

BOARD CERTIFIED FAMILY NURSE PRACTITIONER

Contact

-  Huntingtown, Maryland
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Education

Master of Science in Nursing
 Family Nurse Practitioner
 Walden University
 Graduated August 2022

Bachelor of Science in Nursing
 Towson University - Baltimore
 Graduated May 2017

Associate of Science in Nursing
 Registered Nurse
 Community College Baltimore County
 Graduated December 2016

Licenses &

Certifications

- FNP-C, American Association of Nurse Practitioners
- APRN, Maryland (Active)
- APRN, Virginia (Active)
- APRN, Texas (Active)
- DEA (Maryland)
- RN, Maryland (Compact license)
- Ultrasound Guided Intravenous Placement Certified
- ACLS, BLS & PALS, American

Profile

Ambitious, board-certified family nurse practitioner with over five years of nursing experience, including two years in the emergency department and two years in urology, demonstrating a career-long commitment to providing safe, patient-focused, and cost-effective healthcare. Compassionate medical professional dedicated to achieving positive outcomes and fostering trusting relationships with patients and their families. Skilled at thinking critically and optimizing patient care by promoting a holistic approach to health and wellness, utilizing evidence-based disease prevention strategies. Seeking a nurse practitioner role in an outpatient role that emphasizes high-quality patient care.

NP Experience

Premier Health Urgent Health Express Urgent Care
 Dec 2022 - Present
Comprehensive Provider (FNP) **Rehab Consultants** **Physiatry**
 Waldorf Center Jan 2023 - Present

NP Practicum / Internship

Experience

PRIMARY CARE | 320 HOURS
 SDM 1-Stop Primary & Urgent Care | May 2022 - August 2022 &
 August 2021 - November 2021
Under Supervision of a Preceptor

- Performed comprehensive health histories and physical examinations in patients across the lifespan
- Established diagnoses and managed medical treatments for patients with acute and chronic conditions including, but not limited to: coronary artery disease (CAD), hypertension, congestive heart failure, COPD, diabetes, hyperlipidemia, thyroid disorder, influenza, sinusitis, streptococcal infections, gastrointestinal symptoms, urinary tract infections, Covid-19, depression, anxiety, and musculoskeletal pain
- Ordered and interpreted laboratory, EKG, and radiologic testing
- Educated patients about preventative screenings and vaccinations
- Counseled patients on healthy lifestyle options,

Leadership

Positions

- Nurse Manager
- RN Preceptor
- Clinical Instructor

Professional Skills

- Comprehensive health coaching to individuals and families across the lifespan
- Advanced health assessment and medication management
- Astute to subtle changes in patient conditions
- Advanced cardiac assessments
- Continuous cardiac monitoring
- Management of arterial lines
- Stroke and Code Blue emergency response
- Virtual healthcare (telehealth)
- Trauma recovery
- Palliative care
- EKG, radiography, and laboratory interpretation
- Ultrasound guided IV placement
- Advanced wound management
- Patient education and therapeutic communication
- Collaborative teamwork approach
- Process improvement
- EMR systems and documentation

Personal Skills

- Reliable and professional
- Organized and efficient
- Multi-tasking and prioritization
- Critical and strategic thinker
- Empathetic and patient-focused
- Ethical decision-making
- Detail-oriented
- Quick learner

including proper diet and exercise, weight management, and smoking cessation

- Referred patients for specialty care when appropriate

WOMEN'S HEALTH | 160 HOURS

- ❖ Women's Health and Cosmetic Services of Maryland
- ❖ Congressional OB/GYN | February 2022 - May 2022

Under Supervision of a Preceptor

- Performed comprehensive health histories and physical examinations for obstetric and gynecological women
- Conducted breast and pelvic exams, Pap smears, and STI testing
- Educated patients on how to prevent, manage, and treat STIs
- Ordered and interpreted diagnostic testing
- Counseled patients on contraception options and their associated risks
- Monitored fetal development through ultrasounds and fundal height measurements
- Provided comprehensive prenatal education and resources to average pregnant women
- Assisted with specialized ASC procedures, including colposcopies

PEDIATRICS | 160 HOURS

Laurel Children's Clinic | November 2021 - February 2022

Under Supervision of a Preceptor

- Performed comprehensive health histories and physical examinations for pediatric patients aged newborn to 20 years old
- Established diagnoses and managed medical treatments of acute and chronic pediatric conditions including, but not limited to: acne, allergies, asthma, diabetes, viral illnesses, streptococcal infections, otitis media, gastrointestinal symptoms, rashes, and minor musculoskeletal injuries
- Ordered and interpreted laboratory, EKG, and radiologic testing
- Educated parents/caregivers about developmental milestones, proper diet and nutrition, and monitoring for abnormalities
- Recommended and administered vaccinations according to immunization schedule and CDC guidelines
- Referred patients for specialty care when appropriate

Nursing Experience

Clinical Instructor

Anne Arundel Community College | August 2022 - Present

- Self-motivated
- Adaptable
- Leadership

- Intermediate Care Stepdown Unit, Clinical Instructor at Baltimore Washington Medical Center

EMR Systems

- EPIC
- Allscripts
- Meditech
- NextGen Healthcare
- EHI Connect

Adult & Pediatric Surgery, Registered Nurse

Chesapeake Urology Ambulatory Surgery | July 2020 - Present

Medical-Surgical Unit, Travel Registered Nurse (Temporary)

22nd Technologies - United Medical Center | April 2020 - June 2020

Wound Care, Nurse Unit Manager / Registered Nurse

CommuniCare Health Services | June 2019 - April 2020

Adult & Pediatric Emergency Department, Registered Nurse

St. Agnes Hospital | April 2017 - June 2019

Professional Affiliations

Member, American Association of Nurse Practitioners

Member, American Nurses Association

Member, Sigma Theta Tau Honor Society of Nursing