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| Nay Saechao RN, BSN, CCRN  AGPCNP-BC  4316 S 72nd Street  Tacoma, WA  98409  (717) 420-6506  [Canurse24@gmail.com](mailto:Canurse24@gmail.com)  **PROFESSIONAL SUMMARY**   * Compassionate, knowledgeable, hard-working, adaptable Nurse Practitioner with a total of 19 years of bedside nursing experience. * Areas of expertise include 4 years in Neuro Trauma Intensive Care Unit, 10 years in Cardiac ICU, 5 years in medical surgical nursing. * Currently seeking a position that will promote growth for a new Nurse Practitioner in my skills and level of practice. * I am looking for a full-time position with a company where I can be an asset and contribute my skills and knowledge toward patient satisfaction and organizational success. | | |
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| Work EXPERIENCE | | |
|  | |  |  | | --- | --- | | Registered Nurse (RN) Neuro Trauma ICU |  | | Tacoma General Hospital, Tacoma, WA   * 28 bed mixed medical, surgical intensive care unit * Diverse patient population, including trauma and neuro/stroke care * Staff nurse * Trained in CRRT since Sept 2020 * Preceptor to new resident RNs often * Current Certifications and valid dates:   ACLS & BLS (August 2022- August 2024)  CCRN (2025-2028), NIHSS (2023-2024)  ENLS certification (2022-2024) |  | | Sept 2019-  Present |
|  | Travel Registered Nurse (RN) – ICU & Float | Apr 2019 -July 2019 |
|  | Good Samaritan Hospital, Puyallup WA   * ICU, PCU, Post-surgical, CCU, and M/S float |  |
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|  | Registered Nurse (RN) – Cardiac & M/S ICU | June 2009-April 2019 |
| Lancaster General Health, Lancaster, PA   * 32 bed mixed medical and surgical intensive care unit * Staff nurse, day shift * Open Heart Surgery course completed Jan 2012 * Manage care of patients with complex, critical illnesses.  Provide care to adult populations on full mechanical and circulatory support including: ECMO, Ventricular Assist Devices, Continuous Renal Replacement Therapy, Intra-aortic balloon pump therapy, and post-operative care of Coronary Artery Bypass Surgery. * CCRN certification obtained Oct 2013 -current * Level III Clinical Ladder 2013 * Level IV Clinical Ladder since 2016-2019 * Fundamental of Critical Care Course completed February 2017 * Advanced EKG class completed July 2017 | |
| RN -4 East Medical/Surgical unit | April 2008-June 2009 |
| Lancaster General Health, Lancaster, PA   * 21 bed general medical surgical unit * Night shift facilitator and preceptor | |
| RN –Travel Nursing, Medical/Surgical | 2007-2008 |
| Lancaster General Health, Lancaster, PA  Bradford Regional Medical Center, Bradford, PA | |
| RN –5 Bauer, Medical Surgical unit | 2004-2007 |
| St Mary’s Medical Center, Long Beach, CA | |
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| EDUCATION | | |
|  | Bachelor of Science, Nursing | 2000-2004 |
| Laurentian University, Sudbury Ontario, Canada  Canadian Nursing Students’ Association council member for 2 years  **Adult Gerontology Primary Care Nurse Practitioner**  **Program, Masters in Nursing** 2021-2023  University of Cincinnati  *3.93 GPA Overall*  ***ANCC Board Certified since 10/7/2023***  Member of Sigma Theta Tau honor society  Clinical placements included Palliative Care, Internal Medicine, Family Practice, and Neurology -Stroke Clinic | |
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| AfFILIATIONS/Memberships | | |
|  | American Association of Critical Care Nurses (AACN) | 2011-present |
| * Member of the Susquehanna Valley Chapter of AACN (SVAACN) * Board of Directors, SVAACN –“Social Media Liaison & Webmaster” | 2013-2019  2016-2019 |
| Professional development experience | | |
|  | Evidence Based Practice (EBP) Council of the ICU 2011-2018  * **Committee Chair** 2014-2018   ***Highlights:***  -**Principal Investigator for a Pilot Study on Combatting Compassion Fatigue; -published as primary author, in Jan 2017.**  -3 Interventions implemented were: Having staff watch a Webinar, participate in a book club, and attend 4 hour retreat sessions with focus on education on several topics including end-of-life conversations. Clinical significance was found, leading to a nursing article being successfully published.  **Reference:** Saechao, Nay & Anderson, Aimee & Connor, Barbara. (2017). In our unit: ICU interventions for moral distress and compassion fatigue. *Nursing Critical Care.* 12(1):5-8.   * **Podium presentation** at SVAACN conference in November 2016, on the Compassion Fatigue work. * Served on ICU Steering Committee bimonthly, 2014-2018. * **Podium Presentation** *at the Hospital Wide Nursing Research and Evidence Based Practice Conference*, on the topic of “Dissemination of EBP and Research.” October 2018. * Led the implementation of a Mobility Protocol for Critical Care Patients with Swans and Vasoactive Drips, Nov 2016. * Led EBP project on Palliative Ventilator Weaning in Critical Care, and Implementation of ABCDEF Bundle. (2018-2019). | |
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# AWARDS

### Distinguished Nurse Clinician Academy

### January 2018 – March 2019

Prestigious award through Penn Medicine, to recognize excellence in dedicated bedside nurses throughout the health system, and enhance leadership.

### Nominated for Nightingale Award

### October 2018

5th place overall for Clinical Practice Registered Nurse award.

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# References -available upon request