



Presented by National General Benefits Solutions

Self-Funded Medical Plan Proposal
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Proposal For: Brightseat Health & Specialist

Firm

This is not an insurance contract, nor does it guarantee coverage or effective date. Only the actual contract provisions will prevail. See the plan brochures for coverage and option details. This quote must be presented by a State-licensed agent and is subject to approval.

Group Name: Brightseat Health & Specialist
Effective Date: 11/01/2020
SIC Code: 80100
Location Name: Location 1 Zip Code: 22309
Location Type: Main

Plan/Rate Summary

Please review this proposal. If you are ready to move forward, contact your Licensed Agent or Sales Representative to discuss the next steps.

Plans quoted in this proposal: 1

Plan Name	Plan 2
Plan Type	NGBS Advantage
Medical Plan Design	SELF-FUNDED NGBS ADVANTAGE PPO COPAY PLAN
Individual Deductible	\$2,500 In-network/NA Out-of-network
Family Deductible	\$5,000 In-network/NA Out-of-network
Coinsurance	80% In-network/NA Out-of-network
Total Ind Plan OOP Maximum	\$7,900 In-network/NA Out-of-network
Total Fam Plan OOP Maximum	\$15,800 In-network/NA Out-of-network
Family Deductible Accumulation Method	Individual/Family deductible
PCP/Specialist Visit	\$40/\$60 copay, then covered at 100%
Teladoc®	No charge
Urgent Care Visit	\$75 copay, then covered at 100%
Medical Network	Cigna OAP
OP Surgery	Deductible and coinsurance
Pharmacy Benefit Manager	CIGNA PBM
Rx Coverage (Generic/Brand/Non-preferred brand)	\$20/\$50/\$75
DXL	Deductible and coinsurance
ER Treatment	Deductible and coinsurance
AME	N/A
Deductible and OOP Accrual Period	Policy Year
Run Out Period	6 months
Delayed Administration Fee	50%
HSA Qualified	No
Wellness Program	No
Dental	No
Total Cost	\$4,267.38

Plan Selection Notes:

- Total plan out-of-pocket maximum includes deductible, coinsurance and any Rx or Medical copayments.
- This self-funded health benefit plan template meets Minimum Value.
- Plan includes Terminal Liability coverage for 24 months after the end of the plan year. A terminal liability coverage reserve fee

The Self-Funded Program provides tools for small-business employers to establish a self-funded health benefit plan for their employees. The benefit plan is established by the employer and is not an insurance product. Stop-loss insurance for the National General Benefits Solutions Self-Funded Program is underwritten and issued by Integon National Insurance Company in CO, CT, NY and VT; Integon Indemnity Corporation in FL; and National Health Insurance Company in all other states where offered.

Employee Census

Business Name: Brightseat Health & Specialist

Agent: Brooke Smith

Agent Phone: (503) 890-9008

Proposal Creation Date: 08/06/2020

County: FAIRFAX

State: VA ZIP Code: 22309

Proposed Effective Date: 11/01/2020 Size Category: S

HCR Indicator:

Location Name: Location 1

Location Type: Main

SIC Code: 80100

Total Employees: 7

Total Employees Eligible: 7

Total Employees Enrolling: 5

Medical	Plan 2	
	Rate	Enrollment
Employee (EE)	\$444.52	3
Employee + Spouse (EE+SP)	\$1,133.51	0
Employee + Child (EE+CH)	\$866.81	0
Employee + Family (EE+FM)	\$1,466.91	2

Monthly Rate Breakdown by Employee	
Member Name	Plan 2 Cost
Dan E Austin M(58), SP F(61), CH: 1	\$1,466.91
Sabina Dua F(26)	\$444.52
Rose C Kajuru F(56)	\$444.52
Dan E Austin M(25)	\$444.52
Riad W Abifaraj M(28), SP F(26), CH: 1	\$1,466.91
Monthly Total	\$4,267.38

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Plan 2	
Plan type: As a member of an NGBS Advantage plan, you must use the doctors and hospitals within the PPO network to receive benefits. There are no out-of-network benefits.	
Medical Network	Cigna OAP www.cigna.com
Individual Deductible	\$2,500
Family Deductible	\$5,000
Family Deductible Accumulation Method	Individual/Family deductible
Plan Coinsurance Percentage (plan pays)	80%
Individual Coinsurance out-of-pocket maximum (family coinsurance out-of-pocket maximum is 2 x the individual coinsurance out-of-pocket maximum)	\$5,400
Total Individual out-of-pocket maximum	\$7,900
Total Family out-of-pocket maximum	\$15,800
Lifetime Benefit Maximum	No maximum
Office Visit (does not require a referral)	\$40 primary care provider copay, then covered at 100%/\$60 specialist copay, then covered at 100%
Teladoc® Access to a national network of U.S. board-certified doctors and pediatricians who are available 24/7 to diagnose, treat and prescribe medication (when necessary) for many medical issues via phone or online video consultations.	No charge
Pharmacy Benefit Manager	CIGNA PBM
Prescription Drugs Generic copay/Preferred brand copay/Nonpreferred brand copay (Mail order services included)	\$20/\$50/\$75
Clinical Preventive Services: Services recommended by the U.S. Preventive Services Task Force (USPSTF) including routine physical exams, associated imaging and laboratory services such as mammograms, well-child exams and immunizations.	Paid at 100% - no deductible, coinsurance
Urgent Care Visit	\$75 copay, then covered at 100%
Diagnostic X-ray and Laboratory services	Deductible and coinsurance
MRI, CT scan, PET scan Ultrasound, EKG, chemotherapy, radiation therapy, dialysis and BRCA	Deductible and coinsurance
Emergency Room Treatment Subject to a 30% penalty for non-emergency use	Deductible and coinsurance
Maternity	Deductible and coinsurance

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Outpatient Physical Medicine Includes physical, speech and occupational therapies, cardiac and pulmonary rehabilitation, treatment for development delay and Chiropractic care.	Deductible and coinsurance limited to 30 visits
Home Health Care	Limited to 30 visits
Subacute Rehabilitation and Nursing Facility Services	Limited to 31 days combined
Inpatient Rehabilitation Services	Limited to 31 days
Transplants Covered the same as any other service when performed by a designated provider.	Deductible and coinsurance
Behavioral Health and Substance Abuse for groups with 50 employees and less.	Inpatient: limited to 30 days. Inpatient and Outpatient: subject to deductible and 50% coinsurance. Outpatient: limited to 40 visits.
Behavioral Health and Substance Abuse for groups with 51 or more employees.	Inpatient and Outpatient: subject to plan deductible and plan coinsurance.
Inpatient and Outpatient Hospital**, Physician Services, Maternity Care, Ambulance, Durable Medical Equipment, and most other covered services	Deductible and coinsurance

** For an emergency medical condition, charges for emergency treatment and emergency confinement received from an out-of-network provider will be paid as if services were received by an in-network provider until the patient's condition has stabilized, subject to the plan's maximum allowable amounts.

The following information applies to all the plans contained in this Proposal:

Additional Information

Utilization Review

When inpatient treatment is needed, the covered person is responsible for calling National General Benefits Solutions to receive authorization. The toll-free telephone number appears on the insurance ID card. If authorization is not received, a penalty will be applied. Please refer to the SPD for specific details. No benefits are paid for transplants which are not authorized. Authorization is not a guarantee of coverage.

Deductible Credit

When coverage first begins, credit is given for any portion of a calendar-year deductible satisfied under the prior plan during the same calendar year, except when the deductible credit is waived. However, no credit is given for past policy-year deductibles.

If a dental option is selected, deductible credit may also be available.

New Hires

For groups with a 0, 30 or 60 day employment waiting period, new eligible employees and their dependents, upon satisfaction of the employment waiting period, are eligible for the following effective date: First day of the billing month following the date of full-time employment, when the enrollment request is received within 31 days of this date. For groups with a 90 day employment waiting period, newly eligible employees and their dependents, upon satisfaction of the employment waiting period, are eligible for the following effective date: The 90th day following the date of full-time employment, when the enrollment request is received within 31 days of the expiration of the employment waiting period.

If a dental option is selected, the same new hire waiting period will apply.

Medical Exclusions Summary

- For NGBS Advantage plans, any charges that are provided or performed by a Health Care Practitioner, facility, or supplier that is not identified for the Health Care Provider Network as a Participating Provider, Participating Pharmacy, Specialty Pharmacy Provider, or Designated Transplant Provider. This exclusion does not apply to PPO plans that cover charges for treatment provided or performed by either Participating Providers (In-network) or Non-Participating Providers (Out-of-network).
- Treatment not listed in the summary plan description
- Services by a medical provider who is an immediate family member or who resides with a covered person
- Charges for services, supplies or drugs provided by or through any employer of a Covered Person or of a Covered Person's family member
- Treatment reimbursable by Medicare, Workers' Compensation, automobile carriers or expenses for which other coverage is available
- Routine hearing care, vision therapy, surgery to correct vision, foot orthotics, or routine vision care and foot care unless part of the diabetic treatment
- Charges for custodial care, private nursing, telemedicine or phone consultations with the exception of Teladoc® services if purchased as part of your plan, or Telehealth (virtual) visits
- Charges for diagnosis and treatment of infertility except for groups of 51 or more that are administered by Allied or Meritain on the traditional or NGBS Advantage plans
- Charges for surrogate pregnancy or sterilization reversal
- Charges for cosmetic services, including chemical peels, plastic surgery and medications
- Charges for umbilical cord storage, genetic testing, counseling and services
- Treatment of "quality of life" or "lifestyle" concerns including but not limited to obesity, hair loss, restoration or promotion of sexual function, cognitive enhancement and educational testing or training
- Over-the-counter drugs, (unless recommended by the United States Preventive Services Task Force and authorized by a health care provider), drugs not approved by the FDA, drugs obtained from sources outside the United States, and the difference in cost between a generic and brand name drug when the generic is available
- Complications of an excluded service
- Charges in excess of any stated benefit maximum
- Treatment of an illness or injury caused by acts of war, felony, or influence of an illegal substance
- Dental care not related to a dental injury (specific to medical coverage)
- Non-surgical treatment for TMJ or CMJ other than that described in the contract, or any related surgical treatment that is not pre-authorized
- Any correction of malocclusion, protrusion, hypoplasia or hyperplasia of the jaws
- Charges for cranial orthotic devices, except following cranial surgery
- Charges for medical devices designed to be used at home, except as otherwise covered in the Durable Medical Equipment and Personal Medical Equipment provision or the Diabetic Services provision in the Medical Benefits section
- Charges for devices or supplies, except as described under a Prescription Order
- Charges for prophylactic treatment
- Charges related to health care practitioner-assisted suicide
- Charges for growth hormone stimulation treatment to promote or delay growth
- Charges for treatment of behavioral health or substance abuse, except as otherwise covered in the Behavioral Health and Substance Abuse provision in the Medical Benefits section
- Charges for testing and treatment related to the diagnosis of behavioral conduct or developmental problems; charges for applied behavioral analysis
- Charges for alternative medicine, including acupuncture and naturopathic medicine (except when optional acupuncture and naturopathic medicine coverage is purchased)
- Charges for chelation therapy
- Charges for experimental or investigational services

This form contains a partial summary of information for the health benefit plan templates. For a complete listing of employee health benefits, exclusions and limitations please refer to the summary plan description. Please refer to the stop-loss policy for a complete listing of employer stop-loss benefits, exclusions and terms of coverage. In the event that there are discrepancies with the information in this form, the terms and conditions of the coverage documents will govern.

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