

India Leon, RN, BSN, CCRN

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Professional Summary

Seeking a position as a Women's Health Nurse Practitioner independently managing the care of women in an ambulatory setting. My goal as a WHNP is to provide holistic, preventative and supportive health care to women across diverse populations while contributing to excellent patient satisfaction and continuous improvement of patient care. My ideal position would allow me to impact healthcare and facilitate change through collaboration, evidence-based practice, and teamwork while providing a high level of care to improve the lives of others.

Certifications

Pediatric Advance Life Support	<i>American Heart Association, Portland, OR</i>	Expires June 2024
Advanced Care Life Support	<i>American Heart Association, Portland, OR</i>	Expires Sept. 2023
Neonatal Resuscitation Protocol	<i>American Heart Association, Portland, OR</i>	Expires Nov. 2022
Registered Nurse	<i>State of Oregon</i>	# 201403676RN
Critical Care Registered Nurse	<i>American Association for Critical Care Nurses</i>	Jan. 2018- present
Nexplanon Training	<i>Organon</i>	Nov. 2021

Education

Bachelor of Science in Nursing	<i>Linfield College, McMinnville, Oregon</i>	<i>GPA 3.58</i>	May 2014
Master of Science, WHNP	<i>Georgetown University, Washington D.C</i>	<i>GPA 3.82</i>	Graduation May 2022

Experience

Women's Healthcare Associates, *Women's Healthcare Associates, Tualatin, OR* Jan. 2021-April 2022
Clinical experience

- Organization and coordination of gynecological care for women across the lifespan, management of prenatal care, preconception and fertility, problem visits, and contraception management
- Abundant experiences independently managing procedures including insertion and management of copper and hormonal IUDs, Nexplanon implants, endometrial biopsy, condyloma treatment, and vulvar biopsy
- Over 670 hours of hands-on clinical experience spent in office working directly with patients

Oregon Burn Center, Staff RN ICU *Legacy Emanuel Medical Center, Portland, OR* 2014-Present

- Provide complete care for a broad range of complicated patients across the lifespan in a multidisciplinary setting. Comprehensive management of critical care patients complicated by mental/behavioral illness, substance abuse, and insecure housing situations. Skilled in assessment and management of complex trauma in critical care environment.
- Deliver comprehensive care for critical patients through use of CRRT, medication and drip management, fluid resuscitation, and wound dressing management for burn and wound patient survival.

Oregon Burn Center, Wound Care Team *Legacy Emanuel Medical Center, Portland, OR* Feb. 2017-Present

- Organize and plan for all wound care on the burn unit and hospital wide by directing and assisting bedside nurses with daily wound care and correct management and alterations in care for optimal healing

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Professional Skills

Women's Health

- Skilled patient communication individualized to each patient's health and learning needs
- Extensive assessment skills grounded in intensive and urgent health care situations
- Abundant opportunities for independent performance of a variety of women's health procedures as well as extensive experience in critical care procedures
- Proficient in EPIC charting with 8 years' experience utilizing EPIC programming

Critical Care Skills

- Coordination of pain management, medication therapy, nutritional therapy, and wound management to best serve patients and their families while maintaining empathy, justice, and beneficence
- Management of complex patients with pre-existing conditions including mental illness, behavioral disorders, and substance use disorders
- Independent CRRT (continuous renal replacement therapy) management involving all fluid exchange, electrolyte balance, and medication management for patients in renal failure

Research

- Responsible for identification of Pseudomonas growth in water supply, resulting in a water testing protocol
- Selected to develop and carry out a study addressing treatment of head and scalp burns and the effect of pressure on wound healing management

Teaching

- Nurse mentor to new hire nurses with adjustment to working as a registered nurse in complex trauma/burn unit
- Training of specialized wound care team members
- Education of peer nurses within burn unit regarding specialized topics to improve patient outcomes

Volunteer Experience

Health Care in Kenya

Various Sites in Eldoret, Nairobi, and Pemwai, Kenya

- Team member providing comprehensive ambulatory care for adults and children with malaria, orthopedic injuries, rashes, HIV and AIDS, dehydration, burns, and parasites. Care for women seeking perinatal care, contraceptives, and support for neonatal and infant care
- Organization of treatment with other team members, translators, and patients in remote settings with limited resources

Volunteer Voyages

Cajamarca, Peru

- High Andean healthcare team member providing triage, diagnosis, and treatment of local and indigenous people in remote Peruvian villages
- Assist in vaginal deliveries, contraceptive administration, and gynecological exams

Memberships and Awards

Member

Sigma Theta Tau

Member

American Association of Critical Care Nurses

Member

American Nurses Association

Member

American College of Nurse-Midwives

Member

Nurse Practitioners in Women's Health