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PROFILE

A highly skilled and team-oriented mental health therapist dedicated to providing exceptional care to individuals struggling to overcome adversities and mental illnesses. Seeking a community-centered company to match one’s own passion, empathy, and determination, as well as to support professional growth and development.

WORK EXPERIENCE

OUTPATIENT THERAPIST

Headway Emotional Health Services | 2018 – present

* Provide client-centered individual outpatient therapy to diverse clientele from ages eight to sixty-five using evidenced-based practices
* Facilitate group and individual Dialectical Behavioral therapy
* Efficiently manage documentation and records utilizing organizational skills
* Effectively coordinate care with clients’ interdisciplinary team to ensure resilience and support

CLINICAL SOCIAL WORKER

Andrew Residence | 2017 - 2018

* Formulated individual treatment plans utilizing a client-centered approach to develop comprehensive clinical and personal goals for residents
* Facilitated weekly individual and group therapy for residents diagnosed with chronic mental illnesses
* Conducted comprehensive assessments including diagnostic assessments, vulnerability assessments, suicide risk assessments, and relapse prevention plans
* Advocated residents’ needs to interdisciplinary team and communicated effectively with team members to ensure residents’ needs were met

GUIDANCE COUNSELOR

ComPsych | 2016- 2017

* Formulated comprehensive clinical intake assessments to determine appropriate treatment and levels of care
* Conducted risk assessments and developed safety plans to promote stabilization for clients in crisis
* Provided crisis de-escalation for clients utilizing support, empathy, and unconditional positive regard
* Identified and connected clients to appropriate community resources based on presenting issues

EDUCATION

MASTER’S OF SOCIAL WORK

University of Wisconsin Green Bay

2015 - 2016

BACHELOR’S OF SOCIAL WORK

University of Wisconsin Eau Claire

2007 - 2011

SKILLS AND

TRAININGS

PROFESSIONAL

Cognitive Behavioral Therapy

Dialectical Behavioral Therapy

Sand Tray Therapy

Telehealth

Rapport Building

Suicide-Risk Assessments

Crisis De-escalation

Group Therapy Facilitation

KALI ROUSE

LICENSED GRADUATE SOCIAL WORKER

CONTACT