**Svetlana Bek, MSN, PMHNP**

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**SUMMARY**

Compassionate and ethical Board-Certified Mental Health Nurse Practitioner with training in a diverse healthcare population, including psychiatric crises in outpatient and inpatient mental health settings. Dedicated to providing patient-centered care.

**SKILLS:**

Provide comprehensive assessment and treatment in high-yield psychiatric emergencies.

Offer extensive experience evaluating patients, making diagnoses, ordering and analyzing medical tests, prescribing medications, and working alongside a healthcare team.

Skilled at communicating with patients and their families, providing them with detailed information about their treatments.

Excelled at managing a fast-paced healthcare environment and executing admission, transfer, and discharge planning to ensure patients had a positive experience.

 Utilize de-escalation techniques as needed.

 Provide patient consultation/advocacy.

**EDUCATION**

Chamberlain University I Chicago, IL September 2023

**Post-Master Certificate| Psychiatric Nurse Practitioner**

Chamberlain University I Addison, IL June 2022

**Master of Science in Nursing (MSN)**

St. Ambrose University I Davenport, IA December 2011

**Bachelor of Science in Nursing (BSN)**

NICC I Peosta, IA December 2010

Associate degree in nursing (ADN)

**LICENSURE & CERTIFICATION**

Certified Psychiatric Nurse Practitioner | American Academy of Nurse Practitioners | Exp. November 2028

Registered Professional Nurse (RN) | Illinois Department of Financial and Professional Regulation | Exp. May 2024

Registered Professional Nurse (RN) FL, AZ, CA Departments of Financial and Professional Regulation I active

Basic Life Support | American Heart Association | Exp. January 2024

Advance Life Support I American Heart Association I Exp. January 2024

**MSN EXPERIENCE**

Chamberlain University I Addison, IL

Visiting Professor August 2022 - Present

*Adult Health I/II Clinical Instructor*

Teach students to provide holistic carerelated to determined diagnosis.

Assist students in performing therapeutic procedures such as wound dressing, administering medications, and maintaining Foley catheters and sterile techniques to ensure effective treatment, discharge, and patient education.

Coordinate patient encounters via an electronic health record systemand report to primary care nurses

Aid HIPAA regulations and compliance standards to help prevent data loss or breaches.

**HEALTHCARE EXPERIENCE**

University of Chicago Medical Center I Chicago, IL

RN trauma I ED with at least **6,000 hours working in a close ED psychiatric unit**.  October 2013 - Present

Assess patients daily and medical/psychiatric stabilization to promote positive patient outcomes.

Coordinate admission, transfer, and discharge of patients established by educating patients on post-discharge care.

Promote patients' autonomy through effective communication and safeguarding their trust for smooth functioning.

Facilitate constant communication between patients, family, and healthcare professionals to keep all parties updated.

Direct work functions of Patient Care Technicians to ensure optimal performance.

**ASSOCIATIONS & MEMBERSHIPS**

American Psychiatric Nurse Association November 2023 - Present

American Nurse Association & ANA - Illinois September 2023 - Present

Member of Psychiatric Committee & UCMC June 2021 - Present

Collaborated with other members to promote psychiatric patients' safety and better outcomes.

**VOLUNTEER EXPERIENCE**

Falls Ambassador | UCMC | Chicago, IL January 2022 - September 2023

Provided education to nursing staff on proper fall precautions.