

Ross Groeschl, DPM

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EDUCATION

Residency

Grant Medical Center Foot and Ankle Surgery 2021-2024
Columbus, OH
Reconstructive Rearfoot and Ankle Certification PMSR/RRA
Director: Robert Mendicino, DPM FACFAS

Doctor of Podiatric Medicine

Midwestern University- College of Podiatric Medicine and Surgery 2017-2021
Glendale, AZ
Pi Delta National Podiatry Honor's Society
GPA: 3.93

Bachelor of Science

University of Wisconsin- Stevens Point 2010-2014
Major: Biology
Minor: Chemistry
Stevens Point, WI

PROFESSIONAL BOARD CERTIFICATION AND LICENSURE

Podiatric Physician and Surgeon Limited Licensure, Ohio 2021-Present
National Board of Podiatric Medical Examiners: Part 1 2019
National Board of Podiatric Medical Examiners: Part 2, Part 2 CSPE 2021
National Board of Podiatric Medical Examiners: Part 3 2022

EMPLOYMENT/EXPERIENCE

Lower Limb Anatomy Cadaver Lab and Intro to Surgery Teaching Assistant 2019
Instructed colleagues in lower extremity anatomy structures

Intro to Surgery Teaching Assistant 2019
Instructed colleagues in basic surgical techniques such as suturing, hand-ties, etc.

CURRENT ADDITIONAL RESEARCH

Bischoff AJ, Hill Z, **Groeschl R**, Mendicino R. Current Considerations and Trends of the Evans Calcaneal Osteotomy Among Prominent Foot and Ankle Surgeons.

Stone R, **Groeschl R**, Black A. Treatment of a Posterior Calcaneal Defect in the Multimorbid Patient: A Description of the Orthoplastic Approach

Groeschl R, Stone R, Black A. Case Series: Success Muscle Flaps for Calcaneal Defects in the Multimorbid Patient

Groeschl R, Mendicino R. Nicotine Containing Product Consideration in the Peri-operative Setting.

Brown J, Hill Z, **Groeschl R**, Mendicino R. Parallax Image Distortion in Fluoroscopy Units.

Casciato D, **Groeschl R**, Mendicino R. Optimal Guidewire Starting Position for Medial Column Intramedullary Fixation: A Cadaver Study

POSTER AND ORAL PRESENTATION

Bischoff AJ, Stone R, **Groeschl R**, Weiner R, Faherty M. Isolated Dorsal Plate Technique for Arthrodesis of the 1st Metatarsophalangeal Joint.
Poster Presentation, ACFAS National Meeting February 2022

Casciato D, **Groeschl R**, Mendicino R. Optimal Guidewire Starting Position for Medial Column Intramedullary Fixation: A Cadaver Study
Poster Presentation, ACFAS National Meeting February 2023

PUBLICATIONS

Bischoff AJ, Stone R, **Groeschl R**, Weiner R, Faherty M. Isolated Dorsal Plate Technique for Arthrodesis of the 1st Metatarsophalangeal Joint.
Accepted for publication in JAPMA (March 2024)

CONFERENCE ATTENDANCE

ACFAS National Conference
Los Angeles, CA

February 2023

ACFAS Arthroscopy course

December 2022

Chicago, IL

ACFAS AO fixation course
Chicago, IL

May 2022

ACFAS National Meeting
San Antonio, TX

February 2021

ACFAS National Meeting
New Orleans, LA

February 2020

SURGICAL LABS AND WORKSHOPS

Paragon lab: Ex-fix and hindfoot nail
With Dr. Hutchinson

February 2024

RedPoint Medical 3D
With Dr. Hlad and Dr. Lamm

December 2022

Mosher Medical: Fibular nail, ankle fracture, and posterior plating Lab

October 2022

Metalogix: External Fixation Saw Bone Workshop
with Dr. Derner

August 2022

DJO lab: Management of Talar AVN with Acetabular Reamer and IMN fixation
with Dr. Grossman

July 2022

Vilex: Progressive Medical Solutions: Brevis and Hemi-Soleus Muscle flaps
July 2022
with Dr. Quisno

ACFAS Comprehensive fixation for the Ankle and Foot Course
Chicago, IL

May 2022

Flower orthopedics: Ankle Fracture, Trepine arthrodesis workshop
With Dr. John Levin

May 2022

Stryker: TTC Nail and Charcot beaming
with Dr. Loveland

April 2022

Orthofix: Circular ring fixation Workshop
with Dr. Hutchinson

March 2022

Integra: Lower Extremity Flaps for Complex Wound Management with Dr. Edgardo Rodrigues	January 2022
Stryker: Trimalleolar fracture fixation Workshop with Dr. Mark Hofbauer	November 2021
Flower Orthopedics: Flex-Thread Lab and Workshop with Dr. Richard Derner	October 2021
Stryker: Ankle Arthrodesis, Posterior Malleolar fixation Workshop with Dr. Jordan Grossman	October 2021
Crossroads: MiniBunion Workshop with Dr. Bradley Lamm	September 2021
Keracis: Skin Substitute/Fasciocutaneous Flap Workshop	September 2021
Stryker Mobile Lab: MTPJ, Lapidus, Ankle Arthrodesis	July 2021

LEADERSHIP

Chief Resident of Service Line	2023-2024
OHFAMA Foot and Ankle Medical Association Secretary position	2022-2023
Resident Lab Coordinator – Grant Medical Center Residency Severed as our cadaver lab management for our weekly labs	2022-2023
ACFAS President- Student Chapter at Midwestern University Organized club events, presentations, and workshops along with attendance at the yearly ACFAS conference	2019-2020
ACFAS Vice President- Student Chapter at Midwestern University Organized club events, presentations, and workshops along with attendance at the yearly ACFAS conference	2018-2019
CASS Homeless Shelter Clinical Coordinator Help coordinator student rotations along with set up once a week at a local homeless shelter where we provided basic podiatric foot care	2018-2019
NAU Recruitment- Midwestern University Traveled to local schools to provide education on what podiatry has to offer as a career	2018-2019

VOLUNTEER WORK

Rock N'Roll Marathon (AZ)	2018, 2019
Provided basic foot care post-op marathon run	
Special Olympics	2017, 2019
Provided comprehensive foot screenings and social interaction	
Medical Mission Trip- Guatemala	2014
Spent 10 days providing health care to the local citizens of a rural area in Guatemala	

AWARDS AND RECOGNITIONS

OHFAMA poster competition- honorable mention	2022
Jeffrey C. Page, DPM Distinguished Student Award	2021
Pi Delta National Podiatry Honor's Society	2021
MWU Spirit of Service Scholarship	2019, 2020
Student of the Month at Midwestern University	2019
Meyer Friedlander & Milton Klasky Tikum Olam Scholarship	2019

CERTIFICATIONS AND TRAININGS

Advanced Trauma Life Support	2021
Advanced Cardiac Life Support	2021
Basic Life Support	2021
Emergency Medical Technician	2014-2016

PERSONAL

Spending time with my fiancé, family, and friends

Hiking, hunting, other outdoor activities, watching/playing sports, pool, and video games