Donna G. Shew
798 Mulberry Mill Rd.
North Wilkesboro NC 28659
Cell 336-902-3822
Donna.shew@aol.com
Please contact me via email and/or text
Zoom and Doxy Experience

Currently looking for part time providing supervision. I am able to provide supervision for LCSWA and LCAS.

## **EDUCATION**

A.A.S. Human Services, Wilkes Community College, May 2004

B.S. Gardner Webb University, May 2005

B.S.W. Appalachian State University, 2013

M.S.W. (MLCP) University of Tennessee,

December 13<sup>th</sup> 2014

Additional Graduate Studies in Gerontology

LCAS

CCS

**LCSW** 

MAC

## **RELEVANT COURSES**

Wilkes Community College

Interviewing Techniques, Crisis Invention, General Psychology,

Interpersonal Psychology, Abnormal Psychology, Developmental

Psychology, Counseling, Sociology of the Family, Spanish, Introduction to Business,

Business Law I & II, Business Math

Gardner Webb University

Sociology of Deviant Behavior, Psychology of the Personality, Drug and Alcohol Education, Human Services Issues, Psychopathology, Human Resource Management, Psychology & Law, Treatment Modalities, Leadership, Statistics, Legal Issues *Appalachian State University* 

Research and Statistics, Overview of Business, Health Care to the United States, additional classes in Gerontology

University of Tennessee

Trauma in Children, Program Evaluations (Needs Assessments, Process Evaluations, Outcome Evaluations & Efficiency Evaluations), Grant Writing & Fund Raising, Financial Management for Nonprofit Human Service Organizations, Macro Practitioner, Policy, Statistical Analysis

## **COMPUTER COURSES**

Windows, Basic PC Literacy, Microsoft Works, Keyboarding, Microsoft Word, Microsoft Office, Excel

## **EXPERIENCE**

## VF (Vanity Fair)

January 1980-December 1999

- (Management) Auditor over shift Filing extensive paper work
- Inspector Machine Operator

# SAFE (Sheltered Aid to Families in Emergency), Wilkesboro, NC

Intern

January 2002-June 2002

- Interviewing and counseling, clients for Safe Options
- Completing intake forms Knowledge of office machinery
- Knowledge of judicial system

# Psychological Testing, Nancy Sizemore (LPA)

February 2003-2013

- Interviewing individuals with both MR and MI disabilities including adults and children
- Knowledge of MMPI, WISC, Woodcock-Johnson, Vineland, and WRAT
- Experience of writing professional reports
- Experience in tutoring people with disabilities including children and adults
- Test reader for people with disabilities

# NC Division of Vocational Rehabilitation Services

May 2003-September 2003

- Knowledge of assistant caseworker duties Experience with multiple phone lines
- Organizational skills with filing Knowledge of casework methodology

## Adult Developmental Day Program INC. November 2003 – January 2004

Substitute Teacher - Job Coach: Worked with individuals with both MR & MI disabilities

## **Wilkes Community College**

January 2004-September 2004

- Program Coordinator for a Domestic Violence Grant
- Assisted with reports related to grant
- Completed travel arrangements and reimbursements related to grant
- Assisted with integrating Domestic Violence material into ACA111 classes
- Presented grant material for various students and lectures

## **Guardian Ad Litem**

March 2002-June 2004

- Case management for Guardian Ad Litem
- Preparing court documents -Interviewing and counseling, children and families
- Knowledge of judicial system

## **RHA Healthcare**

June 2004-July 2006

Habilitation Technician: worked one on one with individuals with both MR & MI disabilities

- Provided community support/taught consumer's provided services day to day daily living skills, administered medications. Ensuring accurate and timely documentation, integration in the community, participated as an advocate as a consumer participate in IEP meetings.
- CPR NCI certification -Habilitation II CBS Casework: which transitioned to community support

## **Wilkes Community College (Instructor)**

August 2006-December 2008

- First Aid and Safety (MED 182)
- First Aid and Safety (HUS 111)
- Substance Abuse (SAB 111)

August 2006-December 2006

# Triumph, LLC

June 2006-September 2007

- CSSII
- Provided community support services for individuals with mental health issues and developmental disabilities
- Encouraged consumer to meet goals in the community. Primary focus is to assist consumers in developing skill building activities such as filling out applications for housing, budgeting, and finding appropriate transportation needs.
- Collaborated with justified professionals to assure appropriate follow through with goals as stated on person-centered plan.
- Identified community resources applicable to meet individual consumer needs and formalized to form into a resource made available for all consumers.

## **Certified Nursing Assistant I**

January 2007-January 2010

# **Basic Life Support Instructor**

February 2007-January 2010

(Baptist Hospital)

# Triumph, LLC

September 2007-November 2011

- MH/SA/TCM
- Provide general management, direction and oversight to a community support unit and the staff assigned to the unit
- Provide coordination and oversight of initial and ongoing assessment activities
- Facilitate initial development and ongoing revision of Person Centered Plans
- Monitor and oversee the implementation of Person Centered Plans
- Inform consumers and their families about benefits, community resources, and services Assist consumers in accessing services and other resources
- Monitor the status of the recipient in relationship to the person-centered goals
- Facilitate the development of community networks to support consumers
- Assist consumers and their family members in identifying natural supports
- Assist families and individuals in securing benefits they may be entitled to. For example, Medicaid, WIC, HUD assistance, etc.

- Coordinate and oversee the provision of all direct service interventions to support consumers in their recovery. This includes the supervision and monitoring of CSSII and CSSI staff assigned to the Community Support Unit
- Oversee the movement across levels of care including discharge planning and community re-entry following hospitalization, residential services and other levels.
- Perform other community support activities as necessary to ensure implementation of the Person Centered Plans.
- Document all CSSIII activities in providing Community Support
- Oversee all documentation in accordance with the service definitions and Triumph, LLC policies and procedures
- First Responder for assigned Units

# Provide Targeted Case Management MH/SA & IDD QP

- Develop and facilitate individual service plans.
- Facilitate initial development and provide ongoing assessment activities.
- Coordinate and link consumer with necessary evaluations.
- Schedule regular group meetings to review progress on service plans.
- Provide Advocacy Actions undertaken on behalf of the individual to ensure continuity of services, system flexibility, integrated services, proper utilization of facilities and resources, accessibility to services and protection of legal and human rights.
- Provide knowledge to consumer's of admission and acceptance criteria for various programs, services, and resources
- Provide knowledge of relevant laws, rules, and regulations regarding CAP (Community Alternatives Program), Development Therapy and Personal Assistant Services to consumer's and guardian's - . Demonstrate problem solving and negotiation skills
- Assist consumer in developing a service plan that addresses the full range of needs and has a high probability of success.
- Complete cost summaries.
- Crisis Response Planning Process of assuring that adequate and appropriate crisis response procedures, services, supports and interventions are available, identified and accessible as necessary/needed

# True Behavioral Healthcare Inc. MH/SA & IDD QP November 2011 to 2012

- Utilizes person centered planning methods/strategies to gather information and to get to know the individuals supported.
- Provides education and support to individuals in learning about and exercising rights.
- Consistently completes Discovery activities (information gathering and assessment) in advance of the planning meeting.
- Ensures that individuals/legally responsible persons are informed of services available, service options available (e.g. Individual/Family Direction for Innovations participants), processes (e.g. requirements for specific service), etc.
- Assists individuals/legally responsible persons in choosing service providers, ensuring objectivity in the process.
- Assists the individual supported to direct the planning process/plan development, to the extent desired by the individual.

- Facilitates timely development of the Individual Support Plan, crisis plan and Behavior Support Plan (as applicable).
- Participates as needed and necessary in crisis intervention and planning. May include nights and weekend phone calls as well as collaboration with Mobile Crisis teams as needed.
- Actively collaborates with individuals supported and members of the treatment team
  to ensure development of comprehensive plan that is comprehensive and reflects the
  individual's needs and desired life goals.
- Promotes use of natural/community resources through the assessment/planning process.
- Ensures that assessments/plans are updated, as needed, whenever the individual's life circumstances change
- Support Monitoring/Coordination-Monitors to ensure quality care, health/safety of the individual, as well as the continued appropriateness of services. Ensures that services are monitored (including direct observation of service delivery) in all settings. Makes announced/unannounced monitoring visits, including nights/weekends as applicable. Monitors services for compliance with state standards, waiver requirements, and Medicaid regulations, as applicable. Promotes problemsolving and goal-oriented partnership with individuals/legally responsible persons, providers, etc. Recognizes and reports critical incidents. Promotes customer satisfaction through ongoing communication and timely follow-up on any concerns/issues.
- Marketing Committee QI Committee Employee Advisory Committee

## MH/SA/TCM QP

- Case Management Assessment Person Centered Planning -
- Referral and Linkage Monitoring and follow up

# **Classes Taught at Family Central**

- Strengthening Families Substance Abuse in Families with Children
- Anger Management

## **BRUSHY MOUNTAIN GROUP HOME 2006 to current**

- Maintain develop and update person centered plans (quarterly)
- Maintain SNAPS for facility

## **SYNERGY RECOVERY 2012 to 2015**

#### Counselor

- Clinical Evaluations Treatment Planning Service Coordination
- Provide Brief Therapy to Clients Provide Client, Family & Community Education
- Teach Two groups (Spiritual & Psycho-educational) Management during weekend hours Client Rights Committee

# DAYMARK RECOVERY SERVICES 2015 to current (Please do not contact without permission)

# **Human Services Clinician**

 Provides, oversees, and/or administers a wide range of psychosocial evaluation/assessment, diagnostic, counseling therapy, crisis intervention services in a high-intensity clinical environment which requires a high degree of independent decision-making.

- Leads mental health groups and substance abuse groups
- Clinical Evaluations-Evaluations and utilizes intervention skills with SA & MH populations with individual, family and/or group therapy in an outpatient setting. Provides case management/supportive services for disposition of cases.

## Mobile Crisis Clinician

- Provides, oversees and/or administers a wide range of psychosocial evaluation/assessment, diagnostic, counseling therapy, crisis intervention services.
- Provides mobile crisis stabilization services in community settings or in local emergency room or a secure location such as a jail.
- Provides home visits with persons experiencing a behavioral health emergency.

March: 2017: SA Team Lead

Kindred Home Care: Medical Social Worker PRN 2019 to current

SNAP certified May 2008 to current Chapel Hill BLS CPR Instructor 2013 to current

#### **References:**

Randal Aldrich (LCSW) 828-455-5980

Nancy Sizemore (Psychologist) 336-818-0733

Triumph LLC reference

Donna Romeo Saguaro Management and Accounting Services 3210 Fairhill Dr., Raleigh, NC 27612

Phone. 919.256.0824 fax. 919.256.0833

\*Letters of reference will be provided upon request from Nancy Sizemore Psychologist Associate Randall Aldrich (LCSW-LCAS) (Army-Fort Campbell)