# **Ekwevugbe Ochuko Ogbon**

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#### **Medical Education**

University of Port Harcourt College of Health Sciences, Nigeria 01/2010 - 07/2017 M.B., B.S., 07/2017

### 07/2021 - 06/2024

ACGME Residency - Internal Medicine Michigan State University/Hurley Medical Center

#### **Awards**

Top 5% of the graduating Medical Class of 2017

Outstanding Editor, Port Harcourt University Medical Student Association Medical Journal and Magazine

Best Group Leader, Senior Medical Clinical posting

Outstanding Chairman, Local Organizing Committee for Health Week

## Other Awards/Accomplishments

Internal Medicine Chief Resident, 2023/2024 Session Quarterly Hurley Wellness Hero December 2022 Outstanding STOP THE Bleed Instructor Shell Undergraduate Scholarship (2010 - 2016)
AGIP/NNPC Undergraduate Scholarship (2011 - 2016)
AGBAMI Undergraduate Scholarship (2011 - 2016) Ibru University Scholarship Award (2010-2016)

#### Certification/Licensure

ACLS Certified, 05/27/2023 BLS Certified, 05/27/2023

DEA Registration #: AV2268844-375

### **State Licenses**

Michigan, Temporary or Limited, Exp. Date: 06/2024

# Housestaff Association Vice President and Quarterly Wellness Hero Michigan State University/ Hurley Medical Center Education/training 05/2023 - Present Flint, MI

I was elected by my peers to serve as the Vice President of the House Staff Association, a role responsible for addressing the needs of approximately 100 residents.

Additionally, I was chosen as the Wellness Hero of the quarter, a recognition bestowed upon me by the hospital staff, leadership and residents.

In these roles, I spearheaded the organization of wellness events for residents, resulting in a notable increase in participation.

Actively promoted healthy habits and the integration of fitness into our daily routines.

Collaborated closely with the hospital's wellness committee to develop programs tailored for residents and enhance the quality of our fitness center. Worked with the team, to ensure regular forums with the graduate medical education, leading to smooth relations and satisfaction by both parties. Encouraged greater residents' involvement in hospital committees leading to quality improvement and patient care.

Fostered camaraderie among all residents through inter program activities

# Internal Medicine Chief Resident Michigan State University Hurley Medical Center 04/2023 - Present Education/training Flint, MI

Appointed as the chief resident, responsible for coordinating the academic activities of the internal medicine program.

#### Roles:

Formulated a comprehensive academic calendar for the year, prioritizing input from residents and strengthening weak areas.

Organized simulation sessions for residents encompassing all required procedures aimed at enhancing patient care

Designed an in-house board review series for the final year residents, equipping them for the ABIM

Executed monthly medical jeopardy sessions, resulting in notable advancements in residents' knowledge, and increased participation in regional events. Encouraged greater resident engagement in research, presentations, and publications

Facilitated and conducted tutorials to enhance the clinical skills and knowledge of medical students while serving as a mentor.

Collaborated with attendings to ensure the provision of POCUS training.

My contribution led to increased residents' attendance, active participation, knowledge and satisfaction with academics.

# STOP the bleed instructor and Global Health Advocate Association of Nigerian Physicians in the Americas (ANPA) Professional organization 06/2021 - Present Flint, MI

Serve as a physician of ANPA, with the primary responsibility of improving medical education, and coordinating health and non-health personnel in the provision of health in rural settings.

Engaged in healthcare missions within rural regions of developing nations like Nigeria, addressing the medical and surgical needs of thousands of persons individuals.

Partnered with both governmental and non-governmental agencies to train hundreds of persons and organizations in the essential "STOP THE BLEED" technique, thereby mitigating morbidity and mortality.

Initiated and led a research initiative to determine the point prevalence of hepatitis B and malaria within a community in southwest Nigeria. Organized the workup of patients who tested positive for hepatitis B, and ensured the establishment of care with gastroenterologist and ongoing treatment

Led the ambulatory and pre-operative team, comprising of doctors, nursing, and other personnel in the management of thousands of patients while managing our resources.

# Pulmonary Critical Care Resident Physician - Away Elective Cleveland Clinic Foundation 03/2023 - 04/2023 Education/training Cleveland, OH

Worked as an away resident at the Cleveland Clinic Foundation for about a month immersing in critical care and pulmonology settings.

### Roles:

Primary resident responsible for the management of critically ill and pulmonology patients with multiple medical and surgical conditions, including transplant preparation.

Supervised intern and medical student on the workup and management of patient's clinical presentation.

Worked under the supervision of world-class attendings in managing rare conditions and use of advanced therapeutic techniques.

Collaborated with a diverse team comprising of fellows, residents, interns, medical students, international observers and other medical professionals in the timely delivery of care.

Performed multiple oral presentations on selected topics to the team and assisted in preparing medical students for their presentations.

Utilized available resources such as the simulation room, research materials, to augment medical knowledge and skills ultimately improving patient care.

# Internal Medicine Resident Michigan State University/Hurley Medical Center Education/training 06/2021 - Present (06/2024) Flint, MI

Role: Internal Medicine Resident in a university-affiliated hospital that caters to a diverse population of patients within an underserved community Elicited patient histories, conducted thorough physical examinations, and expertly managed individuals with diverse medical conditions in acute, subacute, critical care, emergent, and ambulatory settings under the guidance of outstanding attending physicians.

Oversaw the team comprising interns, medical students, and other healthcare professionals, ensuring comprehensive patient care.

Primary resident responsible for handling in-hospital emergencies, including code blue, code stroke, and rapid response calls and management. Actively contributed to academics by presenting case reports and orchestrating team presentations for journal clubs and team reports. Organized tutorials and mentored medical students to enhance their clinical skills and knowledge.

Performed procedures and guided interns during procedures in the course of patient care improving teamwork

## **Principal Investigator**

Michigan State University/ Hurley Medical Center 06/2022 - 07/2023 Research Flint, MI Worked as the principal investigator and collaborator on multiple quality improvement (QI) and research projects.

Spearheaded the QI team in formulating project proposals, developing questionnaires, and efficiently collecting data.

Analyzed the gathered data and subsequently presented recommendations to the leadership. These recommendations were directly based on residents' responses, ultimately leading to enhancements in both patient care and residents' wellness.

Collaborated closely with colleagues in the conception and execution of multiple quality improvement projects, all aimed at elevating the quality of patient care.

Collaborated with the IT and EMR committee to redesign discharge instructions and geriatric order sets, geared towards improving patient education and preventing delirium and falls. Actively participated in hospital QI committee meetings to ensure that the latest information was available to residents and applied across all healthcare settings to ensure continuous improvement.

# **Medical Volunteer**

# Hurley Foundation 07/2021 - Present Volunteer/service/advocacy Flint, MI

I dedicated my time to volunteer with the Hurley Foundation, a non-profit organization focused on enhancing community engagement, fostering collaboration, providing health education and promotion, and delivering healthcare services during community events.

#### Roles:

Coordinating and offering medical support for events both on and off the campus. Assessing and managing acute medical conditions during the annual CRIM race. Partnering with other organizations to create blankets for organ donors.

Offering first aid services during significant community events.

# KAINJI Foundation 10/2019 - Present Volunteer/service/advocacy Boston, MA Project Coordinator and Officer

Serve as the project coordinator responsible for guiding and orchestrating programs for thousands of international medical graduates (IMGs) who are pursuing graduate medical education in the United States at various stages

#### Roles

Facilitating mentorship and networking programs, using the power of social media to guide IMGs

Organized study groups and tutorial sessions for preparation of USMLE step 1, 2, 3 and OET exams.

Organized and moderated focused meetings enlightening IMGs regarding examinations, networking, observerships, application process and interview preparation.

Managing an online database and allocation of members into various interest groups.

Promoting academic advancement by establishing research groups and training sessions on publishing.

Mentored hundreds of IMGs both directly and indirectly resulting in increased understanding of the application process and IMG match rate. Executed educational sessions for Nigerian Medical students on preparation and planning for USMLE and US residency.

#### Director

# Dorcas Heart 09/2019 - Present Volunteer/service/advocacy Allen, TX

Serving as the Director of Health Services for the nonprofit organization dedicated to supporting underserved communities by providing essential supplies.

Coordinating monthly outreach programs in underserved communities to provide food, clothing, hygiene items, winter essentials etc.

Collaborating with healthcare professionals, including physicians, nurses, and pharmaceutical organizations, to offer health education, screenings, and basic medical and dental services to individuals in underserved communities, including the homeless.

Implement mentorship programs designed to connect young men and women with career and academic mentors, fostering personal and professional development.

Awarding educational trust scholarships to outstanding students at the elementary and high school levels, promoting academic excellence.

Organizing empowerment programs for young individuals in developing countries, through education and training to facilitate their growth

Organize fundraising initiatives for running programs

#### **Publications**

### **Peer Reviewed Journal Articles/Abstracts**

Babajide, O. I, Ogbon, E. O., Agbalajobi, O., Ikeokwu, A., Adelodun A., Obomanu, T. E.. (2022, Nov). Clinical Characteristics, Predictors, and Rates of Hospitalized Acute Cholangitis Patients in the United States. Annals of Gastroenterology, 35(6)(36406973), 640-647.

Pub Status: Published.

Article URL: https://pubmed.ncbi.nlm.nih.gov/36406973/

Babjide, O.I., Ogbon, E.O., Adelodun, A., Agbalajobi, O., Ogunsesan, Y.. (2022, Apr). COVID-19 and acute pancreatitis: A systematic review. JGH, 6(5), 231-235.

Chinnappan J., Hussain M., Awuah, D., Ogbon, E., Bachuwa, G., McDonald, P.,. (2023, Jan). Extraintestinal Clostridioides difficile Infection (CDI): A Recurrent Battle with Resilient Abdominal Wall Abscess. European Journal Case Report, 10(1):(10(1):003711), 003711.

Cited in PubMed; PMID: 36819648.

Pub Status: Published.

Article URL: https://doi.org/10.12890%2F2023 003711

Chinnappan, J. M, Palanisamy, N., Ogbon, E., Foreback, J., Bachuwa, G.,. (2022, Dec). Posterior Mediastinal Mass: Unraveling a Non-Traumatic Herniation of the Caudate Lobe of the Liver. American Journal of Gastroenterology, 117(117(10 Supplement 2)), S2017-S2018. Cited in PubMed: PMID: covidwho-2322430.

Pub Status: Published.

Article URL:

https://pesquisa.bvsalud.org/global-literature-on-novel-coronavirus-2019-ncov/resource/pt/covid who-2322430

### Peer Reviewed Journal Articles/Abstracts (Other than Published)

Chinnappan, J., Joseph N. M., Ogbon E. O., Al-Handola R.. (2023, Aug). Prevalence and Factors Associated with Inappropriate Continuation of Stress Ulcer Prophylaxis at Discharge. Cureus.

Pub Status: Submitted.

Mary Oluwaseun Olowere, M., Asuquo, J., Okunromade, O., Odegbile, A., Ukenenye, E., Onuegbu, C., Ogbon, E., Oladunjoye, O., Opaleye-Enakhimion, T.,. (2023, Jul). Management of Sickle Cell Pain Crises In Pediatric Patients in the Emergency Department. Cure us. Pub Status: Submitted.

Ogbon, E. O., Anyaogu, C., Osimeka, A., Amadi, E. S., Eze, C., Nwevo, C., Okebugwu, P., Swatson, E., Yakubova, E., Maron, M., Azabi, B., Madu, C. F., Ikeano, C. A., Origho, J.. (2023, Aug). Prevalence of Malaria and Associated Risk Factors: A point prevalence study in Ota, Nigeria. Cureus.

Pub Status: Submitted.

Ogbon, E. O., Anyaogu, C., Osimeka, A., Amadi, E. S., Eze, C., Nwevo, C., Okebugwu, P., Swatson, E., Yakubova, E., Maron, M., Azabi, B., Madu, C. F., Ikeano, C. A., Origho, J.,. (2023, Aug). Hepatitis B Virus Screening and Management in a community in Sub-Western Nigeria. Cureus.

Pub Status: Submitted.

Sheikh, M., Vijayan, R., Thevuthasan, S., Zaidi, M., Ogbon, E. O., Olawoye, A., Akano, L., Loh, , H., Shah, S., Maher M.. (2020, Jul). Risk and Outcome of Readmission in COVID-19 Patients: A Review. 2020 American Medical Association (AMA) Research Symposium. Pub Status: Accepted/In-Press.

Ukenenye, E., Ogbon, E.,. (2023, Jul). The In-hospital Outcome of Hemochromatosis Patients admitted for Acute Heart Failure: A Nationwide Analysis and Brief Literature Review. Cureus. Pub Status: Submitted.

#### **Poster Presentation**

Chinnappan, J., Ogbon, E., Palanisamy, N., Foreback, J., Bachuwa, G.,. (2022, October 25). Posterior Mediastinal Mass: Unraveling a Non-Traumatic Herniation of the Caudate Lobe of the Liver [Poster presented]. American College of Gastroenterology/Charlotte, NC, USA.

Chinnappan, J., Ogbon, E.O., Palanisamy, N., Bachuwa, G. (2022, May 13). Extraintestinal Clostridium Difficile Infection- A Recurrent Battle with Resilient Abdominal Wall Abscess [Poster presented]. ACP Residents Day/Dearborn, MI, USA.

Ogbon, E., Liroff, K.. (2022, October 15). A hairy situation, more than 'kennel cough': Hospital Acquired Bordetella Bronchiseptica [P oster presented]. ACP Michigan Scientific Meeting/Bellaire, MI, USA.

Ogbon, E.O., Chinnappan, J., Palanisamy, N., Bachuwa, G. (2022, May 13). HIV in a COVID-19 patient with Neurosyphilis and HSV Encephalitis [Poster presented]. ACP Michigan Residents Day/Dearborn, MI, USA.

Patel, Y., Rabah, L., Bachuwa, G., . (2022, May 13). Relapsing Thrombotic thrombocytopenic purpura secondary to cocaine use [Poster presented]. ACP Residents Day/Dearborn, MI, USA.

#### **Oral Presentation**

Lakshman, H., Alward, J., Hoang, N., Ragheb, E., Ogbon, E.O., Altameemi, L., Bazuaye, E., Bachuwa, G. (2021, November 19). Char acteristics and outcomes of COVID-19 affected patients presenting with Non-ST Elevation Myocardial Infarction at Hurley Medical Centre [Oral Presentation]. ACC Michigan/Detroit, MI, USA.

Ogbon E. O, Onwuachu, K. U., Nwokorie, M. (2014, June 01). Tuberculosis [Oral Presentation]. Clinical Microbiology Presentation Day/Port Harcourt, NGA.

Ogbon, E. O.. (2015, March 01). Review of Family Planning Methods in University College Hospital, Ibadan [Oral Presentation]. Department of Obstetrics and Gynecology Clinical Presentation/Ibadan, NGA.

Ogbon, E. O., Chinnappan, J., Palanisamy, N., Worku, M., Subedi, B., McDonald, P. (2023, September 21). Internal Medicine Resident Perspectives On The Effects Of New 4 + 4 Schedule On Patient's Care And Residents' Well Being And ACGME Work Hour Regulations [Oral Presentation]. Internal Medicine Quality Improvement/Research/Flint, MI, USA.

Ogbon, E. O., Okahia, T. W., Nweke, D. C.,. (2015, February 01). Setting Up A Comprehensive Psychiatry Service [Oral Presentation]. Department of Mental Health Grand Rounds/Port Harcourt, NIU.

Ogbon, E. O., Uzochukwu, C. C., Isuosuo, O. R.. (2017, May 01). Patients' Perception of the Behaviour of Nurses and Doctors working in the Labour Ward of the University of Port Harcourt Teaching Hospital, Port Harcourt, Nigeria [Oral Presentation]. Department of Preventive and Social Medicine Clinical Presentation/Port Harcourt, NGA.