

Ronnie Harris Jr

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PROFESSIONAL SUMMARY

Adaptable and motivated technical professional possessing a strong work ethic and the ability to thrive in either a team-based or individually motivated environment. Extensible IT knowledge paired with having worked alongside a vast number of professionals has shown the importance of leadership and fostering relationships to help excel within a company.

CERTIFICATIONS

- CompTIA Security+
- Certified Ethical Hacker - CEH (In-Progress)

TECHNICAL SKILLS

- Desktop Support
- Active Directory
- Windows OS
- Helpdesk Support
- Troubleshooting (Printers, Computers, Laptops)
- MS Office 365

WORK HISTORY

Athletic Trainer - July, 2020 to Present

RJH SportsFit (CEO) - MD

- Train local athletes in the greater Maryland/DC area from all ranges of experience
- Grew the business via social media and garnered over 500 followers on the business Instagram page
- Over 50+ athletes of all ages have signed up in less than one season

Professional Athlete - January, 2017 to April, 2023

Ottawa REDBLACKS (CFL) - Ottawa, ON

- Elected team captain by teammates and coaches for 2021 season
- Represents the team at professional sporting events, media interviews, and charitable events which averaged over 20,000 fans and spectators.
- Digested and implemented a new game plan into action on a weekly basis which included a minimum of 50 page gamebook per week.
- Researched competitors to learn about their strategies and gain a competitive advantage.
- Used various tools on MAC computers to conduct research, study film, and develop weekly schemes on the opponent.

Program Coordinator - February, 2017 to April, 2023

I9 Sports - Anne Arundel County, Maryland

- Pitched and developed new programming strategies and one-off feature shows to increase audience interest and diversify offerings.
- Used professional playing background and strategic planning to motivate and direct staff to align operations with the organization's mission.
- Was in charge of program operations and provided ongoing direction and leadership resulting in 44% increase in gross revenue.
- Managed 1500+ athletes and coaches on a seasonal basis, earning a 99% review rate.
- Maintained transaction security by verifying payment methods against identification.

Professional Athlete - August, 2015 to January, 2017

New Orleans Saints (NFL) - Metairie, LA

- Signee of the New Orleans Saints. Mid-season addition to the Atlanta Falcons practice roster.
- Was able to react quickly and effectively in complex game situations in front of an average of 55,000 fans.
- Demonstrated strong leadership abilities and self-discipline on and off the field.
- Mentored and encouraged youth to develop strong work ethics by being a positive role model and practicing skills on a regular basis.
- Took part in NFLPA sponsored Intro To Cyber for Athletes internship.

EXTRA CURRICULAR WORK

- **Udemy:** CompTIA Security+ (SY0-601) Complete Course & Exam
- **Udemy:** CompTIA Pentest+ (Ethical Hacking) Course & Practice Exam
- **Udemy:** Desktop IT Support Level 1 & 2 in real life (Troubleshooting)
- **TryHackMe:** Junior Penetration Tester

EDUCATION

Communication - Bachelor of Science - 2014

University of New Hampshire - Durham, NH

ADDITIONAL INFORMATION

- **Young Entrepreneur Day (April 2022 & 2023)**
Hosted a community event for young kids in the area to network and promote their small business and sell their own products. A total of over 15 kids set up vendor stands and over 150+ community members came by to support and raise money for the kids.
- **Big Brothers Mentorship (May, 2014 - Dec 2014)**
Attended local elementary schools on a weekly basis to speak to, read books and mentor with grade school students.