Nicole F Mizera, RN, BSN, CEN

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# OBJECTIVE

As I will be graduating from the Family Nurse Practitioner program at Binghamton University this May (2024), I am in the process of applying and interviewing for Nurse Practitioner positions at this time. My objective is to find a position where I can thrive and provide the best evidence-based care available to each patient.

# Work Experience

## Staff Nurse, Charge Nurse- Emergency Department

### Wilson Memorial Hospital- United Health Services- Johnson City, NY

### Level II Trauma Center, Cardiac Procedural Center, Comprehensive Stroke Center Dec. 2011- Current

* Assess patients for acute changes in health status.
* Triage patients based on acuity.
* Provide lifesaving treatments and interventions timely.
* Working as a team with Physicians, Physicians Assistants, Nurse Practitioners, Nursing Assistants, Radiology Technologists, Phlebotomists, Trauma Surgeons, Computer Tomography Technologists.
* Practicing compassion for patients and their family members that are under distressed and dire circumstances, including trauma patients, patients receiving CPR, children who are hurt or critically ill.
* Oversee throughput of Emergency Room, movement of patients within the department and to other areas of the hospital by pursuing disposition of patients, and facilitating evaluations of patients by providers
* Managed staff, Providers, Nurses, and Nursing Assistants, including assisting with care of patients, assisting with skills, and guiding staff in their care.
* Managed conflict resolution between staff members, and with patients and their families when needed.
* Acting as a resource to new staff
* Constant reevaluation of the department, reallocating resources where they are most needed.
* Maintains contact with Bed management, Supervisor, and Nurse Manager to facilitate throughput, care of patients.
* Daisy Award Nominee, 2021, for my work as an emergency department charge nurse during a pandemic
* Yearly recredentialing of all Emergency Department Staff in various prominent areas of emergency room nursing
* Complex understanding of the needs of various patients based on disease and interventions and where they are best served in the department.
* During the Covid-19 pandemic helped to form and implement the processes for infection control, staff safety, and flow through the department.

## Staff Nurse, Charge Nurse

### Binghamton General Hospital- United Health Services- Binghamton, NY Jun. 2010- Dec. 2011

Medical- Surgical/ Telemetry Unit

* Acute patient care in med-surg telemetry unit, adeptly handling all aspects of treatment for several patients per shift.
* Effective counseling in health maintenance and disease management.
* Liaised between patients and physicians to ensure patient comprehension of treatment plans.
* Developed patient care plans, including assessments, evaluations and nursing diagnoses.
* Charge RN- delegating to staff nurses, assigned patient groups to RN's based on experience level, comfort level, and acuity, in charge of cardiac monitors for telemetry patients.

## Nursing Assistant

### Binghamton General Hospital- United Health Services- Binghamton, NY Aug. 2007-May 2010

Medical-Surgical/Telemetry Unit

* Caring for patient’s personal needs.
* Evaluate vital signs, what normal and abnormal values are, perform chemstrips and obtain samples and specimens.
* Through working as a Nursing Assistant, I gained the experience, and confidence in communicating with patients that later translated into my nursing career.
* Assisted residents with bathing, dressing, feeding, walking, lifting, and transferring.

# Clinical Experience- Masters Program

**Family Practice**

Susquehanna Family Health Center- August 2023- May 2024

420 Hours

**Walk-In**

Guthrie Sayre Walk- In Clinic- March 2023- May 2023

90 Hours

**Gynecology and Obstetrics**

Sante Comprehensive Women’s Healthcare- January 2023- March 2023

88 Hours

# EDUCATION

## Master of Science, Family Nurse Practitioner – *In progress, Expected Graduation May 2024*

### Binghamton University, Binghamton NY *May 2024*

GPA 3.9

Sigma Theta Tau International Honor Society of Nursing

## Bachelor of Science, Nursing

May 2014

Binghamton University, Binghamton NY

## Associate of Science, Nursing

May 2010

Broome Community College, Binghamton NY

# Professional affiliation

### The Nurse Practitioner Association of New York State

# LEADERSHIP

Shift Coordinator

Wilson Memorial Hospital Emergency Department, Johnson City NY

# Certifications

Cardiopulmonary Resuscitation- Basic Life Support

Advanced Cardiac Life Support

Pediatric Advanced Life Support

Trauma Nursing Core Course

Emergency Nurse Pediatric Course

Advanced Trauma Care for Nurses

Board Certified Emergency Nurse- August 2020