|  |
| --- |
| Nay SaechaoRN, BSN, CCRNAGPCNP-BC4316 S 72nd StreetTacoma, WA98409(717) 420-6506Canurse24@gmail.com**PROFESSIONAL SUMMARY*** Compassionate, knowledgeable, hard-working, adaptable Nurse Practitioner with a total of 19 years of bedside nursing experience.
* Areas of expertise include 4 years in Neuro Trauma Intensive Care Unit, 10 years in Cardiac ICU, 5 years in medical surgical nursing.
* Currently seeking a position that will promote growth for a new Nurse Practitioner in my skills and level of practice.
* I am looking for a full-time position with a company where I can be an asset and contribute my skills and knowledge toward patient satisfaction and organizational success.
 |
|  |
| Work EXPERIENCE |
|  |

|  |  |
| --- | --- |
|  Registered Nurse (RN) Neuro Trauma ICU |  |
|  Tacoma General Hospital, Tacoma, WA* 28 bed mixed medical, surgical intensive care unit
* Diverse patient population, including trauma and neuro/stroke care
* Staff nurse
* Trained in CRRT since Sept 2020
* Preceptor to new resident RNs often
* Current Certifications and valid dates:

ACLS & BLS (August 2022- August 2024)CCRN (2025-2028), NIHSS (2023-2024)ENLS certification (2022-2024) |  |

 | Sept 2019-Present |
|  | Travel Registered Nurse (RN) – ICU & Float | Apr 2019 -July 2019 |
|  | Good Samaritan Hospital, Puyallup WA * ICU, PCU, Post-surgical, CCU, and M/S float
 |  |
|  |  |  |
|  | Registered Nurse (RN) – Cardiac & M/S ICU | June 2009-April 2019 |
| Lancaster General Health, Lancaster, PA* 32 bed mixed medical and surgical intensive care unit
* Staff nurse, day shift
* Open Heart Surgery course completed Jan 2012
* Manage care of patients with complex, critical illnesses.  Provide care to adult populations on full mechanical and circulatory support including: ECMO, Ventricular Assist Devices, Continuous Renal Replacement Therapy, Intra-aortic balloon pump therapy, and post-operative care of Coronary Artery Bypass Surgery.
* CCRN certification obtained Oct 2013 -current
* Level III Clinical Ladder 2013
* Level IV Clinical Ladder since 2016-2019
* Fundamental of Critical Care Course completed February 2017
* Advanced EKG class completed July 2017
 |
| RN -4 East Medical/Surgical unit | April 2008-June 2009 |
| Lancaster General Health, Lancaster, PA* 21 bed general medical surgical unit
* Night shift facilitator and preceptor
 |
| RN –Travel Nursing, Medical/Surgical  | 2007-2008 |
| Lancaster General Health, Lancaster, PABradford Regional Medical Center, Bradford, PA |
| RN –5 Bauer, Medical Surgical unit | 2004-2007 |
| St Mary’s Medical Center, Long Beach, CA |
|  |  |
| EDUCATION |
|  | Bachelor of Science, Nursing | 2000-2004 |
| Laurentian University, Sudbury Ontario, CanadaCanadian Nursing Students’ Association council member for 2 years**Adult Gerontology Primary Care Nurse Practitioner** **Program, Masters in Nursing** 2021-2023 University of Cincinnati *3.93 GPA Overall* ***ANCC Board Certified since 10/7/2023***Member of Sigma Theta Tau honor societyClinical placements included Palliative Care, Internal Medicine, Family Practice, and Neurology -Stroke Clinic |
|  |  |
| AfFILIATIONS/Memberships  |
|  | American Association of Critical Care Nurses (AACN)  | 2011-present |
| * Member of the Susquehanna Valley Chapter of AACN (SVAACN)
* Board of Directors, SVAACN –“Social Media Liaison & Webmaster”
 | 2013-20192016-2019 |
| Professional development experience |
|  | Evidence Based Practice (EBP) Council of the ICU 2011-2018* **Committee Chair** 2014-2018

***Highlights:*** -**Principal Investigator for a Pilot Study on Combatting Compassion Fatigue; -published as primary author, in Jan 2017.** -3 Interventions implemented were: Having staff watch a Webinar, participate in a book club, and attend 4 hour retreat sessions with focus on education on several topics including end-of-life conversations. Clinical significance was found, leading to a nursing article being successfully published. **Reference:** Saechao, Nay & Anderson, Aimee & Connor, Barbara. (2017). In our unit: ICU interventions for moral distress and compassion fatigue. *Nursing Critical Care.* 12(1):5-8. * **Podium presentation** at SVAACN conference in November 2016, on the Compassion Fatigue work.
* Served on ICU Steering Committee bimonthly, 2014-2018.
* **Podium Presentation** *at the Hospital Wide Nursing Research and Evidence Based Practice Conference*, on the topic of “Dissemination of EBP and Research.” October 2018.
* Led the implementation of a Mobility Protocol for Critical Care Patients with Swans and Vasoactive Drips, Nov 2016.
* Led EBP project on Palliative Ventilator Weaning in Critical Care, and Implementation of ABCDEF Bundle. (2018-2019).

  |
|  |  |

# AWARDS

### Distinguished Nurse Clinician Academy

###  January 2018 – March 2019

Prestigious award through Penn Medicine, to recognize excellence in dedicated bedside nurses throughout the health system, and enhance leadership.

### Nominated for Nightingale Award

###  October 2018

5th place overall for Clinical Practice Registered Nurse award.

#

# References -available upon request