

Thais Valadares, MD, MPH

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EDUCATION

Staten Island University Hospital , Internal Medicine Residency	06/2019-06/2023
Columbia University , Master of Public Health	08/2018-05/2019
American University of the Caribbean School of Medicine , Doctor of Medicine	05/2012-04/2017
Fashion Institute of Technology , B.S., Marketing and International Business	08/2003-06/2005
North Dakota State University , B.S., Food and Nutrition	08/1997-06/2002

CLINICAL AND ADMINISTRATIVE EXPERIENCE

Staten Island University Hospital 08/2023-Present
Internal Medicine Hospitalist

- Provide direct medical care, diagnose and formulate evidence-based medical plan for 15-20 hospitalized patients with multi-organ dysfunction and in advanced disease states.
- Lead daily multidisciplinary rounds, order and analyze test results, consult specialists and upgrade patients, when necessary, in order to optimize health outcomes.
- Ensure daily plan is executed, communicate patient's condition and coordinate safe discharge plan effectively with families and case managers.
- Admit patients into medical floors, respond to consults from other services and make treatment recommendations. Complete all documentation in a timely manner.

Mercury Beach Inc. New York, NY 08/2008-02/2012

Director of Product Development

- Created collection, launched, and spearheaded visual direction of 2 private labels for a company with \$15M yearly gross sales.
- Sourced production overseas, approved final product, negotiated prices, terms of payment, delivery date.
- Devised pricing scheme for over 40 items per season, which resulted in \$1.5M in gross yearly sales.
- Lead weekly meetings with the sales force to obtain feedback about client's interest in our items and discuss strategies on how to stimulate sales.

Senior Merchandise Buyer 08/2006-08/2008

- Oversaw daily operations for a \$3.3M menswear division with responsibilities that included planning and making buying decisions, to create a seasonal product line, and meeting with national vendors to source and purchase items on my line.
- Expanded number of accounts from 5 to 60 in two years by traveling to major tradeshows nationwide to network, research and meet potential accounts.
- Surpassed quarterly sales goal by 40% as compared to the previous year by developing a highly sellable product line.

- Analyzed weekly reports to track turnover of new and older product, and to compare sales in the previous quarters.

GLOBAL HEALTH EXPERIENCE

Clinica Bem Estar. Espirito Santo, Brazil

1/2011-08/2012

Founder and CEO of Nonprofit Primary Care Clinic

- Solely funded and spearheaded the complex process of launching primary care clinic, in a foreign country, aimed at elevating the health of an underserved community in a town of 500K people.
- Remodeled physical structure, purchased medical equipment, hired physicians, management staff and volunteers.
- Created and implemented a unique payment model while providing affordable medical care.

TRILINGUAL: Fluent in English, Portuguese and Spanish.

RESEARCH and PUBLICATION

- Artificial Intelligence in Medicine: A Literature Review of Trends and Advancements in Hypertension Management. 2022-ongoing
- Boyd R, Carter E, Moise N, Alcántara C, Valadares T, Anstey DE, Kronish IM. Awareness, Knowledge, and Attitudes Toward Screening and Treatment of Masked Hypertension in Primary Care. 34(12):1322-1327. 2021

SELECTED LEADERSHIP EXPERIENCES

Columbia University Student Advocacy Initiative. Washington, D.C.

03/2019

Advocacy Representative

- Selected based on professional background and life experience, to represent Columbia University in a pilot program aimed at influencing policy at a legislative level.
- Secured meetings with the offices of Majority Leader of the U.S. Senate and U.S. House Representatives to discuss the need for services for autistic individuals over the age of 18 in N.Y. and gaps in access to opioid addiction help in the borough of Staten Island.
- Invited to an informational session at World Bank and U.N. Refugees headquarters to understand how health issues are prioritized and policies created on an international level.

CERTIFICATIONS and LICENSES

- Active medical licenses in Florida and N.Y. Active DEA license. ACLS/BLS up to date.
- Ultrasound-guided procedure certification: internal jugular vein, femoral artery, radial and brachial artery lines, peripheral IV, paracentesis. Lumbar puncture.

MEDIA

- Selected to represent the Internal Medicine Residency Program in informational video featured on hospital's website. <https://professionals.northwell.edu/graduate-medical-education/residency-internal-medicine-staten-island-university-hospital>