

PROMISE ALLAN, DNP, MSN, APRN, FNP-C

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Summary of Qualifications

- AANP Board Certified Family Nurse Practitioner
- 600 clinical hours in family practice, internal medicine, pediatrics, and obstetrics and gynecology
- Over 8 years experience as an RN in long-term, med-surg, and tele unit and 2 years experience as an NP
- Exceptional capacity to multi-task with ease for the provision of patient care
- Outstanding interpersonal and communication skills
- Commendable team work spirit
- Great history taking, patient assessment, critical thinking, decision making, and patient education skills
- Goal as a nurse practitioner is provision of comprehensive and culturally sensitive care to a diverse population and improvement of healthcare outcomes through patient empowerment and engagement

Education

University of South Alabama, Doctor of Nursing Practice	December 2019
University of South Alabama, Mobile, AL	
Master of Science in Nursing – Family Nurse Practitioner	December 2018
Bowie State University, Bowie, MD	May 2016
Bachelor of Science in Nursing (Deans list, Cum Laude)	
Delta State School of Nursing, Agbor, Delta State, Nigeria	November 2008
Associate Degree in Nursing	

Professional Experience

Temah Health Services- NP (Home visit and Telehealth)	June 2019 till April 2021
Gennesaret Med center-NP (Primary care and Addiction medicine).	January 2021 to April 2021
PopHealthcare- NP- (Home visit)	May 2021 till present

- As a family NP, I perform physical exams, observe patients, meticulously document patients' medical histories and symptoms, create patients' care plans, contribute to existing plans, prescribe required medications according to the scope of my practice, order and analyze diagnostic tests, corroborate with other members of the care team, and refer patients for urgent and emergent care in the outpatient setting and, when necessary, in the comfort of the patients' homes.
- Some of the conditions managed are chronic conditions such as hypertension, diabetes, COPD, CHF, renal diseases, liver diseases, neurological disorders, chronic anemia, dementia, alcohol withdrawals, asthma, gastrointestinal disorders, hyperlipidemia, and acute conditions such as strep pharyngitis, acute otitis media, skin disorders, sprains and strains. Others include pre-op testing, immunizations, and education on safe-sex practices, weight loss, diets, lifestyle modification, and exercise.

Greater Baltimore Medical Center – Towson, Maryland

August 2015 – January 2021

I provided nursing care to patients requiring medical-surgical and telemetry care through completion of regular head to toe assessment, interpretation of telemetry and EKG readings, identification of short and long-term goals based on patients' needs, administration of medication through different route, monitoring of patients' reaction and documentation. Other inputs include collaboration with medical, surgical, stroke and telemetry team members for coordination of daily plan of care for assigned patients, involvement of the patient and family in decision-making as appropriate, coordination of education for patients and their families, and modification of care plans as patient progresses toward expected outcome.

Levindale Hebrew Geriatric Hospital – Baltimore, Maryland

February 2016- January 2018

Per Diem Registered Nurse in the HICU (High Intensity Care Unit)

Medical-surgical inpatient care: assisted ventilation, coma recovery program, tracheostomy, chronic wound management, dialysis, substance withdrawal, and chronic pain.

Manor Care Health and Management – Baltimore, Maryland

October 2012 – July 2015

Full time RN in a long-term facility

Provided care to patients requiring long term care and rehabilitation

Future Care Health Services: Lochearn, Maryland

February 2013 – January 2018

Full time RN in a long-term facility

Provided care to patients requiring long term care and rehabilitation

Licenses and Certifications

MAT waiver—since 2021**Active CDS and DEA Licenses****American Association of Nurse Practitioners (AANP)**

Board Certified Family Nurse Practitioner – since 5/7/2019

American Heart Association (AHA)

Active Basic Life Support (BLS) certificate

Additional Skills

- Proficient in use of electronic medical records: **Epic, MyAvatar, Kareo, Insync, Meditech, Cerner, Sovecty, and Athena Net**

References

Available upon request