

# DEDRA STONE

## RRT, MSN, APRN, FNP-C

**P** 352-275-7829

**E** Dedra1.ds@gmail.com

**A** 715 Gilda Dr.  
St. Augustine, FL  
32086

### OBJECTIVE

To obtain a position that will enhance my current skills and present a challenge with ongoing learning to increase my knowledge in my chosen field.

### EXPERIENCE

**August 2022-Present**

Assistant Professor Nightingale College

**August 2021-June 2022**

APRN FM Medical and Urgent Care

**December 2020-November 2021**

IR-RN Flagler Health

**September 2020-February 2021**

APRN Student Village Doctor's Family Practice Lake Butler

**May 2020-September 2020**

APRN Student Ascension St. Vincent's Urgent Care

**November 2016-March 2021**

RN Nursing House Supervisor St. Vincent's Medical Center Clay

**March 2015-January 2016**

ED RN St. Vincent's Medical Center Clay

**May 2020-January 2021**

Cath lab/IR RN Baptist Medical Center Beaches

**February 2009-March 2016**

ED/IR St. Vincent's Medical Center Southside

**November 2006-March 2015**

IR RN/OR Holding & PACU RN St. Vincent's Medical Center  
Riverside

**June 2004-May 2005**

ED RN St. Vincent's Medical Center Riverside

### EDUCATION

**South University**

Feb 2019-Feb 2021

Savannah

Georgia

Graduate of Masters of Science  
in Nursing with specialization in  
Family Nurse Practitioner

**St. Johns River State College**

Jan 2015-Aug 2017

Orange Park

Florida

Graduate of Bachelors of  
Science in Nursing

**St. Johns River Community  
College**

Aug 2002-Apr 2004

Palatka

Florida

Graduate of Associate of Science  
in Nursing.

**Atlanta School of Sleep  
Medicine** Aug 2003

**June 2004-Jan 2011**

ED RN/Charge RN Ed Fraser Memorial/Baker Co. Medical Services

**May 1996-June 2004**

Registered Respiratory Therapist/Registered Polysomnographic Technologist Ed Fraser Memorial/Baker Co. Medical Services

**Assistant Professor**

Teaching clinical instruction for ASN/BSN students onsite and online clinical activities. Evaluating student performance and ensuring safe practice with current EBP curriculum.

**APRN Urgent Care Provider**

All aspects of care in the Urgent care setting, evaluating patients of all ages presenting for care with a variety of complaints. Evaluation, care, and treatment of injuries from wounds such as lacerations, insect and animal bites. Evaluation of orthopedic injuries/complaints from head to toe; determining proper screening exams and radiologic exams needed for presenting complaint or injury. Prescribing the proper orthopedic devices and/or splinting when needed. Performing pelvic exams when needed and obtaining samples for infection or disease screening. Critical decision making and coordination of care when patients need a higher level of care from the Urgent care center.

**APRN Family Practice Primary Care Provider**

All aspects of primary care of the individual from toddler to geriatric health promotion, treatment and care. Office procedures such as punch biopsies, skin tag removals, pelvic exams, wound care including suture repair, etc. Performing annual wellness exams (including sports physicals) for all ages and keeping current with recommended vaccinations per CDC guidelines. Evaluating patients with complaints of injuries or acute pain, determining proper screening exams and need for radiologic exams. Managing chronic health conditions and staying abreast of patient's current lab results and adjusting medications as needed along with EKG review and interpretation. Referring patients to higher level of care and specialty physicians when needed. Educating patients on their health, chronic conditions, and recommending individualized treatment plans to promote health and wellness.

**APRN Student Village Doctor's**

All aspects of primary care of the individual from toddler to geriatric health promotion, treatment and care. Office procedures such as punch biopsies, skin tag removals, pelvic exams, wound care including suture repair, etc. Performing annual wellness exams (including sports physicals) for all ages and keeping current with recommended vaccinations per CDC guidelines. Evaluating patients with complaints of injuries or acute pain, determining proper screening exams and need for radiologic exams. Managing chronic health conditions and staying abreast of patient's current lab results and adjusting medications as needed along with EKG review and interpretation. Referring patients to higher level of care and specialty physicians when needed. Educating patients on their health, chronic

Atlanta

Georgia

Attended sleep medicine course and obtained board certifications as an RPSGT in the state of Florida.

**Flagler Jan 1994-Aug 1996**

Jacksonville

Florida

Graduate of the Respiratory program and licensed as a Registered Respiratory Therapist in Florida.

**KEY SKILLS**

- MOTIVATED/SELF STARTER
- LICENSED 26 YEARS AS A REGISTERED RESPIRATORY THERAPIST
- LICENSED 18 YEARS AS A REGISTERED NURSE
- PRIMARY EXPERIENCE FOR BOTH EMERGENCY DEPARTMENT AND INTERVENTIONAL RADIOLOGY
- 4+ YEARS IN NURSING ADMINISTRATION AS NURSING HOUSE SUPERVISOR

---

conditions, and recommending individualized treatment plans to promote health and wellness.

### **APRN Student Urgent Care**

All aspects of care in the Urgent care setting, evaluating patients of all ages presenting for care with a variety of complaints. Evaluation, care, and treatment of injuries from wounds such as lacerations, insect and animal bites. Evaluation of orthopedic injuries/complaints from head to toe; determining proper screening exams and radiologic exams needed for presenting complaint or injury. Prescribing the proper orthopedic devices and/or splinting when needed. Performing pelvic exams when needed and obtaining samples for infection or disease screening. Critical decision making and coordination of care when patients need a higher level of care from the Urgent care center.

### **RN**

ED: All aspects of patient care in the Emergency department as well as stabilization and monitoring of the critically ill patient. Ensure quality competent care is maintained and help throughput/flow of ED is maintained.

IR: Conscious sedation during procedures, monitor patients throughout procedure, and recover patients as needed post-procedure. Close monitoring of the patient with vascular procedures and initiating medication interventions as needed before, during, and after procedures. Go to various departments in Medical Imaging to access and inject ports, IV starts, and pre-medicate patients for procedures, evaluate and manage contrast reactions. Patient education regarding procedures and post-care, obtain consent for procedures, etc. Observe and medicate patients for Nuclear Medicine Stress tests, manage acute situations when needed.

OR Holding-PACU: Verify patient identification for procedure, site, and surgeon. Witness informed consent for procedures, monitor lab values, prep patient for procedures. Assist Anesthesia team with nerve blocks and epidurals for procedures. Monitor patient's cardiac rhythm and note any changes throughout PACU care. Monitor patient's oxygenation/ventilation status and ability to maintain their airway post-extubation. Recover patients from OR procedures and medicate as needed for post-op pain until patient meets PACU discharge criteria.

### **RRT/RPSGT**

Duties and responsibilities include all areas of floor therapy, ABG puncture and analysis, EKG's, etc. Emergency room care including all areas listed above as well as assisting with OB deliveries, intubation, code situations, and ventilator/BIPAP management when needed. Sleep lab duties include patient preparation, monitoring patient throughout study and initiation of CPAP if patient meets criteria.

## **COMMUNICATION**

---

Effective communicator in all aspects of providing and coordinating care for all persons I have the pleasure to care for from all ethnicities and financial backgrounds.

## **LEADERSHIP**

---

As a night Nursing House Supervisor, duties included the daily management of staffing for all inpatient units for the 106-bed facility and maintain productivity based on inpatient census. Patient/chart review to ensure patients are placed on the appropriate inpatient unit.

Educate staff when needed on bedside procedures, medication administration, equipment, etc. in accordance with hospital policy.

Obtain needed supplies from central supply; medications which include compounding medication drips for the inpatient units and ED when pharmacy is closed.

Perform duties for occupational health for staff as needed to maintain compliance with the organization; perform duties as rapid response nurse when needed, collaborate with all ancillary departments and physicians to optimize patient care and transfer patients to a higher level of care if warranted.

Generate several daily reports for leadership to keep them abreast of the happenings within the facility overnight as well as the census fluctuations. Assess situations house wide and notify the appropriate administrators when needed.

## **REFERENCES**

---

Available upon request.

---