

Joanne Cruz, MSN, APRN, FNP-BC

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📍 1750 W Huron St. Unit 2 Chicago, IL, 60622

EXPERIENCE

Family Nurse Practitioner

04/2022-present

Cano Health Physiotherapy Department

- Performs pain assessment, consultations, and management
- Performs joints, intramuscular (non-spinal) injection, and trigger points
- Recommends anti-inflammatory diet and weight loss management
- Orders and interprets imaging studies
- Referral to specialties

Family Nurse Practitioner/Urgent Care Nurse Practitioner

09/2021-04/2022

On Dmed Urgent Care

- Performed General Wellness exams/School/Physical/Sports Physical
- Performed Pelvic exams, Pap smear, STD screening
- Treated acute illnesses (URIs, UTI, STIs, allergic reactions, minor skin reactions, asthma exacerbations, MSK injuries, non emergent GI symptoms)
- Performed urgent care procedures
- Ordered imaging studies

Family Nurse Practitioner/Urgent Care Nurse Practitioner

05/2021-09/2021

Midwest Express Clinic

- Performs General Wellness exams/School/Physical/Sports Physical
- Performs Pelvic exams, Pap smear, STD screening
- Treats acute cases of STD, URIs, asthma exacerbations, musculoskeletal injuries, GI problems, skin rashes/concerns, UTIs
- Performs procedures such as laceration repair with staples/sutures, suture removal, I&D, wart removal, and skin tag removal
- Orders imaging studies

Family Nurse Practitioner Gerontology Clinical Experience

Nikhil Vij, APRN-BC of Geriatric Medical Associates, Joliet, IL

08/2020 – 12/2020

- Seen 15-20 patients per clinical day with my gerontology APRN preceptor at Silver Cross Hospital and Saint Joseph Amita Hospital from ED observation unit, Medical/Surgical Floor, to Multi-specialty ICUs.

Family Nurse Practitioner Women's Health Clinical Experience

University of Chicago Medical Center, Chicago, IL

04/2020 – 08/2020

- Seen 5-10 patients in the gynecology clinic with Dr. Amber Truehart at University of Chicago Hospitals both in Chicago and Orland Park per day accumulating 150 clinical hours.

- Performed sample collection for sexually transmitted infections screening, Pap smear, pelvic organs inspection via vaginal speculum exam and used microscope for vaginal smear to check for abnormal cells for diagnosis. Performed clinical breast exams.
- Performed suture removal and fetal heart doppler ultrasound.
- Provided health teachings such as lifestyle changes, safe sex, and contraception options and methods.

Family Nurse Practitioner Pediatric Clinical Experience

Jack Leong, MD Family Practice Clinic, Chicago, IL

01/2020 – 04/2020

- Seen 5-10 pediatric patients and 10-15 adults and older adults in the Family Practice Clinic of Dr. Jack Leong per day accumulating 150 clinical hours.
- Administered routine vaccinations for all ages, performed minor clinic procedures such as ear lavage, prescribed medications under the supervising physician's guidance and advised, collected urine and blood specimens, ordered and documented on Azalea EMR.

Family Nurse Practitioner Adult Gerontology II Clinical Experience

Immediate Care Oak Park, Oak Park, IL

10/2019 – 12/2019

- Seen 10-15 patients in an urgent clinic at Immediate Care Oak Park per day accumulating 70 clinical hours.

Family Nurse Practitioner Adult-Gerontology Clinical Experience

University of Chicago Medical Center, Chicago, IL

04/2019 – 10/2019

- Seen patients in clinic and in-patient at University of Chicago Hospitals who were being evaluated for and/or had robotic cardiac surgeries accumulating 230 clinical hours.
- Performed comprehensive and focus history taking, head-to-toe assessment, neurovascular checks, wound assessment, read coronary angiogram films, chest x-rays, and chest tube removal with the preceptor's supervision and guidance.

Charge Nurse

University of Chicago Medical Center, Chicago, IL

01/2020 – 06/2021

- Coordinating night shift administrative duties, including scheduling cases, assigning staff, delegating room/case assignments, and patient care in a Level 1 Trauma Center with 23 operating rooms designed to accommodate hybrid and robotic procedures.
- Overseeing patient admissions, transfers, and discharges in the operating room department.
- Supervising the nursing team and providing staff support especially in emergent cases such as trauma and identifying issues or emergencies and responding in a composed and efficient manner.
- Serves as a liaison between patients/families, doctors, and administrators.
- Communicating any protocol changes and guidance to staff and ensuring compliance with all health and safety regulations while mentoring and training new staff.

Operating Room Nurse

University of Chicago Medical Center, Chicago, IL

11/2016 – 06/2021

- Collaborates with the surgical team to ensure the highest safety and surgical standards for the patient and adheres to AORN standards of perioperative practice.

- Scrubs in cardiac, thoracic, vascular, general, gynecology, and urology cases. Circulates in all cases.
- Documents accurately and efficiently in Epic EMR.

Operating Room Nurse/66E

US Army Reserves Nurse Corps, Fort Sheridan, IL

09/2017 - Present

Operating Room Nurse

Loyola University Medical Center, Maywood, IL

05/2014 – 01/2017

- A former member of cardiovascular and thoracic surgery as a scrub and circulating nurse in open-heart surgeries, heart, and lung transplants.

EDUCATION

Bradley University

Peoria, IL

Post-Master's Certificate Family Nurse Practitioner (Dec 2020)

Grand Canyon University

Phoenix, AZ

Master of Science (M.S.) Nursing Education (Oct 2016)

Asia Pacific College of Advanced Studies

Balanga, Bataan

Bachelor of Science (B.S.) Nursing (Mar 2012)

Awards & Honors

- Best in Psychiatric Nursing Batch 2012

CERTIFICATIONS

Family Nurse Practitioner-BC

BLS/CPR