervision

1. **Organization**: United Methodist High School, Iwo Osun State (NYSC).

**Position**: Teacher

**2012-2013**

**Responsibilities**:

* I taught Basic science and Agricultural science at the Junior Secondary School. (JSS 1 and 3).
* I prepared lesson note for two subjects
* I graded scripts

1. **Organization**: Ministry of Social Welfare and Development

Juvenile Remand home and Rehabilitation unit, Ilorin, Kwara State.

**Position**: Industrial attachment **2010**

**Responsibilities:**

* Provision ofpsychosocial support, behavioural modifications and counseling to teenage in-mate in the juvenile home.
* Provision of psycho-social support to children of parent in dysfunctional home

**CONTINUED EDUCATION PROGRAMS DEVELOPMENT**

1. **Professional body:** EACC Approval Number: RBEAPA0124R82

**Theme:** Navigating Brief Cognitive Behavioural Therapy

**Date**: February 14th 2024

Number of PDHs Awarded: 1.0 Domain: I, II, III

1. **Professional body:** Professional Development Institute

**Theme**: Supporting Clients with Eating Disorders Using Solution-Focused Therapy

**Date**: October 11th 2023

EACC Approval Number: RBEAPA0123J59

Number of PDHs Awarded: 1.0 Domain: I & II

1. **Professional body:** Professional Development Institute

**Theme**: Couples Therapy using CBT Techniques

**Date**: February 8th, 2023

EACC Approval Number: RBEAPA0123J51

Number of PDHs Awarded: 1.0 Domain: I & II

**TRAININGS ATTENDED**

* **Body:** Nigerian Psychological Association in conjunction with Pan -African Psychological Union.

**Theme:** Expanding the Frontiers of Psychology in Africa; Role of Pan-African Psychology Union PAPU

**Date**: 20th, May, 2022

* **Body:** Nigerian Association of Clinical Psychologist

**Theme:** A Workshop on Assessment and treatment techniques in Clinical

Psychological Practice

**Date:19th -23rd, September,2016.**

* **Body:** Chartered Institute of Personnel Management.

**Theme**: Functioning effectively in the market world; A pre-employment

training. The Roadmap to a Successful Nation Building.

**Date: November 2011**

**CONFERENCES/ SEMINARS**

|  |
| --- |
| * **Conference:** EAPA International and chapter/branch in-person meeting& conference ‘2022 institute & Expo, Norfolk VA. To present a paper on Innovative Approaches to Delivery of Quality EAP Services Globally: The Nigeria Perspective. Oct 7th -9th 2022. * **Webinar:** Sterling bank, Marina, Lagos State. Held at their Head Quarter. As the resource person, ‘Paper delivered; Eliminating Domestic Violence Against Women’.10th, December, 2021. 4pm * **Seminar:** Baptist Convention Ogbomoso North Region. Held at Ori-Oke Baptist Church, Ogbomoso, Oyo State. As the resource person, ‘Paper delivered; Drug and Drug Abuse’. 9th November, 2017. * **Conference**: Annual General Meeting CAREMI foundation, ‘‘the foundation for the care and resettlement of the mentally ill. ‘Held in children auditorium of Grace Chapel, OAUUniversity Teaching Hospital, Osun State, Nigeria. 10th October   2015.   * **Conference**: Institute of Public Health, College of Health Sciences,’’ 6th Professor Adetokunbo Lucas, Public health leadership forum guest lecture held in Conference Centre, Obafemi Awolowo University Ile-Ife, Nigeria.18th November,2015**.** * **Seminar:** AMBO Consultant Company. Held in the Staff Development College hall Ilorin, Kwara State, Nigeria. As one of the resource person, ‘Paper delivered; Psychology of Human Behavior’. November, 2011. * **Seminar:** AMBO Consultant Company. Held in Kwara State Library Conference Room, Nigeria. As one of the resource person, ‘Paper delivered; Human Relations at Work place. Feb, 2019.   **SKILLS**   * Leadership skills * Ability to solve problem * Excellent inter/ intra-personal communicator. * A dynamic team player * Proficiency in the use of relevant psychological assessment techniques * Thoughtful Analyst * Teaching * Proficient in the use of Microsoft office such as excel sheet, word doc and power point.   **THESIS**  **Topic:** Influence of psycho-social factors and efficacy of motivational interview on relapse avoidance among recovering drug dependent adolescents in Federal Neuro-Psychiatric Hospital, Yaba, LagosState. **(**Ph.D. in Clinical psychology in-view)    **Topic:** Self-esteem, Peer pressure and Psychological well-being of Secondary School  Student in Ogbomoso North Local Government Area of Oyo State. (M.sc)  **Topic:** The influence of incentives on workers attitude to work using staff of the  International brewery plc Ilesha, Osun State (B.sc) |

**PAPERS PUBLISHED**

**Title:** The Influence of self-esteem and peer pressure on psychological well-being among adolescents

**Journal:** The Nigeria Journal of Behavioural Studies (NJBS)

**Progress:** Published

**PROFESSIONAL REFEREES**

**It will be provided on request**