# Erica Winter

## Physician Assistant

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A licensed Physician Assistant with over 2 years experience in critical care focusing on patient-centered care, multidisciplinary teamwork, and evidence based medicine practice to ensure efficient and quality driven care to all patients.

## **Professional Experience**

#### Critical Care Physician Assistant MedStar Health | September 2021 - Present

- Function as the sole in-house overnight critical care provider of a 12 bed ICU while overseeing and leading a team of healthcare professionals within the unit to ensure quality driven patient care.
- Perform independent patient evaluations, obtain complete history and physical exam, and interpret diagnostic imaging to develop thorough and appropriate treatment plans.
- Facilitate and lead overnight rounds with nursing staff and respiratory therapy to review patient current clinical condition, adjust care plans as needed, and overall enhance communication within the team.
- Provide overnight consultations to the hospitalist team as well as the emergency department to determine appropriate level of care for patients and assist with transfer to tertiary facility if needed.
- Skillfully assist with as well as perform advanced procedures to include central venous catheter insertion, arterial line insertion, endotracheal intubation, and thoracentesis.
- Work closely with my attending physician and care team to assess patient's daily progress and adapt their plan of care based on current trends.
- Respond to and independently lead overnight Rapid Response Team to ensure patient stabilization.
- Provide education and instruction to patient's and their families surrounding treatment plan as well as provide emotional support and additional resources as needed.
- Participate in monthly education meetings as well as maintain my role in Sepsis Committee.

#### Education

Master of Science in Physician Assistant Studies Franklin Pierce University, Lebanon, NH | November 2018 - March 2021

Bachelor of Science in Exercise Science Towson University, Towson, MD | September 2012 - May 2016

## Key Skills

- Multidisciplinary teamwork
- Critical thinking
- Adaptability
- Professionalism
- Ventilator management
- Central venous catheter insertion
- Arterial line insertion
- Diagnostic imaging interpretation

### Certifications

ACLS (American Heart Association) | November 2021