Smriti Sharma

Looking for Nurse Practitioner Position

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Newly graduated AANP Board Certified Nurse Practitioner with an MSN in Adult-Gerontology Primary Care specialty, possessing 600 hours of diverse clinical experience and having worked 19 years as a registered nurse. Dedicated to improving healthcare outcomes through evidence-based practice, I have a proven ability to provide comprehensive healthcare services, diagnose and treat various conditions, and collaborate with multidisciplinary teams. Committed to ongoing professional development and maintaining high standards of patient care.

Experience

Adult-Gero Nurse Practitioner -Student, UAB - The University of Alabama at Birmingham - Birmingham, AL

Aug 2022 - Aug 2023

In collaboration with the preceptor while under direct supervision, I

- Performed complete histories and physical examinations in a manner appropriate for the patient ages 14 years and above.
- Differentiated normal and abnormal findings based on the physical examination, history, laboratory findings, and other tests and procedures.
- Assisted in drawing blood samples, minor wound dressing, and abscess drainage.
- Developed a working diagnosis, differential diagnosis, or a problem list and a preliminary plan.
- Identified and explained significant pathophysiology related to the patient's clinical problem.
- Problem solved through evaluation of history and physical examination, usage of established criteria for management, and collaboration with preceptor on a plan of care.
- · Presented and recorded findings in a concise, accurate, and organized manner.
- Instituted and provided continuity of care. Interacted with the patient to ensure understanding of and compliance with the therapeutic regimen.
- Provided instruction and counseling regarding health promotion, patient teaching, discharge planning, family care, etc., as appropriate to the patient and/or family.
- Considered the cost implications of care provided.
- Recognized when to refer to a physician or other health care provider.
- Coordinated care with other health professionals and agencies when appropriate.
- Demonstrated appropriate interpersonal relationships with staff, patients, families, and other health professionals.

Registered Nurse Med-Surg/Tele, Christiana Care Health Services, Inc. - Wilmington, DE

Jan 2021 - Apr 2023

- · Worked as a Travel Registered Nurse through the agency
- Provided direct patient care to Med-Surg-Tele and Neuro patients
- Peformed CPR.
- Administered medication and performed treatment interventions in consultation withhealthcare specialists, including wound care utilizing a
- wound vac, tracheostomy, and colostomy care.
- Managed various types of drainage tubes, dressings, and continuous bladder irrigation, inserted NG tubes and Foley catheters, and started
- I\/s
- · Performed PEG tube feeding and NG tube feeding.
- Managed pain utilizing PCA pump as prescribed.
- Maintained and updated ward charts, patient files, and medical records.
- Collaborated with related healthcare specialists and reported changes anddeteriorating conditions.
- Explained test results and procedures to patients and their families and answered questions.
- Advised patients on post-hospital care, including prescribed medicine, home careprotocols, disease prevention, and lifestyle changes.

- Delivered direct bedside patient care to Medical/Tele-Surgical/GI patients, utilizing assessment, planning, implementation, and evaluation skills
 following nursing care standards.
- Provided comprehensive skin and wound care, including ostomy and continence care.
- · Participated in in-service programs by attending scheduled trainings.

Registered Nurse, Saint Francis Hospital - Bartlett, TN

Jul 2018 - Jun 2020

- Provided direct bedside nursing care to med-surg and Stroke patients following nursing care standards.
- Assessed, planned, implemented, and evaluated patient care plans in consultation with healthcare professionals.
- Started IVs and administered prescribed medications, changed wound dressings, chest tube drainage care, and inserted catheters.

Registered Nurse, Life Care Centers of America - Palm Beach Gardens, FL

Oct 2017 - Mar 2018

- Worked in sub-acute, skilled nursing, and rehab units.
- Performed assessment, plan of care intervention, including medication administration with PRN medication outcomes, specimen collection, and clinical treatments such as skin care, wound care, colostomy care, GI feeding, and catheter care.
- Assisted patients with performing ADLs, including personal hygiene, elimination, nutrition, and ambulation.
- Collaborated as needed across disciplines to coordinate patient care, including patienttransfer, discharge, referral, and spiritual/psychosocial support needs.
- Documented patient care given.

Registered Nurse, Brookdale Senior Living - Shawnee, KS

Oct 2014 - Mar 2017

- · Worked in Assisted living, SNF, rehab and memory care unit.
- Provided direct patient care, including administering medications, monitoring vital signs, assessing patient conditions, and managing pain as needed.
- Collaborated with interdisciplinary healthcare teams to develop and implement patient care plans including dementia care.
- Documented patient information accurately and timely, ensuring compliance with medical records standards.

Registered Nurse, College of Medical Sciences-TH - Chitwan, Nepal

Feb 2004 - May 2012

Worked in the following departments as a Staff RN: NICU (1 year), Med-Surg (2 years), Psychiatry (3 months), ICU (6 months), PACU (3 months), Anesthesia department as an anesthetic assistant under the direct supervision of an anesthesiologist (2 years)

Skills

- Acls
- CPR
- Acute Care, Primary care, Long term care
- Medication Administration
- Telemetry
- IV insertion, Blood draw and Collect specimen
- · Skin, Wound care, Sutures and dressing
- · Foley Insertion, and catheter care
- Team Work and Patient Safety
- Leadership and Time Management
- Problem Solving

- BLS
- · Vital Signs and monitoring
- Critical Thinking
- EHR
- Medical Equipment i.e Glucometer, PCA, Alaris, Kangroo pump
- Infection Control
- NG tube insertion, G-tube Feeding, and Ostomy care
- Basic Computer skills Cerner, Athena, Epic
- Attention to detail, strong communication
- Adaptability

	– Education ·	
Master of Science in Nursing University of Alabama at Birmingham - Birmingham, AL		May 2021 - Aug 2023
Bachelor of science in Nursing All India Institute of Medical Sciences - New Delhi, India		Aug 2007 - Dec 2009
Associate in Nursing Institute of Medical Technology - Chitwan, Nepal		Nov 2000 - Nov 2003
	- Languages	
• English	Nepali	
• Hindi		
	Certifications	
Advanced Cardiac Life Support		Jan 2024
Basic Life Support		Feb 2023
NIHSS		
Basic wound crae		
	Membership	
• Volunteer member of MRC, Dekalb county, Atlanta, GA		
American Nurses Association		
Association of Clinical research Professionals		
	— Award —	
Emory healthcare "VALUE" Award		
Christiana Care "Being Exceptional" Award		
GHR "Best Nurse Ever" recognition		
	– Licesnses [.]	

- APRN-NP: LN-35457(TN)
- BSNRN License of USA, L.N: 16-129358-102(KS) / 233458(TN) multistate
- RN License of NEPAL, L.N: 4697