**COMMITMENT – HARD WORK – EXCELLENCE - RESULTS**

Dear Clinician Recruiter,

It is with great interest that I am forwarding my resume for consideration as a Psychiatric Mental Health Nurse Practitioner (PMHNP) within your organization.  I completed my Bachelors of Science in Nursing (BSN) in May 2016 from IU School of Nursing, Indianapolis, Indiana.  I obtained my registered nurse (RN) licensure in June 2000..  I completed a Masters in Nursing (MSN), PMHNP specialty, at Walden University in February 2021, and passed PMHNP board certification exam.   Given my diverse background in nursing and exposure to the mental health and patient care industry, I feel I would be an excellent fit for the role. Please consider the following highlights from my resume:

* **Organizational Skills** – Coordinated resources for new and existing patient care from initial admittance to discharge.
* **Leadership Skills** – Accomplished in team leadership, attention to detail, organizational and communication skills.
* **Relationship Building** – Expertise and excellent relationship-building skills allow interactive connection with patients, staff and attending physicians.

I thrive in challenging and results-oriented environments, and it is these qualities that attract me to a career with a company such as yours.

As a highly motivated, results-driven individual, I have a strong desire to exceed expectations and deliver the effort necessary to achieve company goals.

I would welcome the opportunity to discuss how I can address the unique challenges of this position. Please contact me to arrange a mutually convenient time for us to meet. In the interim, I thank you for reviewing this letter and the accompanying material.

Sincerely yours,

Debra K Nelson

 May 8, 2023

To Whom It May Concern:

As an assistant professor of Child and Adolescent Psychiatry who has worked with Deb Nelson in multiple settings, it is my pleasure to enthusiastically recommend Deb Nelson for this position. I have worked with Deb in both inpatient and outpatient settings and have had ample opportunity to observe the care that she has provided patients as well as working within a team of providers at the Riley Hospital for Children, a nationally-ranked, tertiary care hospital that provides superior care to children with the most complex conditions throughout the state.

While working in a team setting with her at the Riley Hospital for Children primary care clinic as a member of the nursing team I have observed Deb communicate effectively and professionally with a wide range of providers including primary care pediatric faculty physicians, resident physicians, social workers, psychologists, psychiatrists, pharmacists, etc. I have also witnessed her provide compassionate support and evidence-based recommendations for families and patients within the scope of her field while effectively relaying concerns to their primary care physicians. Deb is an integral part of a clinical care team that has won numerous awards for patient satisfaction and outstanding clinical care.

Additionally, I have worked with Deb in the acute psychiatric hospital setting in which she provided empathetic care to youth struggling with severe and acute mental health issues, remaining calm and composed when required to manage disruptive and, at times, aggressive behaviors from patients struggling with emotional and behavioral dysregulation. I have also been able to observe her patient interactions in the outpatient clinic in which she is able to build rapport easily with youth given her open and warm interpersonal style.

Personally, I find Deb to be a kind, knowledgeable, professional, and honest person with great integrity. She has demonstrated she can be “the calm in the chaos” that comes with busy, demanding tertiary care inpatient and outpatient clinical settings. With full confidence I can say she will be a tremendous asset to your organization.

Respectfully,



119 Tripps Avenue, Lebanon 46052

317-966-1840

Cloudsdeb91@gmail.com

Debra Nelson

|  |  |  |
| --- | --- | --- |
| Objective |  | Highly motivated to obtain Psychiatric Mental Health Nurse Practitioner position. |
| Professional Achievements |  | COMMUNITY HEALTH START DATE 1/2022Psychiatric Mental Health Nurse Practitioner  Provide evaluations and ongoing care to adults, children and families with mental illness disorders. Provide comprehensive evaluations, consultations, assessments, family meetings and crisis intervention both in person and via virtual visits. Manage patient medications in cooperation with the psychiatrist. Document all diagnostic and treatment information into an electronic health record. Serve as a member of multidisciplinary, outpatient teams.IU Health RN Start date 6/2000Team nurse in multi-specialty outpatient clinic, previously also on Riley inpatient adolescent psychiatric unit, Riley ED psych holding and ED forensic program as Pediatric Sexual Assault Nurse Examiner.Coordinating patient workflow, directing staff in charge nurse role, providing clinical support, and patient education, providing excellent clinical and teaching skill. Track record of providing exceptional patient care and patient advocate, patient and family education and providing support to coworkers. Past experience – over 10 years at Methodist mATERNITY cENTER, Riley inpatientRN OB Post- Partum, RN Labor and Delivery, RN Riley Pediatric Floor and Outpatient ClinicProvide inpatient care. Maintain accurate, detailed reports and records. Modify patient treatment plans as indicated by patients’ response and conditions. Direct or supervise less skilled staff, active as preceptor. Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans. Instruct individuals and families on discharge topics such as health education, disease prevention, and develop health improvement programs. Provide or arrange for training or instruction of patients via interpreter for non-English speaking patients. Coordinate social work consults as needed. |
| Affiliations Certifications Skills |  | Critical Thinking - Complex Problem SolvingJudgement and Decision MakingActive Learning and InstructingTime Management**CPI Certification** – Nonviolent Crisis Intervention**SANE (Sexual Assault Nurse Examiner**) both Adult/Adolescent and Pediatric – Center of Hope at Riley ED**Member of Gift of Love Committee** while working on OB floor, serving as advocate for birth moms and support for adoptive mom.**Basic Life Support Certification****Post-Partum Support International – member.** This organization increases awareness among public and professional communities about the emotional changes that women experience during pregnancy and postpartum. When the mental health of the mother is compromised it affects the entire family.**Poster presentations:****Postpartum Discharge Teaching Tool, Indianapolis, IU School of Nursing,12/10/15 “In Postpartum patients, how does having a visual tool about discharge criteria compared to no tool affect freeing up the room and improving turnover time within normal discharge time”****“Overview of Stress among Nurses and The Use of Lavender Aromatherapy” 6/22/16** |
| Work History |  | RN -RILEY HOSPITAL FOR CHILDREN 1/2017 to 1/2022, multi-specialty outpatient clinic and inpatient adolescent psychiatric unit.RN - HEALTHNET SOUTHWEST CLINIC 10/4/2015 to 12/31/2016 RN – OB Post Partum 11/2005 - 10/2015RN Riley Outpatient Surgery Pre-Post OP 11/2003-11/2005RN Riley Pediatric 1/2002-11/2003RN Labor and Delivery 9/2000-1/2002 |
| Education |  | PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER graduated 2021 WALDEN UNIVERSITYBACHELOR OF SCIENCE IN NURSING 12/2016 IU SCHOOL OF NURSING Associate of SCIENCE: Nursing 5/2000 Ivy Tech Community CollegeAssociate of SCIENCE: General Studies 5/1991 Vincennes University |
|  |  |  |

**VOLUNTEER EXPERIENCES AND LIFE EXPERIENCES**

Warmline/Helpline Volunteer for PSI (Postpartum Support International) http://www.postpartum.net/

Helpline Volunteers serve as the bridge between the families who need support during perinatal mood and anxiety disorders (PMAD) and Coordinators (Resources). Answer calls and texts from moms, dads, grandparents, and other helpers, provide a listening ear, reassurance, information, and have our PSI Coordinator contact them for mental health services.

Residential Technician at Hope Center Indy <https://www.hopecenterindy.org/>

 Residential campus committed to healing the personal and building the professional lives of women coming out of human trafficking.  I volunteered for over a year there one day per week, I stayed with the women up in the living quarters, basically provided support and made their day to day routine keep flowing , help them prepare meals, be there if they need anything,- take them to doctor appointments or other appointments if needed.
A lot of being a part of non- threatening safe support system for them. This establishment has an intense security network, involving FBI, Homeland Security and IPD posts at the facility. Extensive background check was done before I could become a volunteer directly with the women.

Sexual Assault Nurse Examiner –

 SANE (Sexual Assault Nurse Examiner) both adult/adolescent and pediatric, worked as SANE/Forensic Nurse Examiner in Riley ED/Center of Hope. An important accomplishment for me as my time volunteering with survivors of human trafficking, taught me that most rape survivors do not have any type of advocate for them in the Emergency Department.

Families First - Sexual Assault Response Volunteer. <https://www.familiesfirstindiana.org/>

Volunteer for 8-hour on-call shifts to assist survivors of sexual assault with support services at local hospitals. When an individual goes into a hospital for a sexual assault forensic exam (rape kit), the nurse calls volunteers to come to the hospital as added support to the survivor. Services may include: safety planning, support and education regarding sexual assault forensic exam, connection to resources, and education on rights related to reporting sexual assault to law enforcement.