***Blessing Iwuozo, RN BSN***

*McKinney TX 75072 |ekwuribeb@yahoo.com | 423-557-9602*

***PMHNP student*** *with 6+ years’ experience as a registered nurse. I have 736 hours of practicum hours that includes the geriatric, adult, young adult, and adolescent/pediatric population. I have 65 hours of health assessment, 521 hours of psychiatric medication management and 150 hours of psychotherapy hours. Settings for my clinical rotation include outpatient and telehealth settings. During my practicum, I cared for patients diagnosed with MDD, GAD, Insomnia, ADHD, PTSD, Anorexia/Bulimia Nervosa, schizoaffective disorder, bipolar disorder, intermittent explosive disorder, and opioid abuse under the supervision of a preceptor.*

***Education***

***Master of Science in Nursing- August 2023***

*Psychiatric Mental Health Practitioner*

*Maryville University*

***Bachelor of Science in Nursing- Dec 2016***

*East Tennessee State University*

*Cum Laude, GPA 3.5*

*Minor: Psychology*

***Experience***

***PMHNP Student- Maryville University,***

*Psychiatric mental health – St. Louis, MO -August 2019 – August 2023*

* *Completed 736 hours of clinical work in advanced practice psychiatric nursing.*
* *Conducted psychiatric interviews with patients at each practicum sites.*

***Baylor Scott and White Medical Center –*** *Frisco, TX*

*Post-Surgical Nurse (Seasonal position) March 2023 – October2023*

* *Provide post op care to ortho, spine and spine patients.*
* *monitored patient on CBI after prostatectomy.*
* *provided- patient centered care.*
* *provide post op care for bariatric patients.*

***Texas Health Resource –*** *Arlington, TX*

*Med Surg/ Tele Registered Nurse (CSO float pool contract) October 2022 – March 2023*

* *Float to different hospitals and units.*
* *Interpret Cardiac Tele rhythm.*
* *Provide pre-op and post-op care to surgical patients.*
* *Provide patient- centered care to all patients.*

***Medley****- Dallas, TX*

*Med Surg Registered Nurse (Per diem shift) January 2021- June 2022*

* *Work per diem shift based on need of various facilities.*
* *Provide care to post op patients.*
* *Provide education to patient on CHF, Diabetes, Hypertension*
* *Provided patient- centered care.*

***Parkland Hospital –*** *Dallas, TX*

*Med Surg /Psychiatry Registered Nurse (Contract Assignment) December 2021 – February 2022*

* *Cared for patients on involuntary holds and suicide watch.*
* *Provide patient education on treatment plan.*
* *Administers IV and oral psychotropic medication to psychiatric patients.*
* *Performed de-escalation technique to manage agitated patient.*
* *Ensured safety while patient is on physical restriants*

***Christus Trinity Mother Frances Hospital –*** *Sulphur Spring, TX*

*Med Surg/Tele Registered Nurse (Travel assignment) August 2021 – Nov 2021*

* *Cared for COVID-19 patients.*
* *Cared for post op heart Cath patients.*
* *Provided patient education and teaching.*
* *Interpret Cardiac Tele rhythm.*

***Baylor Scott & White Hospital –*** *Dallas, TX*

*Med Surg/ Tele Registered Nurse (Float Pool, PRN) June 2021 – Nov 2021*

* *Interpret Cardiac Tele rhythm.*
* *Performed Continuous Bladder Irrigation.*
* *Provide Patient Centered-Care.*
* *Provided Patient education and discharge planning.*

***Texas Presbyterian Health*** *– Dallas, TX*

*Med Surg/ Tele Registered Nurse (Travel assignment) February 2021 – April 1, 2021*

* *Cared for post CABG patients.*
* *Provide care and education to CHF patients.*
* *Administered Bumex, heparin drips to cardiac patients.*
* *Performed post Cardiac Cath care for patients.*
* *Cared for patients with digoxin toxicity.*
* *Interpret cardiac arrythmias and notify provider.*
* *Performed COVID-19 testing and screening.*

***Baylor Scott &White Hospital*** *– Waxahachie, TX*

*Med Surg/Tele Registered Nurse (Travel assignment) November 23, 2020 – February 2021*

* *Provided quality care to Covid 19 patients.*
* *Monitored oxygen therapy such as Airvo, Bipap.*
* *Floated to ED holding and other acute care areas.*
* *Performed sterile central line dressing change.*
* *Interpreted telemetry strip.*
* *Performed COVID-19 testing and screening.*
* *Provided patient education and discharge planning.*

***THOP Transmountain*** *– El Paso, TX*

*Med Surg/ Tele Registered Nurse (Travel assignment) November 2, 2020 – November 21, 2020*

* *Cared for Covid-19 patients including infusing remdisvir and convalescent plasma.*
* *Monitored oxygen therapy via NC, Bipap, optimizer, NRBM.*
* *Transfused convalescent plasma and remdesivir via IV.*
* *Interpreted cardiac rhythm strips.*
* *Provided patient education and discharge planning.*
* *Performed COVID-19 testing and screening.*

***Wellstar West Georgia Hospital*** *– LaGrange GA*

*Med Surg/Tele Registered Nurse (Travel assignment) October 5, 2020 – October 28, 2020*

* *Provided care for COVID- 19 patients.*
* *Performed chest pain protocol for chest pain patients.*
* *Interpret Telemetry strip.*
* *Performed Sepsis protocol for patient with positive sepsis screening.*
* *Performed COVID-19 testing and screening.*

***Memorial Health System****- Miramar/Hollywood FL*

*Med Surg/Tele Registered Nurse (Travel assignment) July 2020- September 2020*

* *Provide care to COVID-19 patients.*
* *Monitored respiratory equipment (venti- mask, Bipap, Nasal Canulla) for COVID patients.*
* *Performed convalescent plasma transfusion for COVID 19 patients.*
* *Interpret basic telemetry strip.*
* *Served as float nurse and provided excellent care to patients.*

***Emory Healthcare*** *– Atlanta GA*

*Registered Nurse (Acute Care Float Pool) February 2020 – August 2020*

* *Float to different unit in facility while providing patient-centered care.*
* *Serve as resource nurse on ICU floor caring for COVID 19 patients.*
* *Demonstrates culture of safety while recognizing while recognizing variations in population.*
* *Interpret cardiac rhythm on telemetry strip.*

***Grady Memorial Hospital*** *– Atlanta, GA*

*Registered Nurse (Med-Surg/ED holding/Psychiatry) March 2018 – July 2020*

* *Providing care to the Geri-psych Population.*
* *Performed interdisciplinary rounds on patients which includes the geriatric physician, Pharmacist, Dietician, Physical Therapy*
* *Performed hourly rounding to prevent falls and improve patient satisfaction and safety.*
* *Performed transfer and discharge of patients from ED holding to inpatient psych unit*
* *Provided safety while managing patients placed on restraints.*
* *Interpret basic telemetry strip.*
* *Provided education on psychotropic medication and monitored for adverse effects.*
* *Cared for psychiatric patients.*

***Grady Memorial Hospital*** *–Atlanta, GA*

*Charge Nurse (Med-Surg/ ED holding/Psychiatry) March 2018 – July 2020*

* *Serve as resource nurse for the unit.*
* *Delegate assignment to nurse and Nursing techs.*
* *Perform unit rounding to assess needs of patients on the unit.*
* *Prepare staff schedule and report directly to unit manager.*
* *Cared for Psychiatric patients*
* *Attend staff meetings and meetings as requested by unit manager.*

***Johnson City Medical Center*** *-**Johnson City, TN*

*Registered Nurse (Acute care Unit) Feb 2017 – Feb 2018*

* *Performed Head to Toe assessment and safety checks during every shift.*
* *Changed dressing on Central lines using sterile technique.*
* *Give IV medications such as antibiotics, IV fluids and many more through IV infusion pump.*
* *Educated patients on the use of incentive spirometer, heart healthy diet, diabetes mellitus and CHF.*

***Dawn of Hope***

*Direct Support Professional Johnson City, TN, June 2016- Jan 2017*

* *Provided care for elderly individuals with intellectual disabilities.*
* *Provided care including bathing, feeding, getting dressed, personal hygiene assistance, and transporting to workshop/ day school.*
* *Monitored urinary output by measuring urine in Foley bag.*
* *Prepared meals according to food texture or fluid consistency.*
* *Ambulated using assistive devices including Hoyer Lift, gait belt, wheelchair, cane.*
* *Performed seizure precaution during seizure activity.*

***Skills***

* *Teamwork*
* *Strong communication skills*
* *Team leadership*
* *Problem solving*
* *Critical thinking*
* *Adaptability*

***Certifications/ License***

* *Basic Life Support (BLS) - Expires March 2024*
* *Advanced Cardiac Life Support (ACLS) – Expires March 2024*
* *ANCC PMHNP-BC - #* *2023153729*
* *APRN Texas License in progress*
* *DEA in progress*
* *Registered Nurse: Texas License (Multistate) #1034069*
* *Registered Nurse: California License # 95234586*
* *Registered Nurse: New York License # 899776*
* *Geriatric Resource RN - January 2019*
* *Utilization Review 101 course by Marie Peppers and Judy Clarke- April 2022*

***Technology***

**Software:** *Soarian, Meditech, Cerner, Epic (HER/EMR), Timas, Windows 10, Microsoft Office Suite, Adobe Photoshop*

***Activities***

* *Nurse Volunteer for World stroke Day, November 2019*
* *Nurse Preceptor for new nurse graduates*
* *Champion for HAPU committee for ACE unit*