Marizu, Ihuoma Chinomso

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# Career Reference

My interest lies in an establishment that provides a competitive atmosphere that can enhance career development and growth.

# Objectives

* To learn and contribute to the growth of your facility as a registered nurse/midwife by utilizing knowledge and skills earned from nursing training to provide quality nursing care based on evidence.
* To work to ensure the quality of patient care and heightened patient safety within the hospital environment.
* To collaborate with other health care teams to deliver safe care to clients

# Qualifications and certification with dates

Registered Midwife 2020

Nursing and midwifery council of Nigeria

Registered Nurse 2019

Nursing and midwifery council of Nigeria

Bsc. Nursing Science (2014-2019).

Babcock University, Ilishan -Remo,Ogun State,Nigeria.

SSCE (2013)

Adventist Secondary Technical College Owerrinta, Abia State.

# Professional Membership

* Nursing and Midwifery Council of Nigeria

**PERSONAL DEVELOPMENT COURSES**

Basic Life Support (BLS). 2022

# Student Clinical Experience

Clinical Experience Babcock University Teaching Hospital, Ogun State. March, 2015 - October, 2018

* Training in basic nursing skills in various clinics and wards including virology unit, infection control unit and accident & emergency.
* Learning and training in the art and science of caring for patients with various medical conditions.
* Formative and summative assessment on various nursing skills by both clinical instructors and nursing officers-in-charge.

Teaching and learning on ante-natal, intra-natal and post-natal care of women of reproductive ages.

Trained in the performance of normal deliveries, episiotomy child births.

-Special Clinical Experience Neuro-Psychiatric Hospital, Aro, Abeokuta June, 2017

* Assessment and care of patients with mental cases and substance abuse.

-Olabisi Onabanjo University teaching hospital. May, 2016

* Awareness of major community health problems and methods of detection, prevention and treatment.
* Teaching and learning on the provision of health care services to individuals and families in the community including maternal and child health and family planning, treatment of minor injuries and illnesses and referral of major illnesses.

# Work Experience & Job Description

**Nurse:** Lagos Island General hospital Odan, Marina (March 2020 - Till date)

With additional posting to the following facilities:

**Nurse:** Lagos Island Maternity Hospital (September – November 2020)

**Nurse:** Massey Street children hospital, Lagos. (June – August 2020)

Admission of patients into the wards.

Medication administration.

Observation of patients' vital signs.

Cardiopulmonary resuscitation.

Oxygen administration.

Catheterization

Nebulization

Assisting in the theater during operations

**Nurse-Midwife:** Avon Medical Practice Ltd, Surulere, Lagos. (April 2021 – April 2022)

Admission of patients into the wards.

Medication administration.

Observation of patients' vital signs.

Oxygen administration.

Feto maternal observation and monitoring.

Conducting spontaneous vaginal deliveries.

Health education and follow-up of patients on discharge.

Daily assessment of patients general health condition and developing a nursing care plan.

• Conducting health talks to pregnant women on antenatal visits.

Report writing.

Other nursing procedures like ECG, nebulization, suctioning, wound dressing, immunization.

**Nurse-Midwife:** Evercare Hospital, Lekki, Lagos. (April 2022 – Till date)

# Admission of patients into the wards.

# Medication administration.

# Observation of patients' vital signs.

# Cardiopulmonary resuscitation.

# Oxygen administration.

# Catheterization

# Nebulization

# Health education and follow-up of patients on discharge.

# Daily assessment of patients general health condition and developing a nursing care plan.

# Conducting health talks to pregnant women on antenatal and postnatal visits.

# • Report writing.

# • Other nursing procedures like nebulization, suctioning, wound suturing, stitch removal, wound dressing

# Skills

* Problem solving
* Phlebotomy
* Coordinating patients care
* Electronic Medical Record (EMR)
* Above average knowledge in professional softwares including MS Word, Excel, PowerPoint, Management and MS Project.
* Good management and co-ordination skills.

-Adaptability and Willingness to learn

Elective managerial skills with or without supervision

# Personal Attributes

Honest in character, friendly, diligent, resourceful and above all, God fearing.

# Activities/Interests

* + Socializing
  + Team spirit .
  + Participating in community outreaches.

# Referees

Available on request