

KRISTIN ROTH BRENNAN, PA-C, LCPC

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EDUCATION

Northwestern University – 2021-2023

Feinberg School of Medicine

Master of Medical Science, Physician Assistant Studies

University of Chicago – 2019-2020

School of Social Service Administration

Advanced Psychodynamic Fellowship in Clinical Practice

University of Denver – June 2015

Graduate School of Professional Psychology

Master of Arts, Clinical Psychology, Specialization in International Disaster Psychology

Hope College – December 2011

Bachelor of Arts, Psychology

CLINICAL EXPERIENCE

PA-S2 YEAR (June 2022 through May 2023)

Emergency Medicine Mount Sinai Hospital

- Assisted with evaluation, stabilization, and treatment of adult patients in the emergency department and in fast-track setting, including level I traumas
- Performed and assisted various procedures, including laceration repairs, incision and drainage, orthopedic reduction and splinting, and ultrasound-guided line placement (peripheral and central lines, dialysis catheters)

Interventional Radiology Northwestern Memorial Hospital, NM Lake Forest Hospital

- Honed ultrasound-guided procedural skills, including peripheral and central line insertions and fine needle aspirations, and thora- and paracentesis
- Developed interpretations of radiographs and CTs, assisted with CT-guided procedures, including port insertion and removals, various biopsies, intrathecal chemotherapy, and thrombectomies

Global Health Hospital Municipal de Urgencias

- Elected to rotate in municipal emergency hospital in Cordoba, Argentina
- Worked as first point-of-contact in definitive care setting, assisted with evaluation, stabilization, and treatment via interpretation of labs and imaging, laceration repairs, orthopedic reduction and splinting, and transferring of care

Disaster Medicine Northwestern University

- Participated in Disaster Management and Community Emergency Preparedness Initiative Elective to learn about hyperlocal, local, and international crisis management and disaster medicine via didactic sessions and simulation exercises

General Surgery Northwestern Memorial Hospital

- Scrubbed into 30+ cases on colorectal surgery service, provided care to patients in pre- and post-operative settings, surgical inpatient units, and attended outpatient and scope clinics

Adolescent and Young Adult Medicine Lurie Children's Hospital Potocsnak Family Division of Adolescent & Young Adult Medicine

- Participated on a multidisciplinary team to provide care for adolescents and young adults in specialized care settings, including: Gender Development, Eating Disorder, Safety and Wellbeing, adolescent gynecology, and mental health clinics

Women's Health Prentice Women's Hospital, Jesse Brown VA

- Cared for women and families in peripartum and postpartum period in various settings, including Obstetric Triage, Labor and Delivery, gynecology-oncology surgery, and outpatient clinics

Psychiatry Cermak Health Services, Cook County Jail

- Provided psychiatric care to persons in custody via evaluation, therapeutic counseling, and psychotropic medications on acute psychiatric units and while rotation among division clinics

Family Medicine Prime Care

- Provided services, including post-hospitalization follow-up, to Chicago's Spanish-speaking population via a high-volume, federally-qualified health center
- Participated in medicine assisted therapy (MAT) and integrated behavioral health referrals

Pediatrics NM Central DuPage Hospital

- Cared for acutely ill pediatric patients on inpatient units and in the pediatric emergency department
- Assessed patients with follow-up appointments in subspecialty clinics, including urology, GI, orthopedics, and hematology/oncology

Internal Medicine Northwestern Memorial Hospital

- Assessed, admitted and managed complex patients while rotating on hospital admissions and hospital rounding services

Education Centered Medical Home NM Lakeview Outpatient Clinic

- Longitudinal internal medicine placement with emphasis in infectious disease
- Provided preventative care to patients, including to patients with HIV+ status and patients seeking PrEP

WORK EXPERIENCE

Mental Health Consultant, August 2023-Present

The KonTerra Group – Washington, DC and Global

- Serve on a global roster of independently licensed clinicians to support individuals and organizations (USAID, Chemonics, various governments and NGOs) in the aftermath of critical incidents via short-term, strengths-based, and trauma-informed therapy models
- Available for organizational training and webinars on various topics, e.g. staff wellness, resilience, and pre- or post-deployment preparedness

Case Therapist, July 2019-Present

Northwestern Medicine Central DuPage Hospital - Winfield, Illinois

- Work as member of multidisciplinary team on behavioral health consultative services and inpatient psychiatry teams to provide crisis evaluations in emergency department, medical floor consults, and 1:1, family, and group therapies
- Work to top-of license to complete inpatient petition and certificates, collaborate with State Attorney, and collaborate with utilization management

Assessment Specialist, December 2017-March 2021

AMITA Alexian Brothers Behavioral Health Hospital – Hoffman Estates, Illinois

- Completed crisis assessments in psychiatric walk-in center and emergency department settings to population presenting for specialized psychiatric care
- Member of Gender Affirming Task Force, Behavioral Safety Task Force, Restraint & Seclusion Staff Trainer

Functional Family Therapist, February 2016-May 2017

Universal Health Services/First Home Care – Washington, District of Columbia

- Provided manualized, evidence-based treatment to youth and families via in-home therapy in Southeast Washington, DC, often provided wrap-around and referral services to high-risk youth in collaboration with diversion programming, government partners, and hospital staff

Access/Emergency Services Clinician, September 2014-July 2015

Jefferson Center for Mental Health – Wheat Ridge, Colorado

- Conducted emergency psychiatric evaluations and risk assessments in walk-in center and emergency departments, facilitated placement or wraparound services as necessary

Graduate Research Assistant, June 2014-August 2014

The Carter Center – Monrovia, Liberia

- Developed and led anti-stigma trainings for community stakeholders including media, law enforcement, and religious leaders, including adaptation of Crisis Intervention Team training for Liberian National Police
- Drafted manuscript to outline formative research for Grand Challenges Canada's Mental Health Beyond Facilities multi-country study

Program Evaluator, January 2014-June 2015

Trauma and Disaster Recovery Clinic – Denver, Colorado

- Evaluated group psychosocial interventions for newly arrived refugees in student-run clinic at University of Denver via evidence-based assessment (RHS-15, PRQ-85) of access to community resources, perceived social support, family cohesion

Behavioral Health Team, Office of Emergency Preparedness and Response, September 2013-June 2014

Colorado Department of Public Health and Environment – Denver, Colorado

- Completed ongoing data analysis, grant writing, and reporting tasks for FEMA/SAMHSA Crisis Counseling Programs (2013 Floods, Black Forest Fire, Aurora Theatre Shooting)
- Participant on inaugural state task force for State Emergency Operations Plan annex for Access and Functional Needs

LICENSE, CERTIFICATIONS, & PROFESSIONAL DEVELOPMENT

Licenses:

National Provider Identification #1982009296

Certified, National Commission of Certification of the Physician Assistant, #1209348

Licensed Physician Assistant, State of Illinois #085009950

Licensed Clinical Professional Counselor, State of Illinois #178014128

Controlled Substance License, eligible

Trainings and Certifications:

Advanced Cardiac Life Support

Basic Life Support

Stop the Bleed

Eye Movement Desensitization and Reprocessing

Cognitive Processing Therapy

Psychological First Aid – certified trainer

Mental Health First Aid

Crisis Prevention Institute

Memberships:

American Academy of Physician Assistants

Illinois Academy of Physician Assistants

American Psychological Association

Association for Traumatic Stress Studies

Languages:

Spanish

Conversational Dutch/Afrikaans

AWARDS

2023 Emory Morningside Global Health Case Competition, Northwestern University Representative, March 2023

Robert J. Havey, MD Institute for Global Health, CFHI Argentina, Global Health Experience Award Recipient, January 2023

2022 Feinberg School of Medicine Dean's Reception, Diversity Award Recipient, December 2022

Feinberg News: "[Physician Assistant Students Embrace 'Shades of Purple'](#)" Feature, July 2022

Feinberg News: "[Physician Assistant Students Help Save a Life](#)" Feature, June 2022

NM Academy NM Employee/NU Physician Assistant Scholarship Recipient, 2022-2023

NUPA Lewis Landsberg Student Society, Diversity, Equity, and Inclusion Representative, 2021-2023