

**Ezinwanne Judith Irobereachi, MS-HCA, RN MSN PMHNP-BC**

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**PROFESSIONAL SUMMARY**

A Board Certified Psychiatric Mental Health Nurse Practitioner that is dedicated to providing excellent quality and safe care to patients of all ages with an excellent commitment in providing evidenced based clinical care. Ready to build upon existing experience, training and credentials to transition into a dynamic PMHNP role at a great healthcare organization.

**EDUCATION**

- Walden University  
**Master of Science in Nursing, August, 2020**
- University of Maryland University College  
**Master of Science in Healthcare Administration, Dec, 2011**
- Bowie State University, Bowie, Maryland  
**Bachelor of Science in Nursing, with Honors, May, 2008**
- Abia State University, Abia state Nigeria  
**Diploma English Literature, 1993**

**CERTIFICATIONS & LICENSURE**

- **PMHNP –BC-October 6, 2020**
- Maryland Board of Nursing – RN License
- District of Columbia – RN License
- Maryland Board of Nursing – PMHNP License-- Pending
- BLS
- CDS License
- DEA license

**AFFILIATIONS AND ORGANIZATIONS**

- American Nurses Association, 2020
- Bowie State Nursing honor society, 2008
- Phi Kappa Phi, 2012
- The National Society of Leadership & Success, 2019
- Maryland Nurses Association 2020
- American College of HealthCare Executives, 2012
- Sigma Theta Tau, 2020
- Golden Key International Honor Society, 2020

**SKILLS**

- Physical & Mental Health Assessment
- Strong Psychiatric communication skills
- Medical & Psychiatric Diagnosis Treatment
- Multidisciplinary team collaboration
- Psychotherapy and Psychopharmacotherapy
- Chronic and Acute care Management
- Psychiatric policies/Procedures knowledge
- Strong EMR documentation skills
- Exceptional Clinical Judgment & Analytical skills
- Patient advocacy, Quality & Safe patient care
- Therapy/Therapeutic Techniques
- Care plan and Medication Management

- Addiction Treatment
- Medical and Psychiatric Emergency Response
- Nursing Principles and Techniques
- Suicide risk assessment and Prevention

## **PROFILE:**

- Knowledge of medical privacy and confidentiality (Health Insurance Portability and Accountability Act [HIPAA], and accreditation standards of Accreditation Association for Ambulatory Health Care [AAAHC], The Joint Commission (TJC), Clinical Practice Guidelines [CPGs], Ambulatory Procedure Grouping [APGs], Diagnostic Related Grouping [DRGs], International Classification of Disease-Current Version [ICD], and Current Procedural Terminology [CPT] coding, and McKesson [InterQual] and /or Milliman Care Guidelines.

## **WORK EXPERIENCE**

### **Global Healthcare Systems**

2203 Philadelphia Rd, Edgewood, MD 21040

November 13, 2020 to Present

Psychiatric Nurse Practitioner

- Performing diagnostic evaluations for new patients
- Evaluating clients that need psychopharmacologic interventions and subsequently monitor them for symptom management.
- Diagnosing and treating mental health disorders
- Developing and implementing patient management policies and procedures
- Facilitating referrals to other healthcare team members and medical facilities when needed
- Prescribing medication prescriptions and all necessary treatment in accordance with treatment guidelines.
- Providing patient education regarding medications, risks, benefits and reasonable outcome expectations.
- Providing psychiatric health services, psychotherapy, education, counseling and emotional support.
- Communicating with patients and engaging in follow-up as necessary.
- Ordering laboratory tests, interpreting, and explaining the test results to patients.
- Communicating with physician or specialist regarding patient care and treatment plan.

## **PMH NURSE PRACTITIONER CLINICAL ROTATIONS**

[05/2019 - 08/2019 160 hours]  
BCBIC

NURS 6640- Psychotherapy with Individuals  
Preceptor: Bello Taofeek, MSN, PMHNP

- Client Assessment; application of psychotherapeutic counseling techniques
- Clinical Interview and consultation; developing psychiatric diagnoses across the lifespan
- Legal and Ethical Evaluation of counseling patients presenting for psychotherapy

[08/2019 - 11/2019 160 Hours]  
Change Health System

NURS 6650- Psychotherapy with Groups and Families  
Preceptor: Bello Taofeek, MSN, PMHNP

- Psychotherapy for groups and Families; acquired psychotherapeutic counseling techniques
- Assessment of clients; application of psychotherapeutic counseling techniques
- Diagnosis across lifespan; providing Therapeutic Intervention and Psychiatric crisis care

[02/2020 - 05/2020 160 Hours]  
New Day Health Systems, MD

NURS 6660-PMH Nurse Practitioner Role I (Child&Adolescent)  
Preceptor: Odewale Yekeen, MSN, PMHNP

- Providing psychiatric treatment to children & adolescents; comprehensive physical exam
- Addressing psych needs of patients & Treatment formulation; medication prescription

[06/2020 - 08/2020 160 Hours]  
New Day Health Systems, MD

NURS 6670- PMH Practitioner Role II (Adult)  
Preceptor: Odewale Yekeen, MSN, PMHNP

- Application of appropriate psychiatric diagnostic; diagnostic tests and result evaluation
- Psychotropic prescription in accordance with diagnosis; psychopharmacology knowledge
- Psychiatric illness and disorder treatment knowledge; facilitating safe & quality treatment
- Therapeutic communication and effective interviewing techniques

### **JOINT BASE ANACOSTIA BOLLING**

579<sup>th</sup> Medical Group

238 Brookley Ave

Angel Staffing November, 2013 to May, 2016

Magnificus May 2016 to April 2019

*Matrix Providers April 2019 to December 4*

### **UTILIZATION MANAGER AND CARE COORDINATION**

- Providing utilization management & care coordination to support patients
- Performing medical necessity review; triaging patients for appropriate referral use
- Using AHLTA & CHCS to provide care coordination reviews and generate appointments.
- Developing, implementing, executing a comprehensive Utilization management plan, and managing high Utilizers.
- Utilizing Health Net Care Radius, Business Objects, PGBA and CCS to provide care coordination, track purchased care, patient care request, and Emergency room utilization.
- Enhancing performance and quality of care; facilitating discharge planning.
- Identifying and improving clinical, business outcomes and authorization
- Performing data analysis, identifying, and resolving issues that leads to high utilization
- Coordinating civilian inpatient hospital transfer to military treatment facility; actively managing hospitalized patients to ensure timely provider follow-up.
- Conducting orientation, education and training of clinical staff on utilization management

### **WEXFORD HEALTH**

Baltimore Pre-Trial

21202

***July 2012 to Present***

### **REGISTERED NURSE (PRN status)**

- Providing acute/chronic Med-Surg /Psychiatric care for Correctional patients.
- Identifying, assessing and responding to physical, psychological, social needs of patients; providing comprehensive healthcare services to patients
- Assessing and Triaging patients through interview, history taking, physical examination and screening questionnaires

- Performing RN duties using critical thinking. Implementing care, obtaining lab specimens, performing EKG's etc.
- Providing intervention ranging from medication administration, detox treatment, wound care treatment/Injury treatment, diabetic treatment, etc chronic care, lab procedures, etc.
- Identifying patient needs; providing broad range of services to mentally ill patients. Identifying, assessing, and treating addicted persons at different levels of care which includes detoxification and intermediate care. Using pharmacology knowledge to monitor drug reactions and maintaining charts and records

**NATIONAL INSTITUTE ON DRUG ABUSE, NIH**

251 Bayview Blvd, Baltimore, MD 21224

**May 21, 2012 to November 1, 2013**

**NIDA/NIH NURSE SPECIALIST (RESEARCH)/CHARGE NURSE**

- Conducted over 20 NIDA/NIH research studies; participated in Protocol implementation meetings for several NIDA research studies
- Coordinated and implemented Research protocols; confirmed accuracy of research checklist with PI and Medical Advisory Investigators. Helped with participant recruitment and enrollment. Implemented and managed major steps of research protocols
- Monitored participants for prompt detection of any adverse events; collected, analyzed, and reviewed data
- Reviewed and edited nursing SOPs; facilitated needed equipment in-service for NIDA nurses and Johns Hopkins Clinical Research Unit nurses. Made day to day charge nurse decisions/planned for efficient operation
- Led and participated in multidisciplinary protocol implementation conferences; attended IRB Meetings. Handled and resolved complex nursing coverage issues
- Coordinated PAs/MDs on call schedules; managed intra-staff needs. Conducted scheduled performance reviews. Performed Research Charge Nurse duties

**CORRECTIONAL MEDICAL SERVICES**

Baltimore Pre-Trial

21202

October 2010 to July 2012

**REGISTERED NURSE (PRN status)**

- Provided quality nursing care for acutely and chronically ill patients; Identified immediate need for care using nursing assessment
- Maintained therapeutic environment; incorporated quality and safety principles
- Collaborated with physician in developing treatment; participated in multidisciplinary care plan; Completed intake, Assessed and evaluated patients; documented treatment in an EMR
- Monitored patient's progress as they responded to medical treatments
- Used required nursing process to generate nursing diagnoses relevant to patient's illness
- Reported patient's progress, lab results, changes, condition to attending physician and followed up as appropriate. Assisted providers with minor surgeries; performed wound care
- Triage patients for referrals; served as an emergency nurse in the infirmary
- Pharmacologically managed and treated various acute and chronic diseases

**UNIVERSITY SPECIALTY HOSPITAL**

601 S. Charles Street, Baltimore, MD 21230

July 13, 2009 to May 14, 2012

**REGISTERED NURSE**

- Provided quality care to patients in a 180 bed hospital
- Educated patients/families on discharge & disease management
- Monitored all aspects of patient care, and communicated patient's response to physicians
- Contributed to several JCAHO accreditations. Documented patient care in an EMR in a manner that promoted patient safety; integrated evidence into practice.
- Provided nursing care to patients with complex Med-surg needs ranging from cardiac patients, Vent patients, respirator, neurological problems, etc
- Worked collaboratively with comma emergency team in TBI unit to care for brain-injured patient; Assisted with patient consultations as well as care coordination
- Provided specialized nursing services to patients that need TPN, post-surgical complications, multi-system disease, Renal failure, uncontrolled and complicated diabetes. Served as a professional resource nurses

**MARLEY NECK HEALTH AND REHAD**

7575 East Howard Rd Glen Burnie,

MD 21060

**February 2011 to July 2011**

**NURSE MANAGER**

- Managed a 56 bed skilled nursing unit; coordinated and directed unit functions
- Assessed unit admissions, resident needs; demonstrated creativity and innovation in approach
- Ensured sufficient nursing staffing; evaluated staff performance and identified opportunities for improvements. Key member of interdisciplinary team
- Accurately documented provided services to ensure accurate reimbursement; maintained up to date nursing operations financial knowledge; ensured that needed resources are available
- Participated in formulating care plans and assessment of residents. Coordinated daily lab and reviewed daily MAR/TAR. Acted as a liaison between patients & community resources
- Facilitated scheduled and needed training, educational classes, and orientation programs to enhance quality of care; promoted evidenced based clinical practice
- Managed supplies; coordinated monthly Turnover; quality control and auditing. Coordinated Unit's Wound management and wound Rounds
- Provided Case management/ Utilization review, quality assurance and Review; coordinated care with providers. Utilized clinical expertise to teach new nurses; mentored new nurses

**VIRGINIA HOSPITAL CENTER**

1701 N. George Mason Drive, Arlington VA, 22205

August 2008 to July 2009

**REGISTERED NURSE**

- Provided nursing care in a 21 bed oncology unit for acutely ill and chronically ill patients. Skilled in assessment of complex and sensitive patients'
- Assessed, implemented, monitored patient and communicated clinical to provider as appropriate; coordinated services, treatments and consultation utilizing EMR. Assessed and coordinated patient's discharge planning needs
- Transfused blood products; educated patients and families on disease management
- Reviewed scheduled patient's medications for accuracy and suitability; coordinated with attending physicians, and pharmacist; formulated patient care plan

- Acted as a patient advocate; helped cancer patients manage cancer symptoms and examined long-term effects of therapies. Provided palliative care to patients
- Reviewed charts for orders and treatments, noted and carried out physician orders

#### OTHER PROFESSIONAL TRAINING AND EXPERIENCE

- Certified Netware Administrator
- Microsoft Certified Professional

L-3 Communications 3/99 -- 2009  
11955 Freedom Drive, Suite 100  
Reston, VA 20190

Position: System Administrator/Knowledge-Pak Developer

- Installed and configured workstations on Windows XP environment; ensured adequate network connectivity at USPTO; installed and configured NT/XP workstation, Microsoft Access, Excel, Outlook, PowerPoint etc; implemented Office 2000/2003; updated DNS tables & TCP/IP Configuration; established RDP sessions, including remote workstation connectivity; installed creativity webcam & Nortel Contivity on laptops; developed Troubleshooting steps for technicians; trained customers on proprietary applications and Serviceware.

***References are available upon request***